

Article

## Esculetin Ameliorates Carbon Tetrachloride-Mediated Hepatic Apoptosis in Rats

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**Abstract:** Esculetin (ESC) is a coumarin that is present in several plants such as *Fraxinus rhynchophylla* and *Artemisia capillaris*. Our previous study found that *FR* ethanol extract ( $FR_{EtOH}$ ) significantly ameliorated rats' liver function. This study was intended to investigate the protective mechanism of ESC in hepatic apoptosis in rats induced by carbon tetrachloride. Rat hepatic apoptosis was induced by oral administration of  $CCl_4$ . All rats were administered orally with  $CCl_4$  (20%, 0.5 mL/rat) twice a week for 8 weeks. Rats in the ESC groups were treated daily with ESC, and silymarin group were treated daily with silymarin. Serum alanine aminotransferase (ALT), aspartate aminotransferase (AST) as well as the activities of the anti-oxidative enzymes glutathione peroxidase (GPx), superoxide dismutase (SOD), and catalase in the liver were measured. In addition, expression of liver apoptosis proteins and anti-apoptotic proteins were detected. ESC (100, 500 mg/kg) significantly reduced the elevated activities of serum ALT and AST caused by

CCl<sub>4</sub> and significantly increased the activities of catalase, GPx and SOD. Furthermore, ESC (100, 500 mg/kg) significantly decreased the levels of the proapoptotic proteins (t-Bid, Bak and Bad) and significantly increased the levels of the anti-apoptotic proteins (Bcl-2 and Bcl-xL). ESC inhibited the release of cytochrome c from mitochondria. In addition, the levels of activated caspase-9 and activated caspase-3 were significantly decreased in rats treated with ESC than those in rats treated with CCl<sub>4</sub> alone. ESC significantly reduced CCl<sub>4</sub>-induced hepatic apoptosis in rats.

**Keywords:** esculetin; carbon tetrachloride; apoptosis

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## 1. Introduction

Although many chronic viral hepatitis patients have been treated with interferon, the results of the therapy have not always been satisfactory. Chronic viral hepatitis (especially type C) in Taiwan [1], as well as in the whole of Asia [2], ends with the development of hepatocellular carcinoma, usually in a fibrotic or cirrhotic liver. ESC (6,7-dihydroxy-2H-1-benzopyran-2-one; ESC), one of the potent coumarin-derived antioxidants, reduces oxidative stress in various modes such as reduction of neutrophil-dependent superoxide anion generation [3], free radical scavenging [4,5] and reduction of lipid peroxidation [6]. ESC has been shown to have an anti-inflammatory effects *in vivo* [7] and anti-proliferative effects on vascular smooth muscle cells [8]. Furthermore, ESC has been reported to inhibit oxidative damage induced by *tert*-butyl hydroperoxide in rat liver [9]. It has been isolated from various plants such as *Artemisia capillaries*, *Citru slimonia* and *Euphorbia lathyris*. In our preliminary study, ESC was demonstrated to inhibit CCl<sub>4</sub>-induced acute liver injury in rats. However, there is still little information on the effect of ESC on CCl<sub>4</sub>-induced fibrosis in rats.

Carbon tetrachloride (CCl<sub>4</sub>) is extensively used to induce lipid peroxidation and toxicity. CCl<sub>4</sub> is metabolized by cytochrome P450 2E1 to the trichloromethyl radical (CCl<sub>3</sub><sup>•</sup>), which is assumed to initiate free radical-mediated lipid peroxidation leading to the accumulation of lipid-derived oxidation products that cause liver injury [10]. Polyunsaturated fatty acids (PUFAs) in membrane lipids are especially susceptible to free radical-initiated peroxidation. PUFAs in phospholipids of the endothelium reticulum were decreased following CCl<sub>4</sub> administration *in vivo* [11]. Liver fibrosis as well as the end-stage of liver fibrosis and cirrhosis represents the final common pathway of virtually all chronic liver diseases [12]. Its progression leads to cirrhosis and liver cancer [13].

A number of investigators have previously demonstrated that antioxidants prevent CCl<sub>4</sub> toxicity, particularly hepatotoxicity, by inhibiting lipid peroxidation [14] and increasing the activities of antioxidant enzymes [15]. Silymarin is a group of flavones extracted from *Silubum marianum* L and is a strong anti-oxidant [16] and an effective agent for liver protection and liver cell regeneration.

Apoptosis is a genetically encoded form of cell suicide central to the development and homeostasis of multicellular organisms [17,18]. Researchers once assumed that the activation of endonucleases and specific proteases (such as caspases) reflect the key mechanism of apoptosis [19]. The mitochondrial pathway is partly dependent on the release of cytochrome c. After release from mitochondria to the cytosol, cytochrome c binds to apoptosis-activating factor-1 (Apaf-1), ATP (or dATP), and possibly a

cytosolic protein (Apaf-3), and activates caspase 9, which in turn stimulates caspase 3 activity [20,21]. Bcl-2 proteins act on mitochondria to regulate apoptosis. The Bcl-2 family consists of both cell death promoters and preventers, including the anti-apoptotic proteins Bcl-2, Bcl-xL, Mcl-1, A1/Bfl-1 and Bcl-W, and the pro-apoptotic members Bax, Bak, Bad, Bik, Bid, Hrk and Bok [22]. Bcl-2 and Bcl-xL prevent cytochrome c from entering the cytosol, either by blocking release or binding to the cytochrome in a direct or indirect fashion, and consequently inhibiting activation of the downstream caspase cascade. Reactive oxygen species (ROS), which induce the onset of the mitochondrial permeability transition (MPT), play an important role in mitochondrial apoptosis. Activation of MPT is a major controlling mechanism in some apoptotic systems, and it also contributes to the release of cytochrome c and other apoptogenic proteins [20].

In the present study, we examined the effect of ESC on CCl<sub>4</sub>-induced liver apoptosis in rats. The hepatoprotective effect of ESC was judged by histological and biochemical values including the activities of serum aspartate amino transferase (sAST), serum alanine amino transferase (sALT), superoxide dismutase (SOD), glutathione peroxidase (GPx) and catalase in the liver. We also examined the effects of ESC on the regulation of the proteins in the Mitochondrial-Dependent Apoptotic Pathway in CCl<sub>4</sub>-induced liver apoptosis. In this study, silymarin was used as a positive control drug.

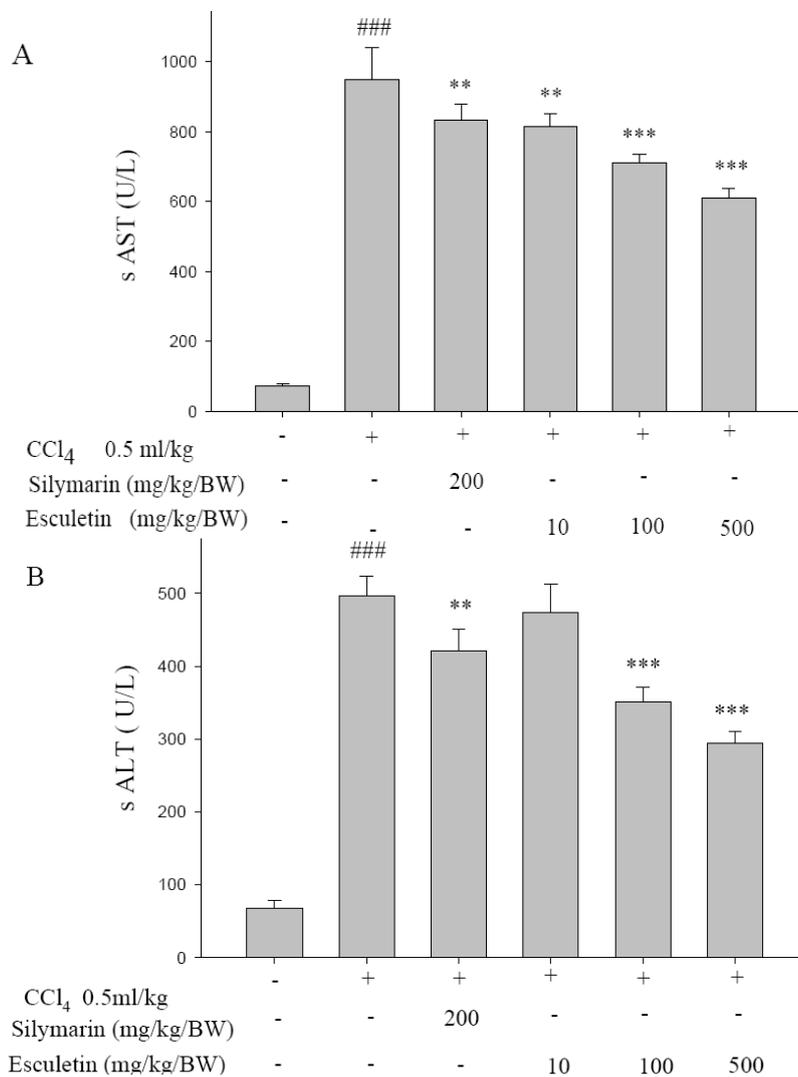
## 2. Results and Discussion

### 2.1. Serum ALT and AST Activities

The serum activities of ALT and AST were significantly elevated in the CCl<sub>4</sub>-treated group ( $p < 0.001$ ) where ESC (100 and 500 mg/kg BW) significantly decreased the activities of serum ALT and AST ( $p < 0.001$ ). The effect of supplement of silymarin was similar to that observed for the ESC-treated group ( $p < 0.001$ ) (Figure 1).

Serum levels of ALT and AST are the most commonly used biochemical markers of liver injury [23]. Hepatic damage such as liver fibrosis, cirrhosis and liver atrophy can initiate the actions of regeneration, and thus increase the weight of liver [24]. In this study, it is shown that chronic administration of CCl<sub>4</sub> led to a marked increase in ALT and AST levels. In addition, when liver injury was evaluated by a histological approach [25], infiltration of mononuclear cells around the Glisson's sheath after 8 weeks of CCl<sub>4</sub> treatment was detected. Furthermore, CCl<sub>4</sub> was also found to cause a variety of histological changes in the liver, including centrilobular necrosis, portal inflammation, and Kupffer cell hyperplasia. These histological changes as well as the increase in hepatic enzymes were significantly attenuated by ESC (100 and 500 mg/kg/BW) (Table 1).

**Figure 1.** Effect of esculetin and silymarin on serum (A) alanine aminotransferase (ALT) and (B) aspartate aminotransferase (AST) levels in CCl<sub>4</sub>-treated rats. Data are expressed as mean ± SD (n = 10). \*\*\* p < 0.001, \*\* p < 0.01 as compared with the CCl<sub>4</sub> group. ### p < 0.001 as compared with the Control group. Statistical analysis was carried out by one-way analysis of variance followed by Scheffe’s multiple range tests.



**Table 1.** Effect of Esculetin and Silymarin on liver catalase, superoxide dismutase (SOD) and glutathione peroxidase (GPx) activities in CCl<sub>4</sub>-treated rats.

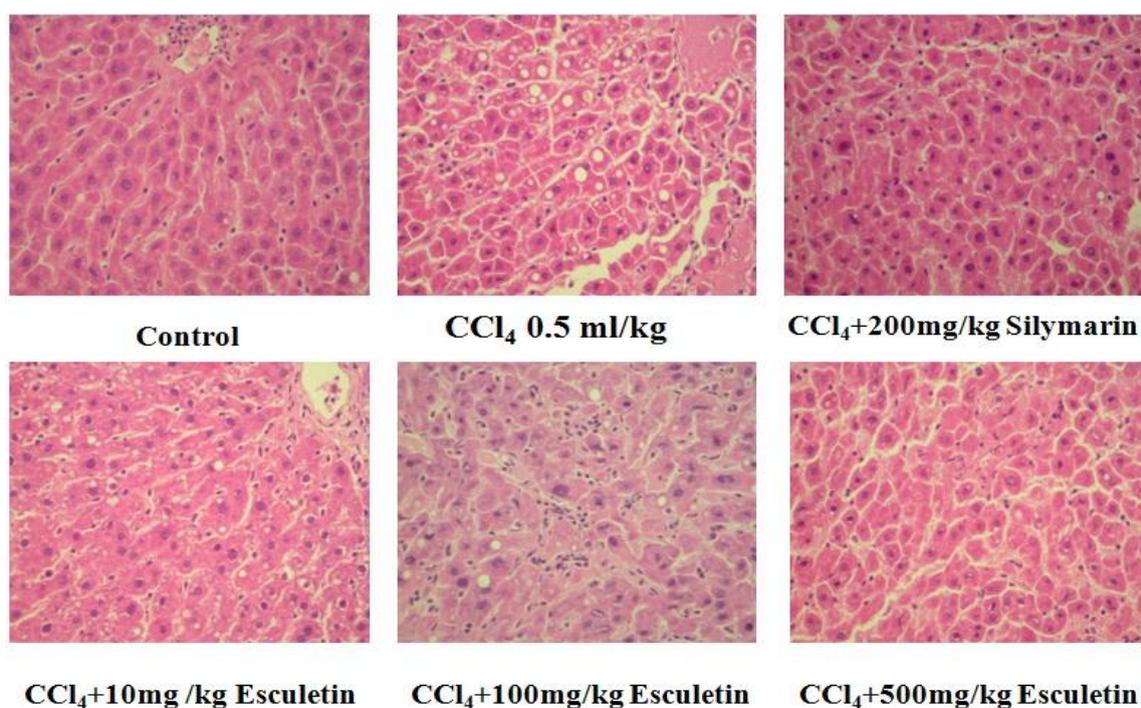
Groups	Activity (U/mg protein)		
	Catalase	SOD	GPx
Control	55.82 ± 0.3184	47.26 ± 0.77	64.12 ± 0.72
CCl <sub>4</sub>	28.9 ± 0.484###	24.84 ± 0.36###	24.94 ± 0.46###
CCl <sub>4</sub> + Silymarin 200 mg/kg	33.74 ± 0.47**	31.38 ± 0.71**	30.42 ± 0.81**
CCl <sub>4</sub> + Esculetin 10 mg/kg	37.76 ± 0.79*	27.4 ± 0.46	28.1 ± 0.55
Cl <sub>4</sub> + Esculetin 100 mg/g	38.13 ± 1.65*	32.62 ± 0.724***	36.06 ± 0.73***
CCl <sub>4</sub> + Esculetin 500 mg/kg	41.16 ± 0.64***	32.8 ± 0.55***	40.18 ± 0.44***

Data are expressed as mean ± SEM (n = 10). \*p < 0.05, \*\*\* p < 0.001 as compared with the CCl<sub>4</sub> group; ### p < 0.001 as compared with the Control group.

## 2.2. Changes in Liver Histopathology

As shown in Figure 2, normal hepatic architecture with a central vein and radiating hepatic cords were seen. In the CCl<sub>4</sub>-treated group, sections showed degeneration and necrosis, fibrosis, hepatocyte infiltration containing neutrophils and mononuclear cells. In addition, central-to-central bridging necrosis was also noted. Moreover, treatment with of ESC (100 and 500 mg/kg BW) or silymarin significantly decreased the degree of inflammation, necrosis and fibrosis in CCl<sub>4</sub>-treated groups rats.

**Figure 2.** Photomicrographs of liver sections taken from rat with CCl<sub>4</sub>-induced liver damage after pretreatment with esculetin or silymarin for 8 weeks. Liver damage was characterized by fatty degeneration, cell necrosis and mitosis. (Hematoxylin/Eosin staining, 200×) by Knodell *et al.* [25].



## 2.3. Hepatic Catalase, SOD and GPx Activities

We next explored the effect of ESC on catalase, SOD and GPx activities in CCl<sub>4</sub>-induced hepatic fibrosis rats. It was found that the activities of SOD, GPx and catalase were markedly increased in rats treated with ESC (100 and 500 mg/kg BW). Hepatic GPx activities were significantly increased in rats treated with ESC (100 and 500 mg/kg BW) and silymarin (200 mg/kg BW) ( $P < 0.001$ ) (Table 1).

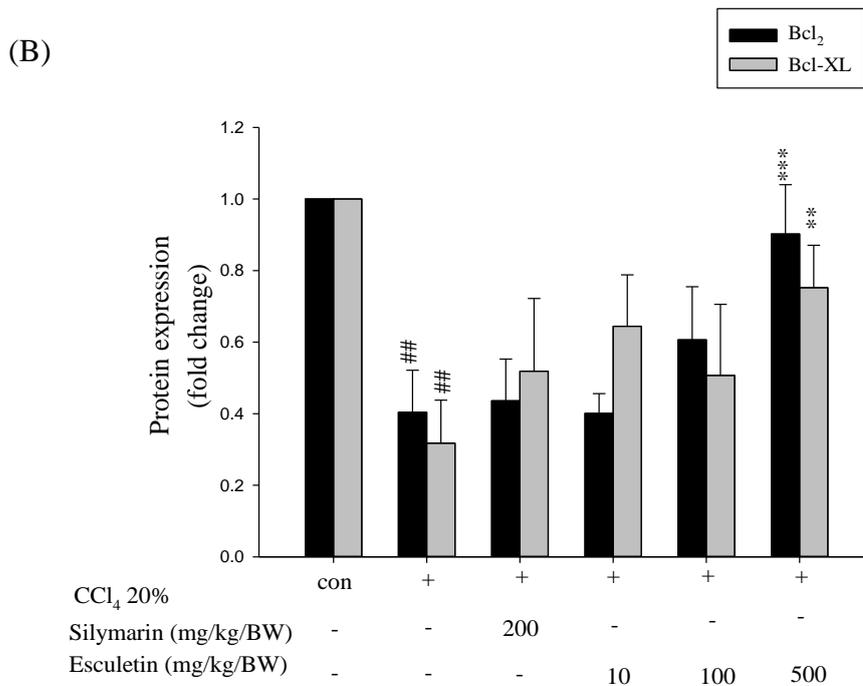
Living tissue is a major defense mechanism involving anti-oxidative enzymes that convert active oxygen molecules into non-toxic compounds [26,27]. Anti-oxidative enzymes, such as SOD, GPx and catalase, are easily inactivated by lipid peroxides or reactive oxygen species during CCl<sub>4</sub> exposure [28]. Glutathione (GSH) is a known radical scavenger, and GSH-related enzymes, such as GPx and GR, play detoxifying and anti-oxidative roles through conjugation with glutathione or free radical reduction [29]. There are three classes of enzymes known to provide protection against reactive oxygen species: SOD, catalase, and GPx [30]. We have demonstrated that ESC (100 and







Figure 5. Cont.

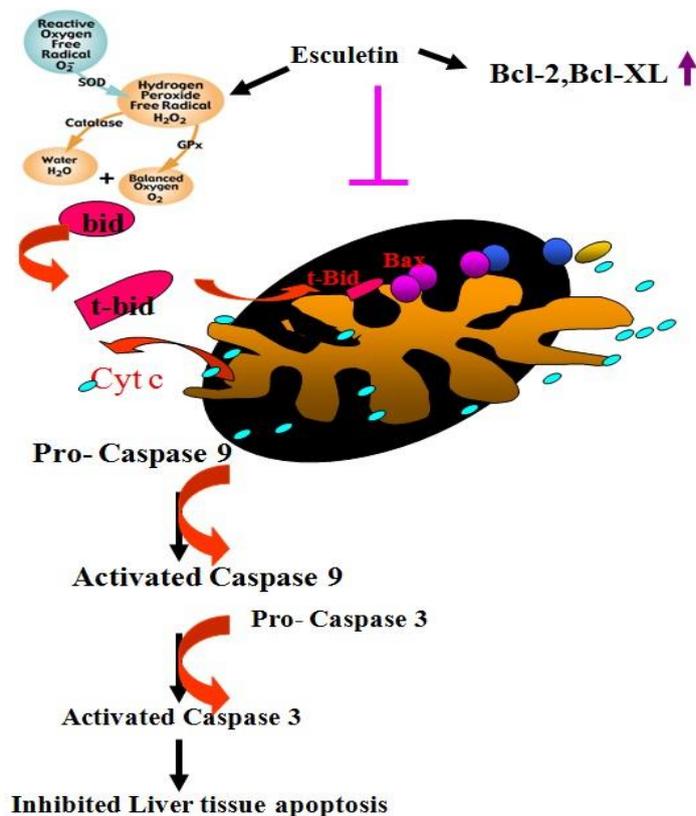


Mitochondria are known to be a vulnerable target of various toxins and oxidative stress. The mitochondrial apoptotic pathway is regulated by the Bcl-2 family of proteins, which consist of both anti-apoptotic (such as Bcl-2) and pro-apoptotic (such as Bax) proteins [34]. Activation of the pro-apoptotic Bcl-2 family of proteins such as Bax is known to play an important role in the oxidative stress-induced apoptotic pathway [35]. It has been shown that Bax can translocate from the cytosol to mitochondria and exhibit conformational change under the apoptotic process.

In this study, we have also demonstrated that ESC increased the levels of Bcl-2 and Bcl-x L and decreased the levels of Bak, Bax, t-Bid, cytochrome c, activated caspase-9, and activated caspase-3 proteins in rats exposed to CCl<sub>4</sub>. Our data show that Bax protein content markedly increased in rats receiving CCl<sub>4</sub> alone, suggesting that oxidative stress caused by CCl<sub>4</sub> administration has activated Bax, Bak and t-Bid. We also found that Bcl-2 protein content markedly increased in rats receiving CCl<sub>4</sub> alone. Administration of ESC effectively decreased the levels of Bak, Bax, and t-Bid.

In summary, mitochondria-initiated apoptosis triggered by ROS plays an important role in CCl<sub>4</sub>-induced hepatotoxicity in rats. ESC significantly reduced CCl<sub>4</sub>-induced hepatic fibrosis in rats, probably by exerting a protective effect against hepatocellular fibrosis with its free-radical scavenging ability and inhibiting the Mitochondrial-Dependent Apoptotic Pathway in CCl<sub>4</sub>-induced liver apoptosis in rats (Figure 6).

**Figure 6.** Proposed mechanisms of action of esculetin on liver apoptosis. Esculetin suppresses the mitochondrial-dependent apoptotic pathway by inhibiting the release of mitochondrial pro-apoptotic proteins Bax, Bak, and t-Bid which in turn inhibits the release of cytochrome c, caspase-9 and caspase 3, there by inducing the release of anti-apoptotic proteins Bcl-2 and Bcl-x L.



### 3. Experimental Section

#### 3.1. Animals

Male Sprague-Dawley rats were obtained from the BioLASCO Taiwan Co., Ltd., and fed with a standard laboratory diet and tap water *ad libitum*. The experimental animals were housed in an air-conditioned room of  $22 \pm 1$  °C and 12 h of light. The rats were allowed free access to powdered feed, and mains water that was supplied through an automatic watering system. When they reached 250–300 g, the rats were used for experiments. Rats were divided randomly into groups according to the body weight in a proper range one day before administration of the test substance. All experimental procedures were performed according to the NIH Guide for the Care and Use of Laboratory Animals. The experimental protocol was approved by the Committee on Animal Research, China Medical University.

#### 3.2. CCl<sub>4</sub>-Induced Liver Apoptosis

Apoptosis was induced in five groups of 10 rats by an oral administration of 0.5 mL/rat CCl<sub>4</sub>, diluted 1:5 (v/v) in olive oil, twice a week for 8 weeks. The animals received only CCl<sub>4</sub>, CCl<sub>4</sub> with ESC (10, 100 and 500 mg/kg BW, po, daily) or silymarin (Sigma-Aldrich, Steinheim, Germany;

200 mg/kg BW, daily). The ESC and silymarin were given when the CCl<sub>4</sub>-induced chronic injury model started, and the total drug treatment duration was 8 weeks.

After the blood was drawn from rats at the eighth week, the animals were sacrificed at the same time and the livers were quickly taken out. They were then weighed after being clearly washed with cold normal saline and the moisture sucked up. The largest lobe of liver was divided into two parts for each liver sample, one part was submerged in 10% neutral formalin for the preparation of pathological section, and the other part was stored as a reserve at -80 °C.

### 3.3. Assessment of Liver Functions

The blood was centrifuged at 3024 g (BACKMAN, Krefeld, Germany) at 4 °C for 15 min to separate serum. The levels of serum Alanine Aminotransferase (sALT) and serum Aspartate Aminotransferase (sAST) were assayed using clinical test kits (Roche, Berlin, Germany) spectrophotometrically (Cobas Mira Plus, Frankfurt, Germany).

### 3.4. Antioxidant Enzymes Activity Measurements

Livers were homogenized in nine volumes of isotonic phosphate buffer (0.01 M, pH 7.0). The prepared liver homogenate was centrifuged at 700 g for 5 min at 4 °C. Catalase was assayed by measuring the destruction of H<sub>2</sub>O<sub>2</sub> at 240 nm according to the method of Aebi [36]. One unit (U) of this enzyme activity is defined as the amount of the enzyme giving K<sup>-1</sup>; where K is the rate constant of the enzyme. Activity is expressed as U per mg of protein (U/mg protein). Superoxide dismutase (SOD) activity was determined according to the method of Misra and Fridovich [37] at room temperature. One hundred microliters of tissue extract was added to 880 µL (pH 10.2, 0.1 mM EDTA) carbonate buffer. Twenty microliters of 30 mM epinephrine (in 0.05% acetic acid) was added to the mixture and measured at 480 nm for 4 min on a Jasco V-550 Spectrophotometer. The enzyme activity was expressed as the amount of enzyme that inhibits the oxidation of epinephrine by 50%, which is equal to 1 unit.

Glutathione peroxidase (GPx) activity was determined according to the method of Flohe and Gunzler [38] at 37 °C. A reaction mixture was composed of 500 µL phosphate buffer, 100 µL 0.01 M GSH (reduced form), 100 µL 1.5 mM NADPH and 100 µL GRx (0.24 units). One hundred microliters of the tissue extract was added to the reaction mixture and incubated at 37 °C for 10 min. Then 50 µL of 12 mM t-butyl hydroperoxide was added to 450 µL tissue reaction mixture and measured at 340 nm for 180 s. The molar extinction coefficient of  $6.22 \times 10^{-3} \text{ M}^{-1} \text{ cm}^{-1}$  was used to determine the enzyme activity. One unit of activity is equal to the mM of NADPH oxidized/min per mg protein.

### 3.5. Pathological Examinations

For histopathological examination, the formalin fixed liver was embedded in paraffin, cut into 4–5 mm thick sections, stained with hematoxylin-eosin, and observed under a photomicroscope.

### 3.6. Assessment of Liver Apoptosis Proteins and Anti-Apoptotic Proteins

Liver tissue was homogenated in PBS buffer at a ratio of 100 mg tissue/0.5 mL PBS for 5 min. The homogenates were placed on ice for 10 min and then centrifuged at 12,000 g for 30 min. Samples containing equal proteins (40 g) were loaded and analyzed by Western blot analysis. Briefly, proteins were separated by 12% SDS-PAGE and transferred onto PVDF membranes (Millipore, Belford, NJ, USA). Membranes were blocked with blocking buffer (5% non-fat dry milk, 20 mM Tris-HCl, pH 7.6, 150 mM NaCl, and 0.1% Tween 20) for at least 1 h at room temperature and then incubated with primary antibodies in the above solution on an orbit shaker at 4 °C overnight. Following primary antibody incubations, membranes were incubated with horseradish peroxidase-linked secondary antibodies (anti-rabbit, anti-mouse, or anti-goat IgG).

### 3.7. Statistical Analysis

Data were expressed as mean  $\pm$  SEM. Statistical evaluation was carried out by one-way analysis of variance (One-way ANOVA) followed by Scheffe's multiple range tests. *P* values of less than 0.05 were considered significantly.

## 4. Conclusions

The present study demonstrated that CCl<sub>4</sub> induced a marked rise in oxidative stress. Our data suggested that mitochondria-initiated apoptosis triggered by ROS plays an important role in CCl<sub>4</sub>-induced hepatotoxicity rats. ESC significantly reduced CCl<sub>4</sub>-induced hepatic apoptosis in rats, probably by exerting a protective effect against hepatocellular apoptosis with its free-radical scavenging ability and inhibiting the Mitochondrial-Dependent Apoptotic Pathway in CCl<sub>4</sub>-induced liver apoptosis in rats.

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