Supplementary Materials

## Sedentariness is negatively associated with Perceived Neighborhood Greenness at Home, but not at University

Alexander Karl Ferdinand Loder 1\*, and Mireille Nicoline Maria van Poppel 2

- <sup>1</sup> Institute of Sport Science, University of Graz & Staff Department Quality Management, University of Music and Performing Arts Graz, Graz, Austria; alexlode@live.at
- <sup>2</sup> Institute of Sport Science, University of Graz, Graz, Austria; mireille.van-poppel@uni-graz.at
- \* Correspondence: alexlode@live.at

**Supplementary Table S1.** Correlation matrix of possible confounders in the combined datasets after multiple imputation of all variables.

	BMI	Physical Activity	Time sitting	spent	PG home	PG university	Gender	Age	Income	Edu- cation
BMI										
Physical	r =02									
Activity	p = .351									
Time spent	r = .02	r =20								
sitting	p = .388	<i>p</i> < .001								
Perceived Greenness at home	r =04 p = .269	r = .004 $p = .471$	r =09 $p = .059$							
Perceived Greenness at university	r = .02 $p = .364$	r = .01 $p = .416$	r =08 $p = .082$		<i>r</i> = .27 <i>p</i> <.001					
Gender	r = .11	r =05	r = .06		r =02	r = .01				
Gender	p = .026	p = .184	p = .167		p = .398	p = .455				
Λσο	r = .27	r =04	r = .08		r = .07	r =03	r = .12			
Age	<i>p</i> < .001	p = .226	p = .093		p = .133	p = .318	p = .024			
Income	r = .15	r = .02	r =01		r = .05	r =03	r = .04	r = .52		
	<i>p</i> =.006	p = .392	p = .452		p = .175	p = .280	p = .227	<i>p</i> < .001		
Education	r = .05	r =13	r = .05		r = .04	r =07	r =08	r = .36	r = .22	
Education	p = .190	p = .011	p = .176		p = .247	p = .119	p = .086	<i>p</i> < .001	<i>p</i> < .001	





**Supplementary Table S2.** Collinearity statistic of the original dataset in multivariate regression analysis for confounder testing.

Variable	Tolerance	Variance Inflation Factor		
	BMI			
Perceived Greenness at Home	.92	1.10		
Perceived Greenness at University	.92	1.09		
Gender	.97	1.04		
Age	.64	1.58		
Income	.72	1.39		
Education	.84	1.19		
	Physical Activity			
Perceived Greenness at Home	.92	1.09		
Perceived Greenness at University	.92	1.08		
Gender	.97	1.04		
Age	.65	1.53		
Income	.73	1.37		
Education	.85	1.18		
	Sedentariness			
Perceived Greenness at Home	.91	1.10		
Perceived Greenness at University	.92	1.09		
Gender	.97	1.03		
Age	.63	1.59		
Income	.71	1.41		
Education	.84	1.18		

**Supplementary Table S3.** Linear regression models with BMI as outcome and perceived greenness as well as possible confounders as indicators (extended from Table 2).

Analyses	$R^2$	F	df	b	t	df	95% CI <i>b</i>	p
			Univ	ariate				
At home	< .001	0.002	1, 471	0.01	0.42	467	-0.02 - 0.02	.966
At university	.001	0.57	1, 467	0.01	0.75	467	-0.01 – 0.02	.449
Overall	.001	0.30	1, 471	0.01	0.56	471	-0.02 – 0.03	.579
			Multi	variate				
At home and at university	.001	0.29	2, 466					.746
At home				-0.001	-0.12	466	-0.02 – 0.02	.906
At university				0.01	0.76	466	-0.01 – 0.02	.446
			Multivaria	ate adjusted				
With confounders								
At home				01	-0.65	593	-0.03 – 0.01	.518
At university				.01	0.91	593	0.01 - 0.03	.361
Gender				.65	1.77	593	-0.07 – 1.38	.077
Age				.15	5.27	593	0.10 – 0.21	<.001
Income				19	-0.44	593	-1.06 – 0.67	.660
Education				10	-0.58	593	-0.44 – 0.24	.563

**Supplementary Table S4.** Linear regression models with physical activity and physical sedentariness as outcomes and perceived greenness measures as indicators (extended from Table 2).

		Phy	sical Activity	(Met-h per	week)			
Analyses	$R^2$	F	df	b	t	df	95% CI <i>b</i>	p
			Univ	ariate				
At home	.002	0.90	1, 419	0.14	0.95	419	-0.15 – 0.44	.344
At university	<.001	0.01	1, 415	0.01	0.10	415	-0.23 – 0.26	.919
Overall	.001	0.38	1, 419	0.11	0.62	419	-0.24 – 0.45	.536
			Multi	variate				
At home and at university	.003	0.53	2, 414					.586
At home				0.16	1.03	414	-0.14 – 0.46	.304
At university				-0.02	-0.13	414	-0.27 – 0.24	.897
			Multivaria	ite adjusted				
With confounders								
At home				0.23	1.45	593	-0.08 – 0.54	.147
At university				-0.03	-0.24	593	-0.30 – 0.24	.809
Gender				-5.66	-0.93	593	-17.59 – 6.26	.352
Age				-0.28	-0.64	593	-1.13 – 0.57	.519
Income				3.52	0.56	593	-8.73 – 15.77	.573
Education				-5.59	-1.96	593	-11.18 – -0.001	.050

12

13 14

		Sedentarin	ess (time spe	nt sitting, ho	ours per day)			
Analyses	$R^2$	F	df	b	t	df	95% CI <i>b</i>	p
			Univ	ariate				
At home	.02	8.81	1, 471	-0.03	-2.97	471	-0.05 - -0.01	.003
At university	.01	2.39	1, 467	-0.01	-1.55	467	-0.03 – 0.003	.123
Overall	.02	7.72	1, 471	-0.03	-2.78	471	-0.05 - -0.01	.006
			Multi	variate				
At home and at university	.02	4.81	2, 466					.009
At home				-0.03	-2.68	466	-0.44 - -0.01	.008
At university				-0.01	-0.83	466	-0.02 – 0.01	.532
			Multivaria	ite adjusted				
With confounders								
At home				-0.04	-2.59	593	-0.06 – -0.01	.010
At university				-0.01	-0.70	593	-0.03 – 0.02	.487
Gender				0.22	0.54	593	-0.57 – 1.01	.587
Age				0.06	1.77	593	-0.01 – 0.12	.076
Income				-0.60	-1.31	593	-1.50 – 0.30	.192
Education				0.21	1.10	593	-0.16 – 0.58	.272

16



© 2019 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).