

Studies with
intention-to-
treat

Clinical trial	Randomization process	Deviations from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported result	Overall	
Eftekharsadat, 2017	+	?	+	-	+	-	Low risk
Nasiri, 2016	+	?	+	-	+	-	Some concerns
Kong, 2012	+	?	+	+	?	!	High risk
Shirazi, 2017	+	?	+	-	+	-	
Yip, 2008	+	?	+	+	?	!	

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Studies with
pre-protocol

Clinical trial	Randomization process	Deviations from intended	Missing outcome data	Measurement of the outc	Selection of the reported	Overall	
Ou, 2014	+	+	+	-	?	-	Low risk
Pehlivan, 2019	+	-	+	-	?	-	Some concerns
							High risk

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