



Part S1. Questions about the medical history and daily oral hygiene and dental visits

1. Does your child take medication on a daily basis?
 - Yes.
 - No.
 - No answer.
2. Do you have a document for endocarditis prophylaxis for your child?
 - Yes.
 - No.
 - No answer.
3. How long was your child breastfed?
 - Not at all.
 - ≤6 months
 - ≤12 months
 - >12 months
 - No answer.
4. How often does your child brush his/her teeth?
 - Never/not daily.
 - 1/day
 - 2/day
 - >2/day
 - No answer.
5. How does your child brush his/her teeth?
 - Alone.
 - Only parents.
 - Child and parent together.
 - No answer.
6. Does our child receive fluoride supplementation?
 - No.
 - Yes.
 - fluoridated toothpaste
 - fluoridated table salt
 - fluoride tablets
 - o until 1st year of life
 - o until 2nd year of life or longer
 - o to this day
 - o No answer.
 - No answer.
7. How often does your child visit a dentist?
 - Never.
 - Less than 1/year.
 - 1/year
 - 2/year
 - More often.
 - No answer.
8. If no, why not?
 - Lack of time.
 - No need.
 - Child's anxiety.
 - Another reason / no answer.
9. Does a dentist supervise your child's kindergarten?
 - Yes.
 - No.
 - No answer.

Part S2. Food Frequency Questionnaire (FFQ). Questions are partly taken from the validated questionnaire from the general health study of children and adolescents (KiGGS). Credits to the Robert Koch-Institute, Berlin, Germany.

- 1a. How often did your child drink milk (including milk for cereals, cocoa)?
 - never
 - 1/month
 - 2-3/month
 - 1-2/week
 - 3-4/week
 - 5-6/week
 - 1/day
 - 2-3/day
 - 4-5/day
 - >5/day
- 1b. When your child drinks milk, how much does he/she drink?
 - ≤¼ glass
 - ½ glass
 - 1 glass (200 mL)
 - 2 glasses
 - ≥3 glasses
- 2a. How often did your child drink soft drinks (e.g. coke, lemonade, iced tea)?
 - never
 - 1/month
 - 2-3/month
 - 1-2/week
- 2b. When your child drinks soft drinks, how much does he/she drink?
 - ≤¼ glass
 - ½ glass
 - 1 glass (200 mL)
 - 2 glasses
 - ≥3 glasses
- 2c. How often were the soft drinks diet products?
 - never
 - ¼ of the consumption
 - ½ of the consumption
 - ¾ of the consumption
 - always
- 3a. How often does your child drink energy drinks?
 - never
 - 1/month
 - 2-3/month
 - 1-2/week

- 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 3b. When your child drinks energy drinks, how much does he/she drink?
- $\leq \frac{1}{4}$ glass
 - $\frac{1}{2}$ glass
 - 1 glass (200 mL)
 - 2 glasses
 - ≥ 3 glasses
- 4a. How often did your child drink fruit or vegetable juices?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 4b. When your child drinks juices, how much does he/she drink?
- $\leq \frac{1}{4}$ glass
 - $\frac{1}{2}$ glass
 - 1 glass (200 mL)
 - 2 glasses
 - ≥ 3 glasses
 - $\leq \frac{1}{4}$ glass
 - $\frac{1}{2}$ glass
 - 1 glass (200 mL)
 - 2 glasses
 - ≥ 3 glasses
- 5a. How often did your child eat fresh fruit?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 5b. When your child ate fresh fruit, how much did he/she eat?
- $\leq \frac{1}{4}$ portion or $\frac{1}{4}$ bowl
 - $\frac{1}{2}$ portion or $\frac{1}{2}$ bowl
 - 1 portion or 1 bowl
 - 2 portions or 2 bowls
 - ≥ 3 portions or 3 bowls
- 6a. How often did your child eat honey or marmalade?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
- 2–3/day
 - 4–5/day
 - >5/day
- 6b. When your child ate honey or marmalade, how much did he/she eat?
- $\leq \frac{1}{2}$ teaspoon
 - 1 teaspoon
 - 2 teaspoons
 - 3 teaspoons
 - 4 teaspoons
- 7a. How often did your child eat nut nougat creme?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 7b. When your child ate nut nougat creme, how much did he/she eat?
- $\leq \frac{1}{2}$ teaspoon
 - 1 teaspoon
 - 2 teaspoons
 - 3 teaspoons
 - 4 teaspoons
- 8a. How often did your child eat cereals or cornflakes?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 8b. When your child ate cereals or cornflakes, how much did he/she eat?
- $\leq \frac{1}{4}$ bowl
 - $\frac{1}{2}$ bowl
 - 1 bowl
 - 2 bowls
 - ≥ 3 bowls
- 9a. How often did your child eat ketchup or mayonnaise?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5/day
- 9b. When your child ate ketchup or mayonnaise, how much did he/she eat?
- $\leq \frac{1}{2}$ tablespoon
 - 1 tablespoon
 - 2 tablespoons

- 3 tablespoons
 - ≥ 4 tablespoons
- 10a. How often did your child eat cake or pastries?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5 /day
- 10b. When your child ate cake or pastries, how much did he/she eat?
- $\leq \frac{1}{4}$ piece of cake
 - $\frac{1}{2}$ piece of cake
 - 1 piece of cake
 - 2 pieces of cake
 - ≥ 3 pieces of cake
- 11a. How often did your child eat chocolate or chocolate bars?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
- 11b. When your child ate chocolate or candy bars, how much did he/she eat?
- $\leq \frac{1}{2}$ small candy bar
 - $\frac{1}{4}$ bar of chocolate or 1 small candy bar
 - $\frac{1}{2}$ bar of chocolate or 1 big candy bar
 - 1 bar of chocolate or 2 big candy bars
 - ≥ 2 chocolate bars
- 12a. How often did your child eat other sweets (chips, gummy bears etc.)?
- never
 - 1/month
 - 2–3/month
 - 1–2/week
 - 3–4/week
 - 5–6/week
 - 1/day
 - 2–3/day
 - 4–5/day
 - >5 /day
- 12b. When your child ate sweets, how much did he/she eat?
- 1 piece
 - 2–5 pieces
 - 6–10 pieces
 - 11–20 pieces
 - ≥ 21 pieces