

Editorial

Special Issue: 3D Printing for Biomedical Engineering

Chee Kai Chua *, Wai Yee Yeong and Jia An

Singapore Centre for 3D Printing, School of Mechanical and Aerospace Engineering,
Nanyang Technological University, Singapore 639798, Singapore;
wyyeong@ntu.edu.sg (W.Y.Y.); anjia@ntu.edu.sg (J.A.)

* Correspondence: mckchua@ntu.edu.sg; Tel.: +65-6790-4897; Fax: +65-6791-1859

Received: 27 February 2017; Accepted: 27 February 2017; Published: 28 February 2017

Abstract: Three-dimensional (3D) printing has a long history of applications in biomedical engineering. The development and expansion of traditional biomedical applications are being advanced and enriched by new printing technologies. New biomedical applications such as bioprinting are highly attractive and trendy. This Special Issue aims to provide readers with a glimpse of the recent profile of 3D printing in biomedical research.

Keywords: biomanufacturing; biofabrication; bioprinting; 3D printing; rapid prototyping; additive manufacturing; tissue engineering; drug delivery; implants; lab-on-chips

Three dimensional (3D) printing (also known as additive manufacturing or rapid prototyping) originates from a liquid-based stereo-lithography process from the late 1980s [1]. Early development works were mostly around rapid manufacturing (e.g., rapid investment casting [2]) and process optimization (e.g., design of experiments [3]). However, driven by the invention of new printable materials and associated new processes, it is now becoming a highly diversified research field that often demands multidisciplinary efforts. This is evidenced by the penetration of 3D printing into areas that have long been deemed unrelated before, for example water and desalination [4], and shape memory materials [5,6]. For biomedical engineering, 3D printing has a relatively long history of applications, such as biomodels, prostheses, surgical aids, implants, and scaffolds [1]. Recently, a few new bioengineering applications have been emerging; typical examples are tissue/tumor chips [7,8], various forms of bioprinting [9–11] and biobots [12,13]. The continued development and expansion of 3D printing in traditional biomedical applications and the emerging new faces of 3D printing motivated us to organize this Special Issue, which aims to provide readers with a glimpse of the recent profile of 3D printing in biomedical research.

This Special Issue covers three reviews and nine research articles. In the reviews, Li et al. focus on recent progress in the additive manufacturing of biomimetic constructs [14]. Wang et al. analyze and discuss specifically the bioprinting of hard tissues [15]. Sun et al. present the current status and challenges of engineering the knee meniscus [16]. In the research articles, Lee et al. compared the properties and printability of type A and B gelatin methacryloyl (GelMA) for bioink applications. They discovered that type A GelMA with a high degree of substitution has very good printability at room temperature [17]. Suntornnond et al. developed a simple analytical model for predicting the resolution of the pressure-driven extrusion process, and the experimental data agreed with the model [18]. Wang et al. explored the extrusion of polycaprolactone/graphene composite scaffolds and found that the scaffold hydrophilicity and cell attachment can be significantly improved by adding even a small amount of graphene [19]. Tsai et al. reported another composite by adding magnesium-calcium silicate to polycaprolactone powder, and bone scaffolds were successfully fabricated via a laser sintering method [20]. Shie et al. developed a new photocurable liquid resin which incorporates both polyurethane and hyaluronic acid, and when cultured with mesenchymal stem cells, the 3D-printed hybrid scaffold was able to promote chondrogenic differentiation [21]. Wang et al. reported the printing

and clinical use of patient-specific surgical aids in two studies: spinal surgery and complex pelvic fracture [22,23]. Tan et al. reported the development of an elastic biodegradable tube with aligned microfibers, and surprisingly, human mesenchymal stem cells differentiated to smooth muscle lineage on these microfibrillar scaffolds in the absence of soluble induction factors [24]. Lastly, Ng et al. showed that polyvinylpyrrolidone-based bioink could play a critical role in improving the cell viability and homogeneity for cells to be printed in droplets [25].

Acknowledgments: The Singapore Center for 3D Printing is funded by the Singapore National Research Foundation.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Chua, C.K.; Leong, K.F. *3D Printing and Additive Manufacturing: Principles and Applications*, 5th ed.; World Scientific Publishing Company Incorporated: Singapore, 2017.
2. Chua, C.K.; Feng, C.; Lee, C.W.; Ang, G.Q. Rapid investment casting: Direct and indirect approaches via model maker ii. *Int. J. Adv. Manuf. Technol.* **2005**, *25*, 26–32. [[CrossRef](#)]
3. Ang, C.K.; Leong, F.K.; Chua, C.K.; Chandrasekaran, M. Investigation of the mechanical properties and porosity relationships in fused deposition modelling-fabricated porous structures. *Rapid Prototyp. J.* **2006**, *12*, 100–105.
4. Tan, W.S.; Chua, C.K.; Chong, T.H.; Fane, A.G.; Jia, A. 3D printing by selective laser sintering of polypropylene feed channel spacers for spiral wound membrane modules for the water industry. *Virtual Phys. Prototyp.* **2016**, *11*, 151–158. [[CrossRef](#)]
5. Khoo, Z.X.; Teoh, J.E.M.; Liu, Y.; Chua, C.K.; Yang, S.; An, J.; Leong, K.F.; Yeong, W.Y. 3D printing of smart materials: A review on recent progresses in 4D printing. *Virtual Phys. Prototyp.* **2015**, *10*, 103–122. [[CrossRef](#)]
6. Teoh, J.E.M.; An, J.; Chua, C.K.; Lv, M.; Krishnasamy, V.; Liu, Y. Hierarchically self-morphing structure through 4d printing. *Virtual Phys. Prototyp.* **2017**, *12*, 61–68. [[CrossRef](#)]
7. Baker, M. Tissue models: A living system on a chip. *Nature* **2011**, *471*, 661–665. [[CrossRef](#)] [[PubMed](#)]
8. Knowlton, S.; Joshi, A.; Yenilmez, B.; Ozbolat, I.T.; Chua, C.K.; Khademhosseini, A.; Tasoglu, S. Advancing cancer research using bioprinting for tumor-on-a-chip platforms. *Int. J. Bioprint.* **2016**, *2*. [[CrossRef](#)]
9. An, J.; Chua, C.K.; Mironov, V. A perspective on 4d bioprinting. *Int. J. Bioprint.* **2016**, *2*. [[CrossRef](#)]
10. Lee, J.M.; Yeong, W.Y. Design and printing strategies in 3d bioprinting of cell-hydrogels: A review. *Adv. Healthc. Mater.* **2016**, *5*, 2856–2865. [[CrossRef](#)] [[PubMed](#)]
11. Shi, P.; Laude, A.; Yeong, W.Y. Investigation of cell viability and morphology in 3D bio-printed alginate constructs with tunable stiffness. *J. Biomed. Mater. Res. Part A* **2017**, *105*, 1009–1018. [[CrossRef](#)] [[PubMed](#)]
12. Cvetkovic, C.; Raman, R.; Chan, V.; Williams, B.J.; Tolish, M.; Bajaj, P.; Sakar, M.S.; Asada, H.H.; Saif, M.T.A.; Bashir, R. Three-dimensionally printed biological machines powered by skeletal muscle. *Proc. Natl. Acad. Sci. USA* **2014**, *111*, 10125–10130. [[CrossRef](#)] [[PubMed](#)]
13. Patino, T.; Mestre, R.; Sanchez, S. Miniaturized soft bio-hybrid robotics: A step forward into healthcare applications. *Lab Chip* **2016**, *16*, 3626–3630. [[CrossRef](#)] [[PubMed](#)]
14. Li, X.; He, J.; Zhang, W.; Jiang, N.; Li, D. Additive manufacturing of biomedical constructs with biomimetic structural organizations. *Materials* **2016**, *9*, 909. [[CrossRef](#)]
15. Wang, X.; Ao, Q.; Tian, X.; Fan, J.; Wei, Y.; Hou, W.; Tong, H.; Bai, S. 3D bioprinting technologies for hard tissue and organ engineering. *Materials* **2016**, *9*, 802. [[CrossRef](#)]
16. Sun, J.; Vijayavenkataraman, S.; Liu, H. An overview of scaffold design and fabrication technology for engineered knee meniscus. *Materials* **2017**, *10*, 29. [[CrossRef](#)]
17. Lee, B.; Lum, N.; Seow, L.; Lim, P.; Tan, L. Synthesis and characterization of types a and b gelatin methacryloyl for bioink applications. *Materials* **2016**, *9*, 797. [[CrossRef](#)]
18. Suntornnond, R.; Tan, E.; An, J.; Chua, C. A mathematical model on the resolution of extrusion bioprinting for the development of new bioinks. *Materials* **2016**, *9*, 756. [[CrossRef](#)]
19. Wang, W.; Caetano, G.; Ambler, W.; Blaker, J.; Frade, M.; Mandal, P.; Diver, C.; Bártolo, P. Enhancing the hydrophilicity and cell attachment of 3D printed pcl/graphene scaffolds for bone tissue engineering. *Materials* **2016**, *9*, 992. [[CrossRef](#)]

20. Tsai, K.-Y.; Lin, H.-Y.; Chen, Y.-W.; Lin, C.-Y.; Hsu, T.-T.; Kao, C.-T. Laser sintered magnesium-calcium silicate/poly- ϵ -caprolactone scaffold for bone tissue engineering. *Materials* **2017**, *10*, 65. [[CrossRef](#)]
21. Shie, M.-Y.; Chang, W.-C.; Wei, L.-J.; Huang, Y.-H.; Chen, C.-H.; Shih, C.-T.; Chen, Y.-W.; Shen, Y.-F. 3D printing of cytocompatible water-based light-cured polyurethane with hyaluronic acid for cartilage tissue engineering applications. *Materials* **2017**, *10*, 136. [[CrossRef](#)]
22. Wang, D.; Wang, Y.; Wang, J.; Song, C.; Yang, Y.; Zhang, Z.; Lin, H.; Zhen, Y.; Liao, S. Design and fabrication of a precision template for spine surgery using selective laser melting (SLM). *Materials* **2016**, *9*, 608. [[CrossRef](#)]
23. Wang, D.; Wang, Y.; Wu, S.; Lin, H.; Yang, Y.; Fan, S.; Gu, C.; Wang, J.; Song, C. Customized a Ti6Al4V bone plate for complex pelvic fracture by selective laser melting. *Materials* **2017**, *10*, 35. [[CrossRef](#)]
24. Tan, Y.; Tan, X.; Yeong, W.; Tor, S. Additive manufacturing of patient-customizable scaffolds for tubular tissues using the melt-drawing method. *Materials* **2016**, *9*, 893. [[CrossRef](#)]
25. Ng, W.; Yeong, W.; Naing, M. Polyvinylpyrrolidone-based bio-ink improves cell viability and homogeneity during drop-on-demand printing. *Materials* **2017**, *10*, 190. [[CrossRef](#)]



© 2017 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).