

Heated Tobacco Products Questionnaire

Dear Sir or Madam,

Heated Tobacco Products (HTPs) as „IQOS” or „glo” are innovative tobacco products, which are advertised as alternative for traditional smoking. Those products, by heating dedicated tobacco sticks, lead to the production of a nicotine-containing aerosol. At present, the frequency of Heated Tobacco Products is not well known. We invite you to take part in a study on Heated Tobacco Products among students. The survey was prepared as part of a research project conducted by the Department of Epidemiology, SUM in Katowice.

1. Gender:

Female Male

2. Age:

.....

3. Year of studies:

.....

4. Have you ever heard about heated tobacco products (e.g.: „IQOS”, „glo”)?

Yes No

4.1 If "Yes", from which source have you heard about heated tobacco? (e.g.: „IQOS”, „glo”)? (please check all that apply)

Family/friends

Internet advertising

Television advertising

Scientific articles

Advertising materials - e.g. leaflets in packets of traditional cigarettes, billboards

Shop windows

Others:

5. Have you ever smoked / tried a traditional tobacco cigarette?

Yes No

If "Yes", at what age did you smoke your first cigarette? years

6. Have you ever smoked / tried an e-cigarette?

Yes No

If "Yes", at what age did you smoke your first e-cigarette? years

7. Have you ever smoked / tried any of heated tobacco products (e.g.: „IQOS”, „glo”)?

Yes No

If "Yes", at what age did you use your first heated tobacco product? years

7.1 If "Yes", under what circumstances did you use for the first time:

E-cigarette:

I have bought my own I was offered, for example, by a friend

Heated Tobacco Product:

I have bought my own I was offered, for example, by a friend

8. Do you currently smoke/use? (please check all)

8.1 **Traditional cigarettes** Yes No

If "Yes", how long do you smoke traditional cigarettes?..... number of months

and how many cigarettes do you smoke on average per day cigarettes / day

8.2 **E-cigarettes** Yes No

If "Yes", how long have you been using e-cigarettes.....number of months

and how many times per day do you use an e-cigarette.....number of sessions/day

8.3 **Heated Tobacco Products** (e.g.: „IQOS” or „glo”) Yes No

If "Yes", how long do you smoke HTPs?..... number of months

and how many tobacco sticks do you use on average per day..... number of tobacco sticks/day

9. In the near future do you plan to start using Heated Tobacco Products?

Yes

No

Already using

10. Do you think Heated Tobacco Products are safe for your health?

Yes

No

No opinion

11. In your opinion, tobacco heating systems comparing to traditional cigarettes are:

Less harmful than traditional cigarettes

More harmful than traditional cigarettes

As harmful as traditional cigarettes

No opinion

12. In your opinion, tobacco heating systems comparing to electronic cigarettes are:

Less harmful than electronic cigarettes

More harmful than electronic cigarettes

As harmful as electronic cigarettes

No opinion

13. Do you think Heated Tobacco Products are safe for health of passive-smokers?

Yes

No

No opinion

14. Do you think Heated Tobacco Products are safe for using by pregnant women?

Yes

No

No opinion

15. Do you think you can become addicted to Heated Tobacco Products?

- Yes
- No
- No opinion

15.1 If "Yes", then:

- HTPs are as addictive as a traditional cigarette
- HTPs are less addictive than traditional cigarettes
- HTPs are more addictive than traditional cigarettes

16. Have you ever encountered the form of promotion and marketing of heated tobacco ("IQOS" or "glo")? (questions with possible yes / no answer)

- | | | |
|--|------------------------------|-----------------------------|
| point-of-sale advertising - stores / kiosks etc. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Internet advertising | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| sale of heated tobacco at a promotional price | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| free trial at the point of sale | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| articles with the logo and name of heated tobacco (e.g. clothes) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| sponsorship of cultural / sporting events by tobacco companies | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| booths of tobacco companies during mass events (e.g. concerts) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

17. In your opinion, according to the law in Poland, using Heated Tobacco Products in public places is:

- permitted
- banned

18. In your opinion, do you think that using Heated Tobacco Products in public places should be banned?

- Yes
- No

Thank you for participating in the survey!

In our study, we set the additional goal of knowing the immediate health effects of using tobacco heating systems. If you are currently using "IQOS" or "glo" and want to participate in the survey, please leave your email address and we will send you detailed information about the survey