

Supplementary material

	B (95% CI)	GARS RMSE	R ²	F	p
Model 1					
IM	-0.177 (-0.508, 0.155)	4.40	0.33	7.386	0.002
TFI	0.494 (0.163, 0.825)				
Model 2					
IM	-0.118 (-0.451, 0.216)	4.29	0.37	8.538	0.001
TFI	0.549 (0.215, 0.882)				

Notes: IM, Indoor Mobility; TFI, Tilburg Frailty Index; GARS, Groningen Activity Restriction Scale