



**Supplemental Figure 1.** Primary monocytes were isolated from PBMCs of healthy volunteers as described previously [38]. Monocytes were incubated with palmitate (15 $\mu$ M) and/or TNF- $\alpha$  (100pg) for 24 h. IL-8 mRNA (A) and secreted protein (B) were determined by real-time RT-PCR and ELISA. The results obtained from three replicates of each experiment are shown. Data are expressed as mean  $\pm$  SEM.