

Table S2. Exclusion criteria for this scoping review

Paper characteristics
<ul style="list-style-type: none">• Not an original article (i.e. review, meta-analysis, book chapter, conference abstracts, etc.)• Trial protocols and study designs
Study characteristics
<ul style="list-style-type: none">• Not an interventional study• Not an original study (follow-up analysis)• Not human study• Focus on children and adolescents• Not prediabetic subjects• conducted among a mix of diabetic, prediabetic or normoglycemic subjects but have <70% prediabetic cases• Subjects recruited while they were pregnant / gestational diabetes mellitus
Intervention characteristics
<ul style="list-style-type: none">• Pharmacological intervention• Not dietary intervention• Non-specific diets (i.e. nutritional content not delineated)• Use of artificial compounds / compounds extracted from plants not normally consumed as a food item• Supplement extracts from non-food source• Herbal formulae