

Supplementary Table 5 Compliance of the pSS-patients with the Nordic recommendations for food intakes

Foods	Recommended intake	Median (IQR)	Compliance %
Vegetables, fruit and berries	≥ 500 g/d	365 (299)	30
Vegetables	≥ 250 g/d	85 (141)	0
Fruits and berries	≥ 250 g/d	258 (236)	55
Fish, pure ^a	≥ 300 -450 g/week	53 (103)	50
Fatty fish ^b	≥ 200 g/week	11 (61)	30
Red meat, pure + processed ^c	<500 g/week	46 (69)	70