

- How often do you drink alcohol (Sake, shochu [distilled spirits], beer, liquor, etc.)?
 1. Everyday
 2. Sometimes
 3. Rarely drink (can't drink)

- How much do you drink a day, in terms of glasses of refined Japanese Sake? (A glass [180mL] of refined Sake (rice wine) is equivalent to a medium bottle [500mL] of beer, 110mL of shochu (alcohol content 25 percent), a glass [double, 60mL] of whisky, and two glasses [240mL] of wine)
 1. <1 (less than 180mL)
 2. ≥1 and <2 (180-360mL)
 3. ≥2 and <3 (360-540mL)
 4. ≥3 (more than 540mL)