

Table S1. Characteristics of headache in the patient based on a retrospective questionnaire.

Starting age	11 years, coinciding with menarche
Family history for headaches	Negative
Initial location of pain	Frontal region between the eyes
Successive location of pain	Frontal region
Type of pain	Pulsating and continuous
Average pain level (1–10 scale)	7
Worst pain level (1–10 scale)	10
Average frequency	Three to four headaches per week
Frequency of the most severe bouts	Four to five headaches per month
Average duration	Not determinable because the patient took analgesics within 1–2 hours from the onset of pain
Time of occurrence during the day	Variable
Seasonality	Not significant, even if headaches were more frequent after sun exposure
Triggering factors	Stress, meal consumption, menstrual cycle, pregnancy, insomnia, sun exposure and bright lights
Impact on quality of life	Important impact on daily activities without prompt analgesic treatment
Pre-headache symptoms	Cenesthetic symptoms, amaurosis fugax (one time) and sleep disorder
Associated symptoms during the bout	Increased sensitivity to light, nausea, vomiting, tachycardia, poor concentration, confusion and behavioral changes
Improvement factors	Darkness and analgesics
Drugs for acute pain	Acetylsalicylic acid; Ibuprofen

Table S2. Main results of biochemical tests performed in the patient during the last acute episode (52 years of age) after initiation of arginine therapy.

Plasma Metabolite	Measured Value ($\mu\text{mol/L}$)	Normal Value (mol/L)
Citrulline	30	17–53
Glutamine	809	399–823
Arginine	197	38–135
Ornithine	266	25–159
Alanine	584	206–498
Urine metabolite	Measured Value ($\text{mmol/mol creatinine}$)	Normal Value ($\text{mmol/mol creatinine}$)
Citrulline	8	0–4
Glutamine	65	20–76
Arginine	764	0–5
Ornithine	314	0–5
Alanine	56	16–68
Orotic acid	0.74	0.2–1.1

Plasma citrulline and glutamine were normal; plasma arginine, ornithine and alanine were conversely increased. Urinary glutamine, alanine and orotic acid were normal; increased urinary excretion of citrulline, arginine and ornithine was also detected. These findings were inconclusive for UCD diagnosis but could be compatible with a UCD during treatment.