

**Supplementary Table 6** Proportions of the pSS-patients and the N3-reference group complying with the Nordic recommendations for nutrient intakes<sup>a</sup>

	<b>Recommended</b>	<b>pSS (n=20)</b> %	<b>N3 (n=761)</b> %
<b>Macronutrients, E%</b>			
Carbohydrate	45-60	30	43
Sugar	<10	85	79
Fat	25-40	65	3
Saturated fat	<10	15	18
Trans-unsaturated fat	<1	100	100
Monounsaturated fat	10-20	100	74
Polyunsaturated fat	5-10	85	58
Protein	10-20	90	78
Fibre, g/d	25	20	33
Alcohol	<5	70	80
<b>Vitamins, unit</b>			
Vitamin A, µg/d	700	60	48
Vitamin D, µg/d	10	25	9
Vitamin E mg/d	8	90	77
Thiamine, mg/d	1.1 (1.0) <sup>b</sup>	75	75
Riboflavin, mg/d	1.2	75	85
Niacin, mg/d	14 (13) <sup>b</sup>	80	72
Vitamin B <sub>6</sub> , mg/d	1.2 (1.3)	75	68
Folate, µg/d	400 (300) <sup>b</sup>	5	5
Vitamin B <sub>12</sub> , µg/d	2	95	96
Vitamin C, mg/d	75	55	63
<b>Minerals, unit</b>			
Calcium, mg/d	800	45	47
Iron, mg/d	15 (9) <sup>b</sup>	15	8
Potassium, g/d	3.1	70	67
Magnesium, mg/d	280	80	64
Zinc, mg/d	7	85	81
Copper, mg/d	0.9	90	65
Phosphate, mg/d	600	95	99
Selenium, µg/d	50	45	37

<sup>a</sup>Supplements are excluded.

<sup>b</sup>According to the Nordic Nutrition Recommendations for women aged 61-74 years.

pSS primary Sjögren's syndrome, E% percent of energy intake.