

Supplementary data

Questionnaire

1. What is your age? ____
2. What is your sex?
 - Male
 - Female
3. What is your study field?
 - Social sciences (e.g., law, political science, psychology, economics, management, sports)
 - Biomedical sciences (e.g., biology, medicine, odontology, pharmacy)
 - Physical sciences (e.g., mathematics, physics, biochemistry, geology, informatics, geography)
 - Technological sciences (e.g., logistics, chemistry, computer engineering)
 - Arts (e.g., music, art, theater, architecture, audiovisual art)
 - Humanities (e.g., philosophy, philology, history, art history)
4. During your studies you live:
 - Alone
 - With your family
 - With other students or peers
 - With your partner
5. Do you agree with the following statements?

	Strongly disagree	Disagree	Neither agree, nor disagree	Agree	Strongly agree
During COVID-19 pandemic my physical health got worse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic I feel more anxiety than usually	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic I feel more sadness than usually	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic my academic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

performance got worse					
During COVID-19 pandemic I have no comfortable place to study	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic I find it more difficult to focus on my studies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic my personal relationships got worse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic my income became lower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During COVID-19 pandemic my career prospects got worse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Were you infected with COVID-19?

- ☐ Yes
- ☐ No

7. Were you hospitalized because of COVID-19?

- ☐ Yes
- ☐ No

8. Was any of your family members infected with COVID-19?

- ☐ Yes
- ☐ No

9. Was any of your family members hospitalized because of COVID-19?

- ☐ Yes
- ☐ No

10. Do you usually see a solution to problems and difficulties that other people find hopeless?

- ☐ Yes, often
- ☐ Yes, sometimes
- ☐ No

11. Do you usually feel that your daily life is a source of personal satisfaction?

- Yes, often
 - Yes, sometimes
 - No
12. Do you usually feel that the things that happen to you in your daily life are hard to understand?
- Yes, often
 - Yes, sometimes
 - No

After reading each statement, answer how you were feeling over the past week.

13. I feel tense or 'wound up'
- Most of the time
 - A lot of the time
 - From time to time, occasionally
 - Not at all
14. I still enjoy the things I used to enjoy
- Definitely as much
 - Not quite so much
 - Only a little
 - Hardly at all
15. I get a sort of frightened feeling as if something awful is about to happen
- Very definitely and quite badly
 - Yes, but not too badly
 - A little, but it doesn't worry me
 - Not at all
16. I can laugh and see funny side of the things
- As much as I always could
 - Not quite so much now
 - Definitely not so much now
 - Not at all
17. Worrying thoughts go through my mind
- A great deal of the time
 - A lot of the time
 - From time to time, but not too often
 - Only occasionally
18. I feel cheerful
- Not at all
 - Not often
 - Sometimes
 - Most of the time
19. I can sit at ease and feel relaxed
- Definitely
 - Usually
 - Not often
 - Not at all
20. I feel as if I am slowed down
- Nearly all the time
 - Very often
 - Sometimes
 - Not at all
21. I get sort of frightened feeling like 'butterflies' in the stomach
- Not at all
 - Occasionally
 - Quite often

- Very often
- 22. I have lost interest in my appearance
 - Definitely
 - I don't take as much care as I should
 - I may not take quite as much care
 - I take just as much care as ever
- 23. I feel restless as I have to be on the move
 - Very much indeed
 - Quite a lot
 - Not very much
 - Not at all
- 24. I look forward with enjoyment to things
 - As much as I ever did
 - Rather as I ever did
 - Definitely less than I used to
 - Hardly at all
- 25. I get sudden feeling of panic
 - Very often indeed
 - Quite often
 - Not very often
 - Not at all
- 26. I can enjoy a good book or radio or TV program
 - Often
 - Sometimes
 - Not often
 - Very seldom
- 27. How do you evaluate your health?
 - 5 Very good
 - 4 Good
 - 3 Average
 - 2 Poor
 - 1 Very poor

Please answer the questions related to the risk of suicide.

- 28. Have you ever thought of suicide?
 - Yes, I had thoughts of committing suicide
 - Yes, I have engaged in creating suicidal plans
 - Yes, I tried to commit suicide
 - No (if you chose this answer, please end the survey)
- 29. During the last 12 months, have you experienced sadness from day to day for at least 2 weeks and did not want to do anything?
 - Yes
 - No
- 30. During the last 12 months, have you thought of committing suicide?
 - Yes
 - No
- 31. During the last 12 months, have you engaged in creating suicidal plans?
 - Yes
 - No
- 32. During the last 12 months, have you tried to commit suicide?
 - Yes
 - No