

**Table S1**

Analytical conditions for simultaneous analysis of the nine target components in a BPT sample by HPLC-PDA.

Chromatographic parameter			
Column	SunFire™ C <sub>18</sub> reverse phase column (250 mm × 4.6 mm, 5 µm)		
Detector	PDA (250, 280, 325, 365, and 370 nm)		
Flow rate	1.0 mL/min		
Injection volume	10.0 µL		
Column temperature	30.0 °C		
Mobile phase	A: 0.1% (v/v) aqueous formic acid B: 0.1% (v/v) formic acid in acetonitrile		
Gradient elution	Time (min)	A (%)	B (%)
	0	95	5
	40	40	60
	50	5	95
	55	5	95
	60	95	5
	70	95	5

PDA; photo-diode array

**Table S2**

System suitability for simultaneous analysis of the nine target components by HPLC-PDA.

Analyte	<i>k'</i>	$\alpha$	<i>N</i>	<i>Rs</i>	<i>S</i>
1	1.24	1.76	36031.97	13.02	1.14
2	2.18	1.32	111828.31	10.70	1.08
3	2.88	1.32	160174.59	10.70	1.20
4	4.65	1.28	428036.39	20.79	1.13
5	5.98	1.28	473439.73	20.79	1.19
6	8.19	1.18	742217.85	20.24	1.16
7	9.69	1.18	911649.05	20.24	1.13
8	12.85	1.09	1028117.50	12.13	1.04
9	13.98	1.09	1201612.01	12.13	1.05

The analytes were hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calycosin 7-*O*-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9). *k'*; retention factor,  $\alpha$ ; separation factor, *N*; theoretical plate number, *Rs*; resolution, and *S*; symmetry factor

**Table S3**Repeatability of retention time and peak area of the nine targets by HPLC ( $n = 6$ ).

Analyte <sup>1</sup>	Retention time (min)			Peak area (mAU)		
	Mean	SD × 10 <sup>-1</sup>	RSD (%)	Mean	SD	RSD (%)
1	6.36	0.06	0.10	860115.83	4940.92	0.57
2	9.02	0.07	0.07	663327.67	3546.44	0.53
3	11.00	0.06	0.05	702371.17	3837.64	0.55
4	16.03	0.02	0.01	500858.67	3162.93	0.63
5	19.78	0.02	0.01	728009.17	4459.86	0.61
6	26.06	0.03	0.01	719127.33	4588.76	0.64
7	30.31	0.04	0.01	868995.83	5782.18	0.67
8	39.29	0.03	0.01	1067350.67	6562.64	0.61
9	42.48	0.03	0.01	978360.33	5843.46	0.60

<sup>1</sup> Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calycosin 7-O-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9).

**Table S4**

Composition of and information on Bopyeo-tang.

<b>Herbal medicine</b>	<b>Scientific name</b>	<b>Family</b>	<b>Using part</b>	<b>Amount (mg)</b>	<b>Ratio (%)</b>
Mori Radicis Cortex	<i>Morus alba</i> L.	Moraceae	Root bark	1500.00	30.00
Rehmanniae Radix Preparata	<i>Rehmannia glutinosa</i> (Gaertn.) DC.	Plantaginaceae	Root	1500.00	30.00
Ginseng Radix	<i>Panax ginseng</i> C.A.Mey.	Araliaceae	Root	500.00	10.00
Asteris Radix et Rhizoma	<i>Aster tataricus</i> L.f.	Compositae	Root and rhizome	500.00	10.00
Astragali Radix	<i>Astragalus propinquus</i> Schischkin	Leguminosae	Root	500.00	10.00
Schisandrae Fructus	<i>Schisandra chinensis</i> (Turcz.) Baill.	Schisandraceae	Fruit	500.00	10.00
				Total	5000.0
					100.00

**Table S5**

Information on the nine reference standard compounds.

Analyte <sup>1</sup>	Purity (%)	Molecular formula	CAS No.	PubChem CID	Catalog No.	Maker
1	≥ 99.0	C <sub>6</sub> H <sub>6</sub> O <sub>3</sub>	67-47-0	237332	W501808	Merck KGaA
2	98.1	C <sub>26</sub> H <sub>32</sub> O <sub>14</sub>	102841-42-9	6443484	ES030-A	EnsolBioSciences
3	99.7	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	327-97-9	1794427	PHL89175	Merck KGaA
4	99.4	C <sub>22</sub> H <sub>22</sub> O <sub>10</sub>	20633-67-4	5318267	DR10682	Shanghai Sunny Biotech
5	98.2	C <sub>25</sub> H <sub>24</sub> O <sub>12</sub>	2450-53-5	6474310	DR11570	Shanghai Sunny Biotech
6	99.2	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>	117-39-5	5280343	CFN99272	Wuhan ChemFaces Biochemical
7	≥ 98.0	C <sub>15</sub> H <sub>10</sub> O <sub>6</sub>	520-18-3	5280863	DR10770	Shanghai Sunny Biotech
8	99.3	C <sub>24</sub> H <sub>32</sub> O <sub>7</sub>	7432-28-2	23915	BP1265	Biopurify Phytochemicals
9	99.9	C <sub>23</sub> H <sub>28</sub> O <sub>7</sub>	58546-54-6	634470	DR100561	Shanghai Sunny Biotech

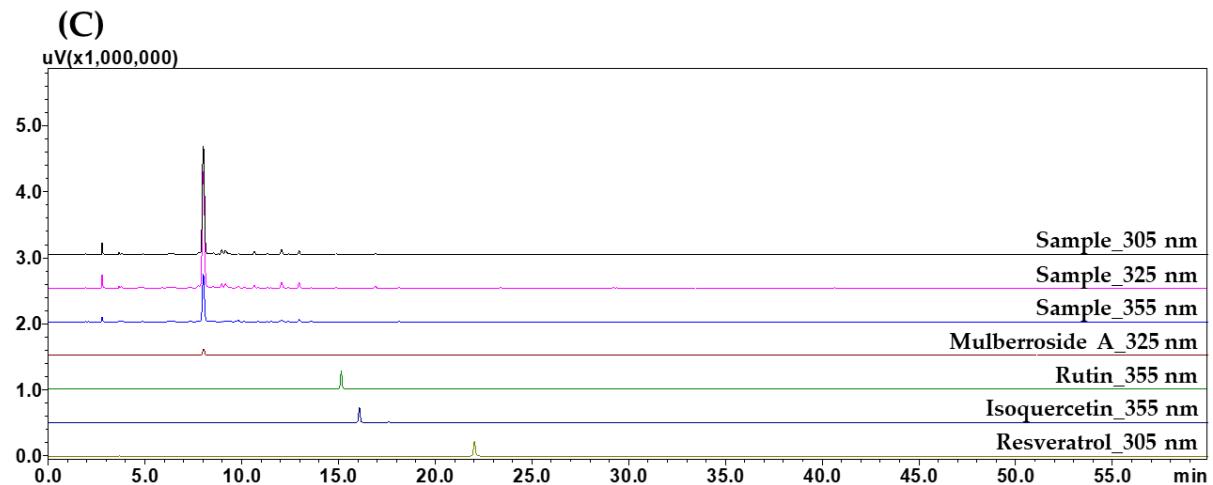
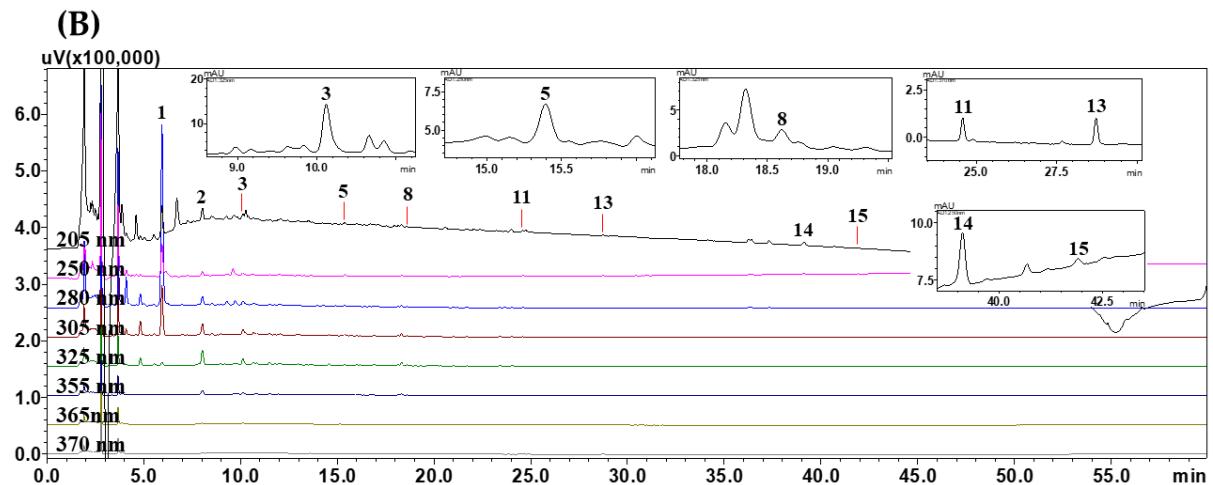
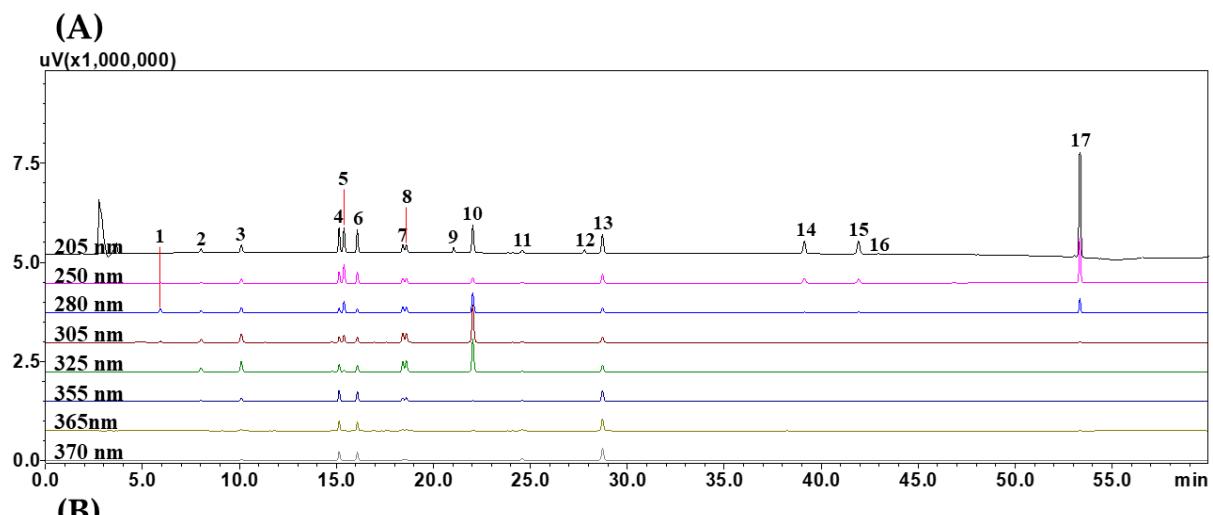
<sup>1</sup> Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calcosin 7-O-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9).

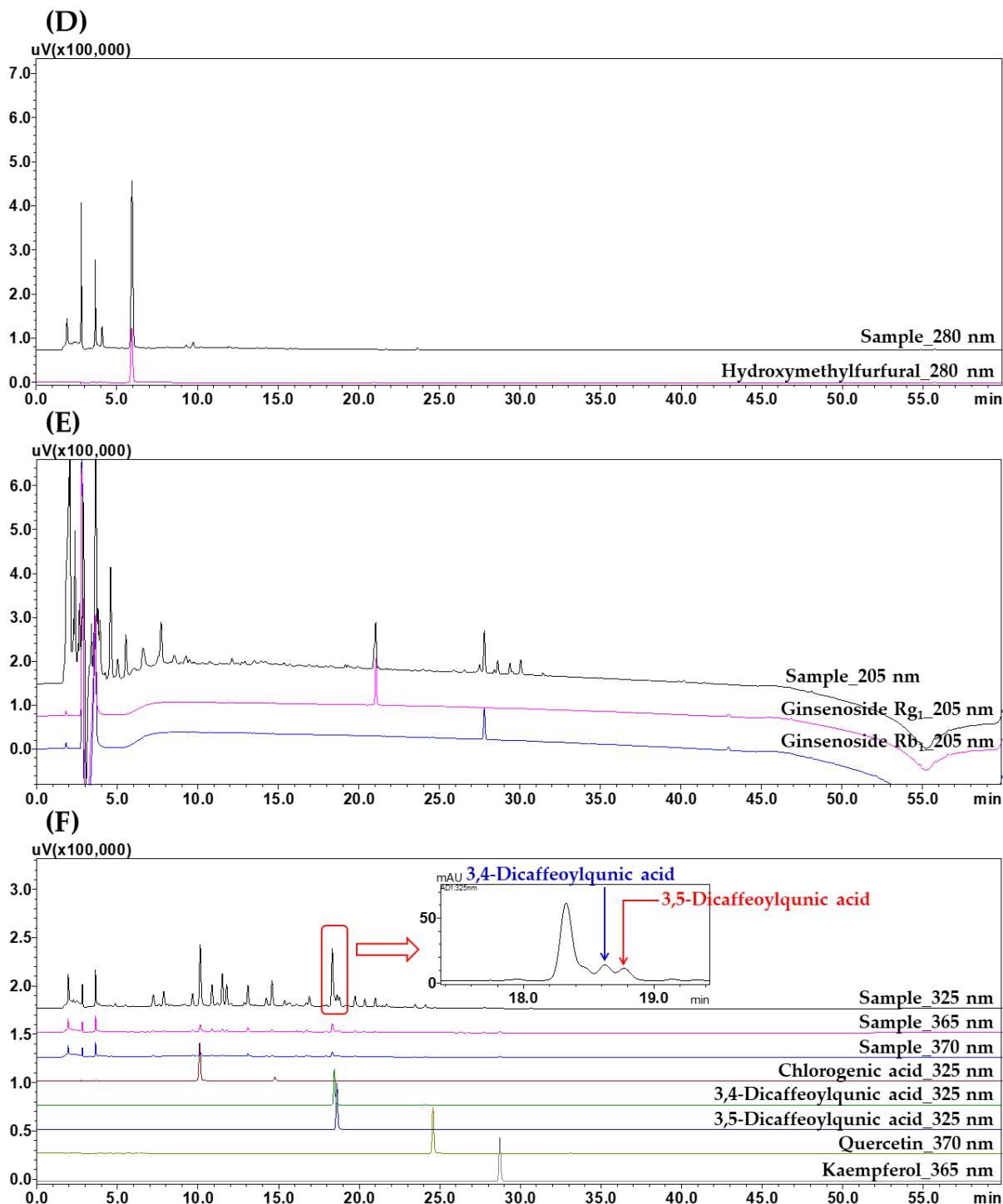
**Table S6**

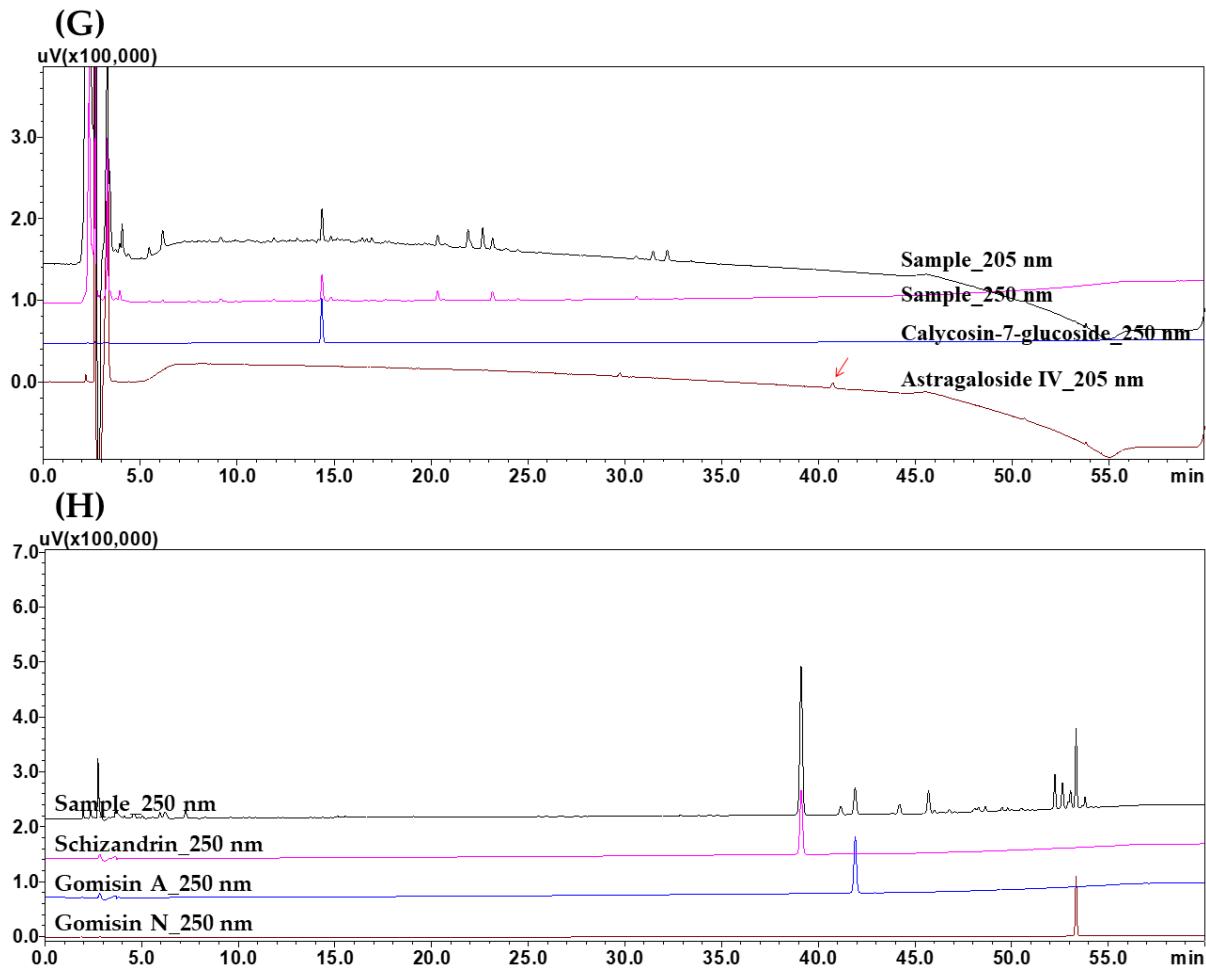
UPLC–MS/MS MRM conditions for simultaneous analysis of nine target components in BPT.

UPLC conditions		MS conditions	
UPLC system	Acquity UPLC H-Class PLUS	MS system	Xevo TQ-S micro
Column	Acquity UPLC BEH C <sub>18</sub> column (2.1 mm × 100 mm, 1.7 µm)	MS software	MassLynx v4.2
Column temp.	40 °C	Ion source	ESI <sup>+</sup> or ESI <sup>-</sup>
Sample temp.	5 °C	Acquisition mode	MRM
Injection volume	2.0 µL	Capillary voltage	3.3 kV
Flow rate	0.3 mL/min	Cone gas flow	80 L/h
Mobile phase A	0.1% (v/v) acetic acid in distilled water	Desolvation gas flow	600 L/h
Mobile phase B	0.1% (v/v) acetic acid in distilled Acetonitrile	Desolvation temp.	300 °C
		Source temp.	150 °C
Gradient	Time (min)	A (%)	B (%)
	Initial	95	5
	14.43	40	60
	14.29	5	95
	15.71	5	95
	17.14	95	5
	20.00	95	5

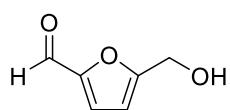
ESI; electrospray ionization, MRM; multiple reaction monitoring



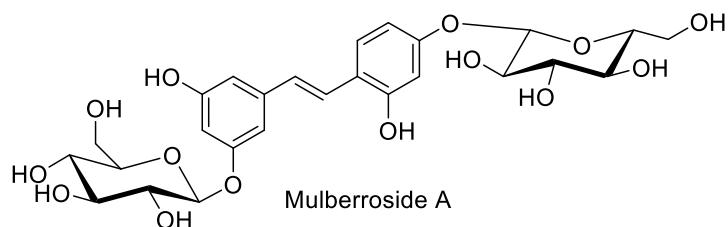




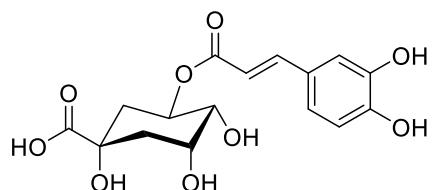
**Figure S1.** HPLC-PDA chromatograms considered for the selection of target components. A; Mixed 17 standard compounds. B; 70% methanol solution of lyophilized BPT water extract. C; *M. alba* extract. D; *R. glutinosa* extract. E; *P. ginseng* extract. F; *A. tataricus* extract. G; *A. propinquus* extract. H; *S. chinensis* extract. Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), rutin (4), calycosin-7-O-glucoside (5), isoquercetin (6), 3,4-dicaffeoylquinic acid (7), 3,5-dicaffeoylquinic acid (8), ginsenoside Rg<sub>1</sub> (9), resveratrol (10), quercetin (11), ginsenoside Rb<sub>1</sub> (12), kaempferol (13), schizandrin (14), gomisin A (15), astragaloside IV (16), and gomisin N (17).



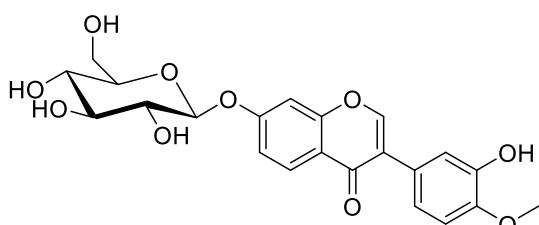
Hydroxymethylfurfural



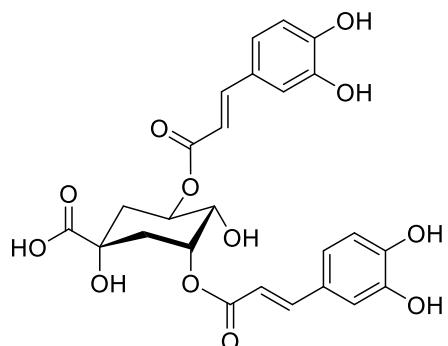
Mulberroside A



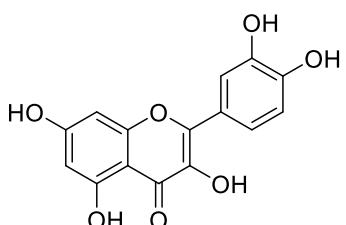
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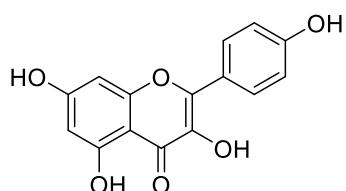
Calycosin 7-O-glucoside



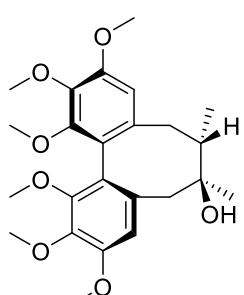
3,5-Dicaffeoylquinic acid



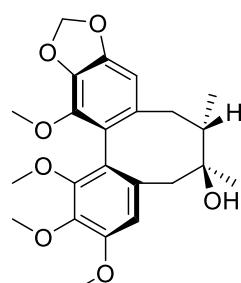
Quercetin



Kaempferol

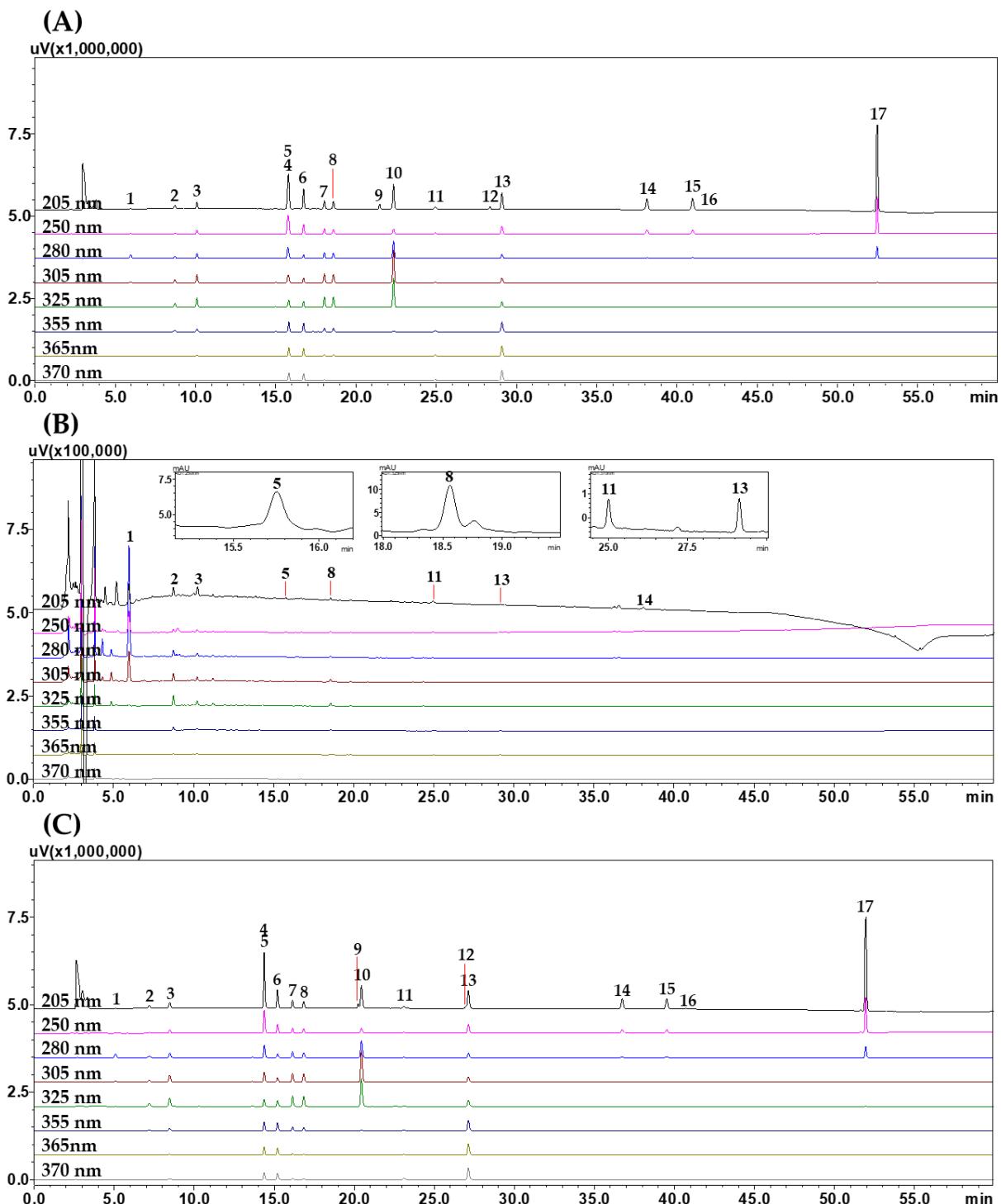


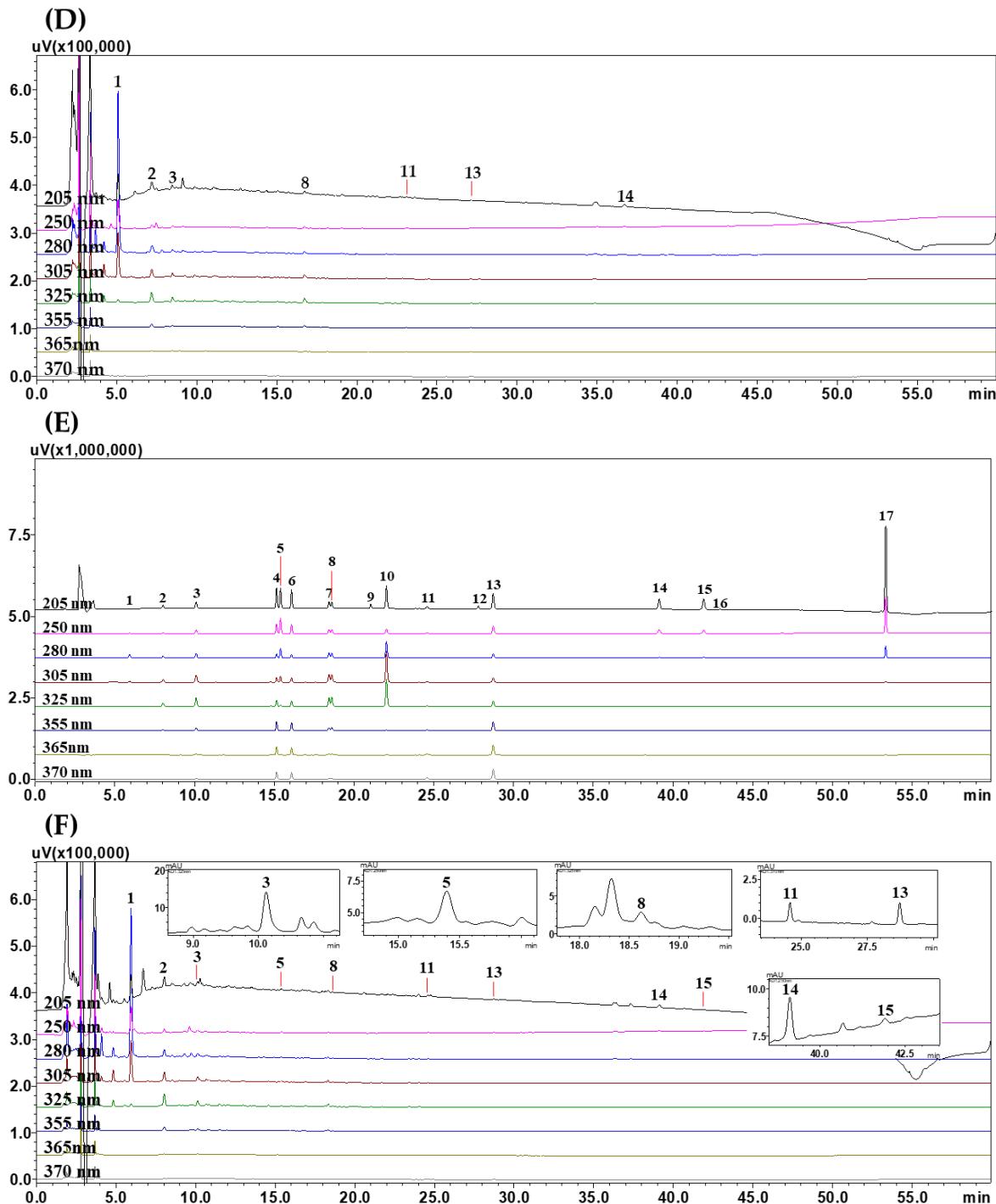
Schizandrin



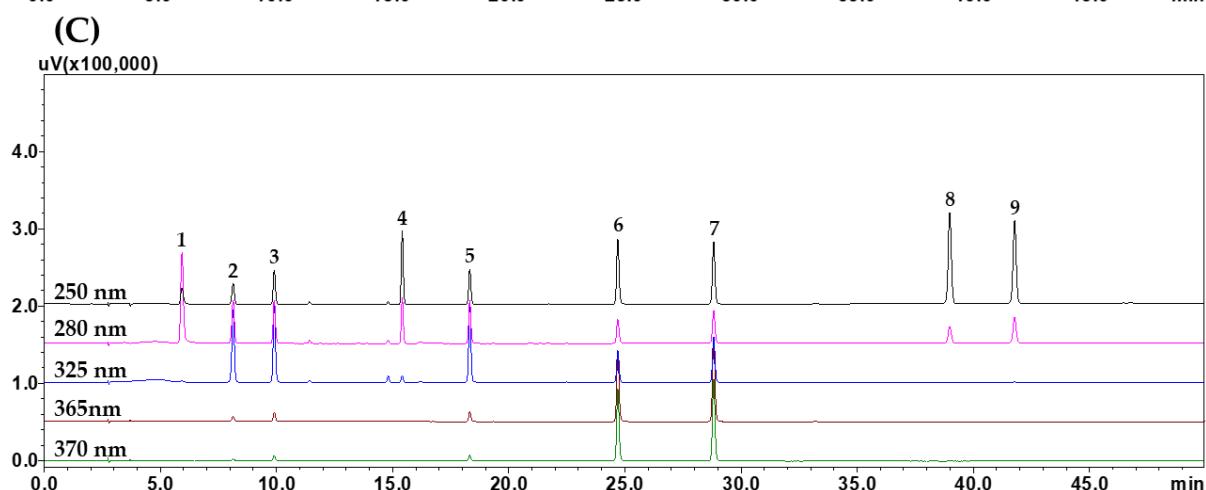
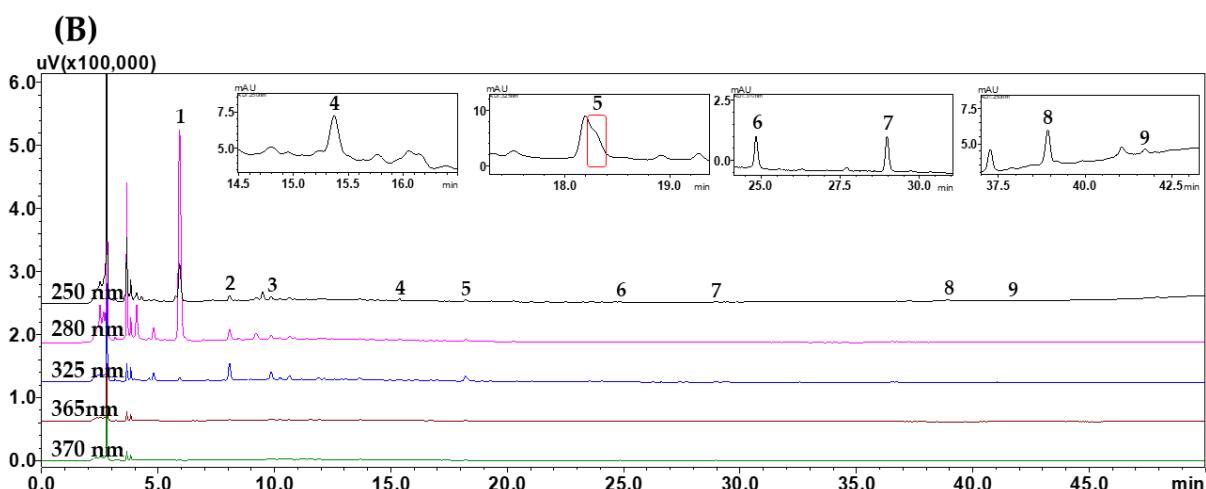
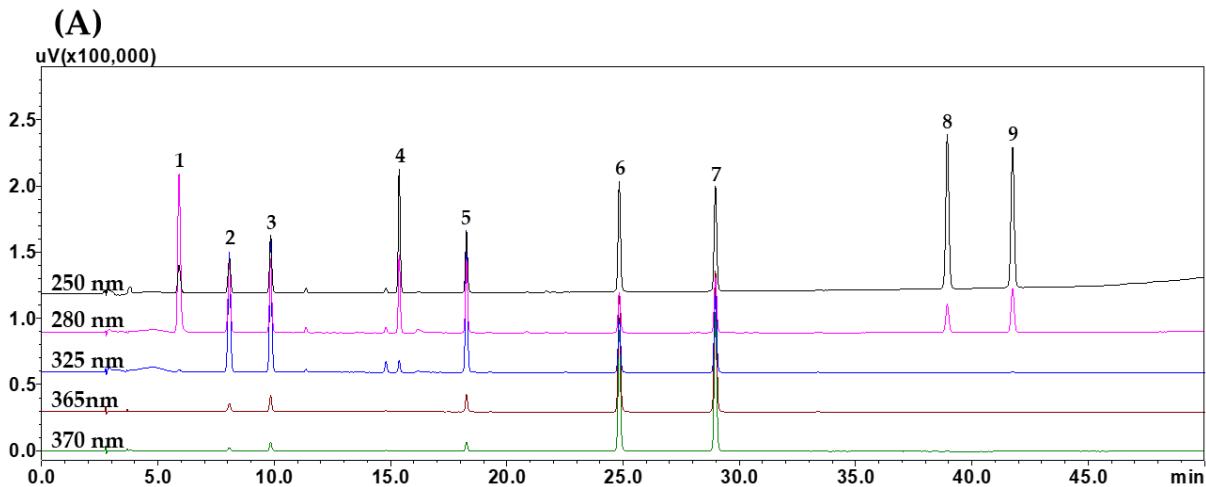
Gomisin A

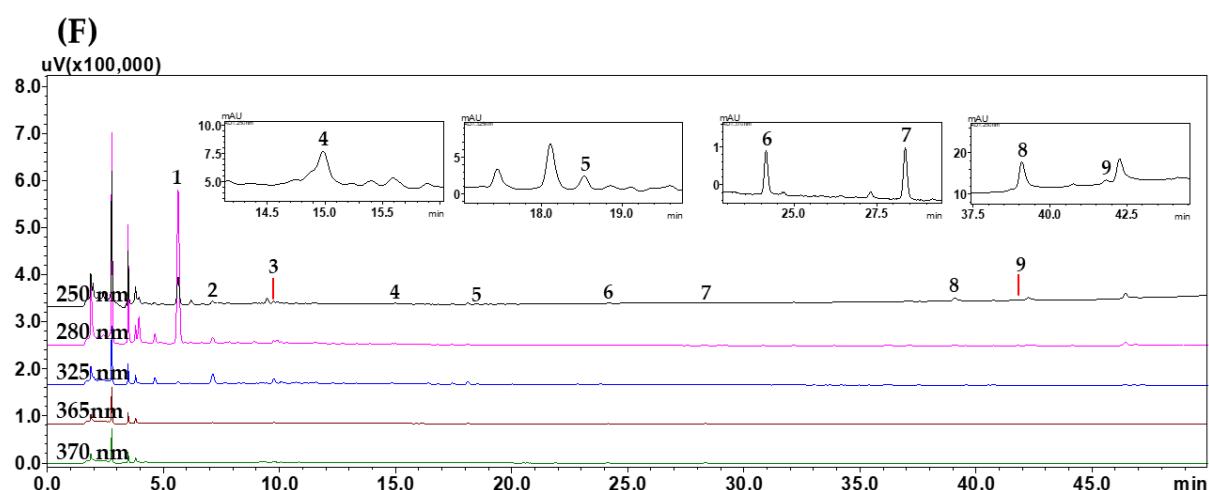
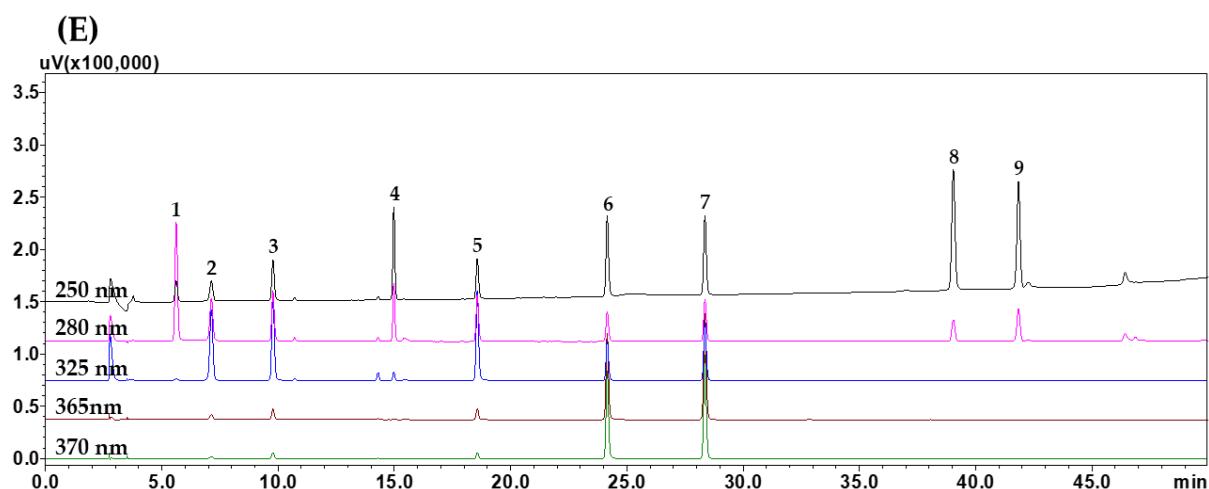
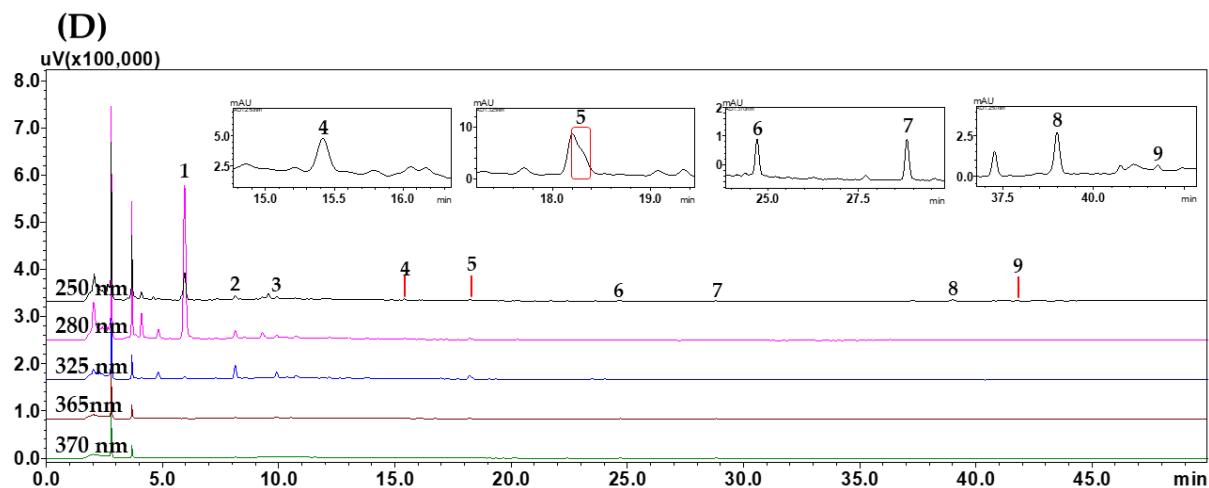
**Figure S2.** Chemical structures of the nine target components selected for simultaneous analysis in BPT.

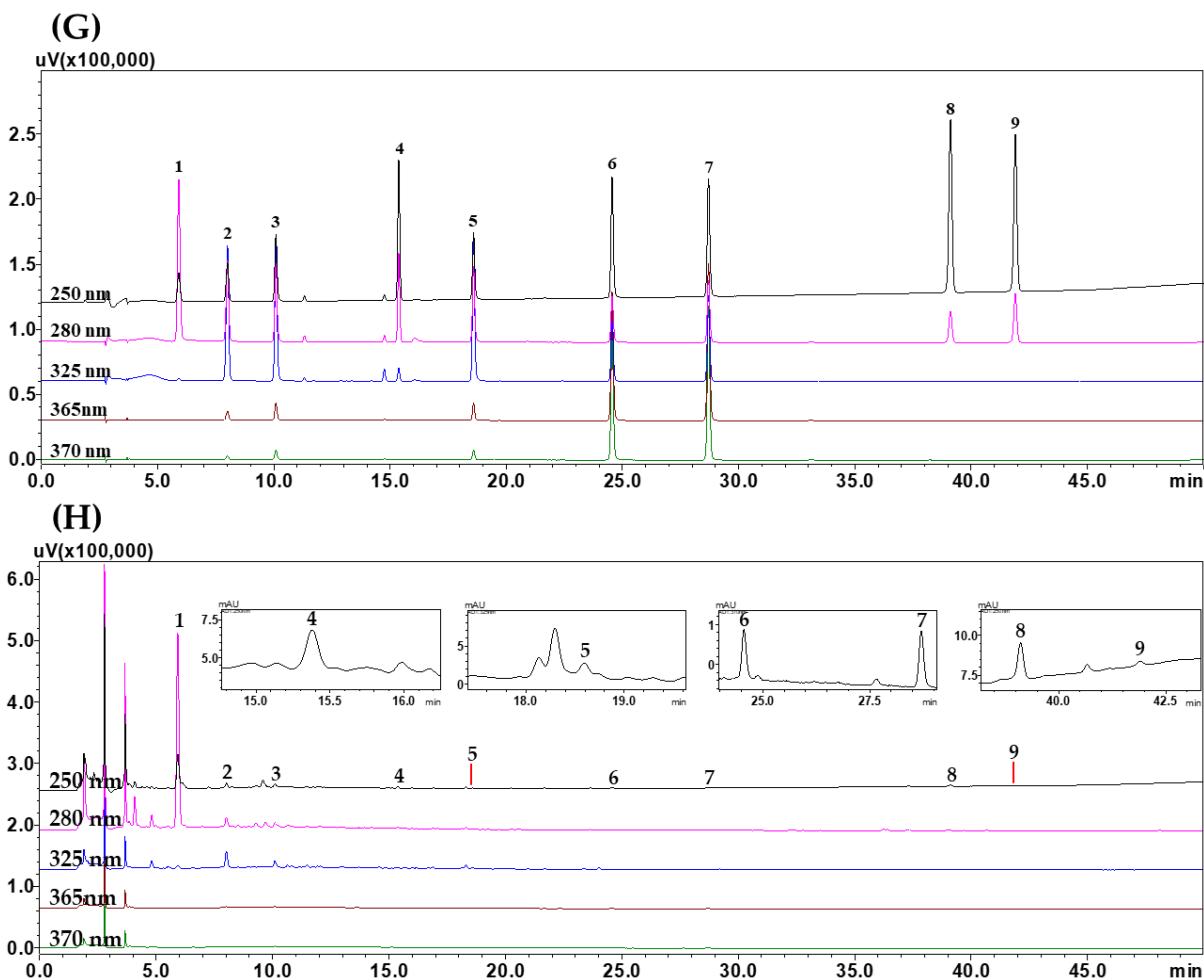




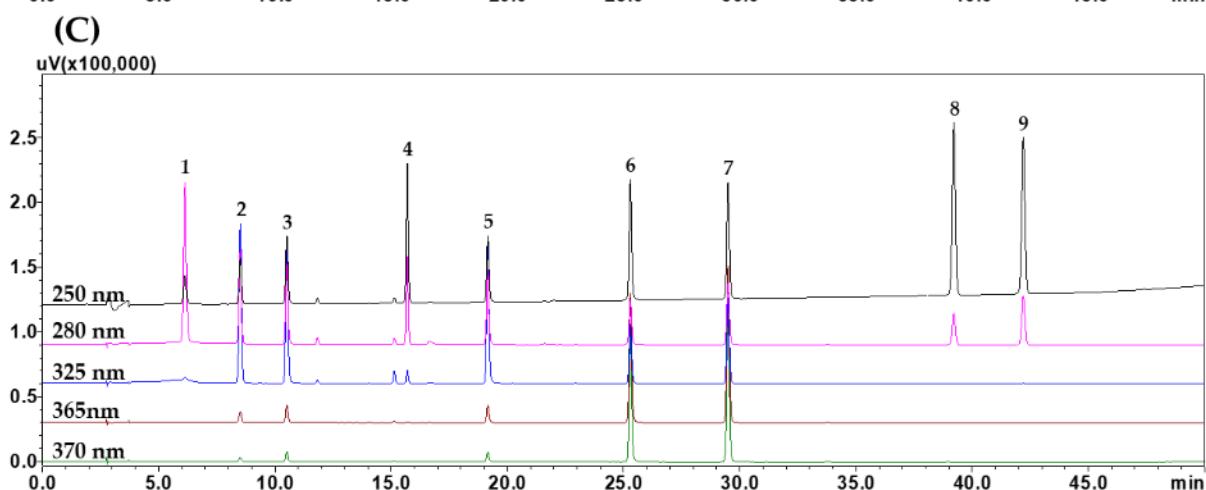
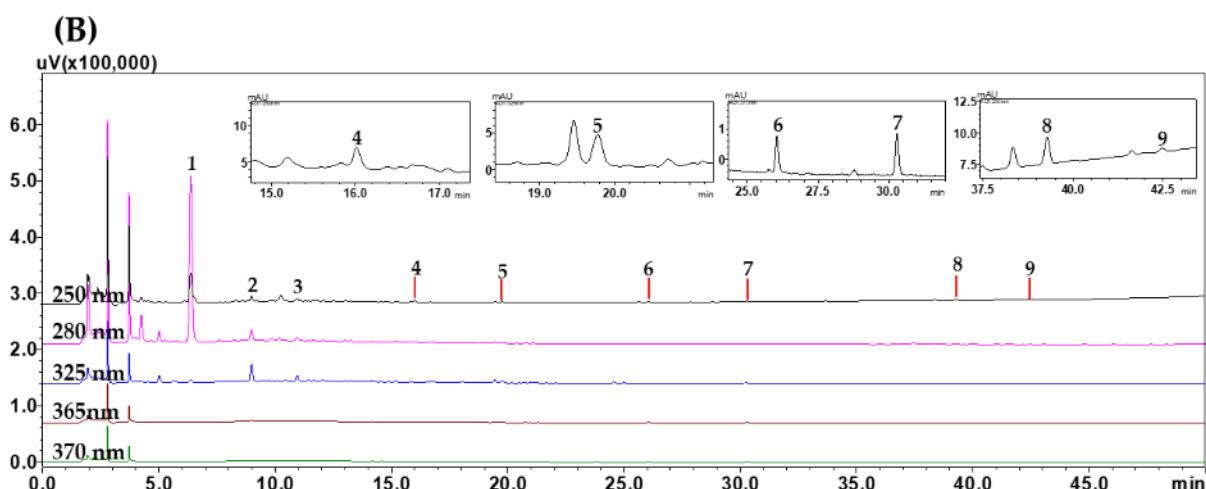
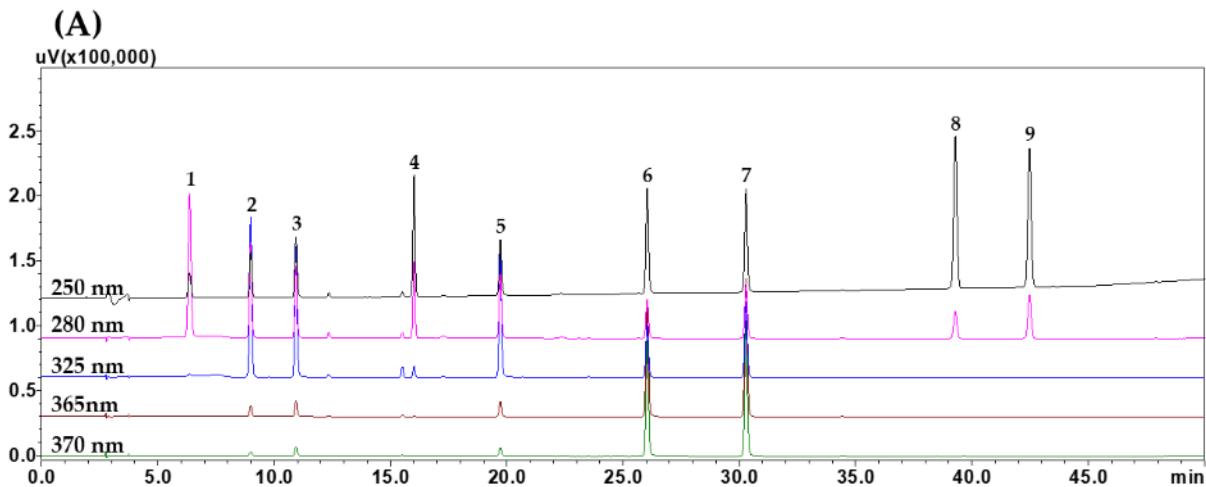
**Figure S3.** Comparison of HPLC-PDA chromatograms according to column manufacturer. Standard mixture (A) and BPT sample (B) using Gemini C<sub>18</sub> column (Phenomenex, Torrance, CA, USA), standard mixture (C) and BPT sample (D) using Capcell Pak UG80 C<sub>18</sub> column (Shiseido, Tokyo, Japan), and standard mixture (E) and BPT sample (F) using SunFire™ C<sub>18</sub> column (Waters, Milford, MA, USA). Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), rutin (4), calycosin-7-O-glucoside (5), isoquercetin (6), 3,4-dicaffeoylquinic acid (7), 3,5-dicaffeoylquinic acid (8), ginsenoside Rg<sub>1</sub> (9), resveratrol (10), quercetin (11), ginsenoside Rb<sub>1</sub> (12), kaempferol (13), schizandrin (14), gomisin A (15), astragaloside IV (16), and gomisin N (17).

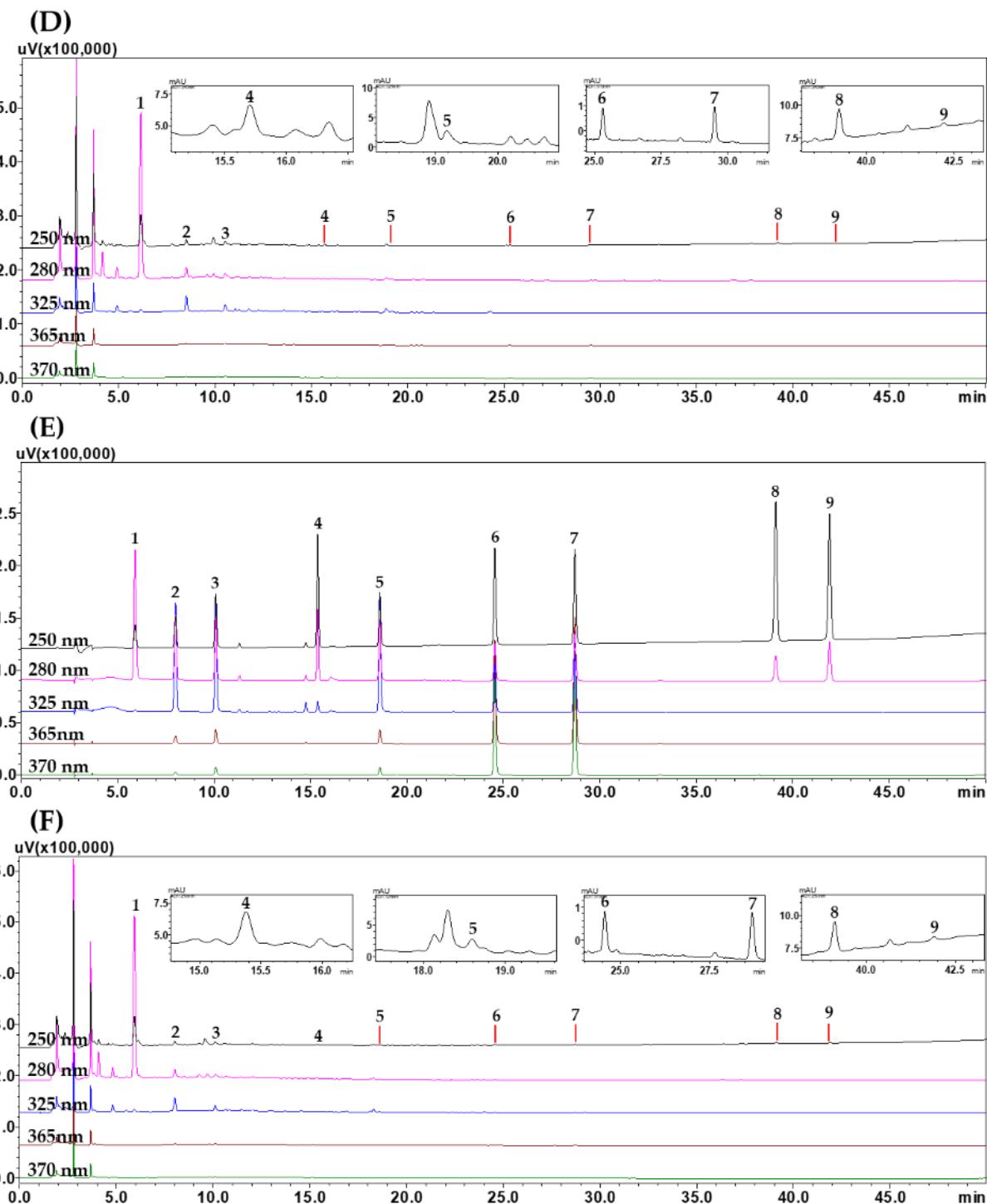




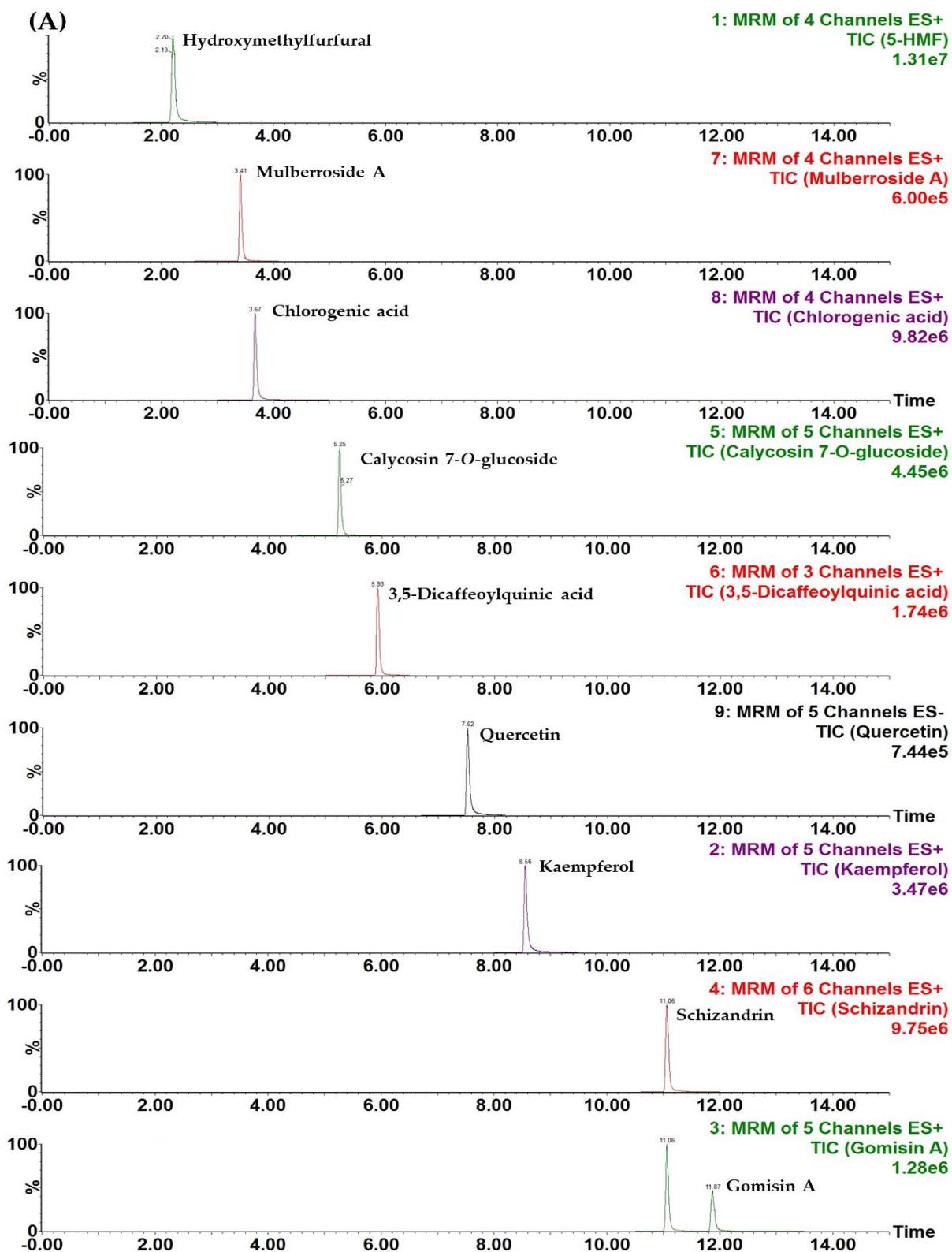


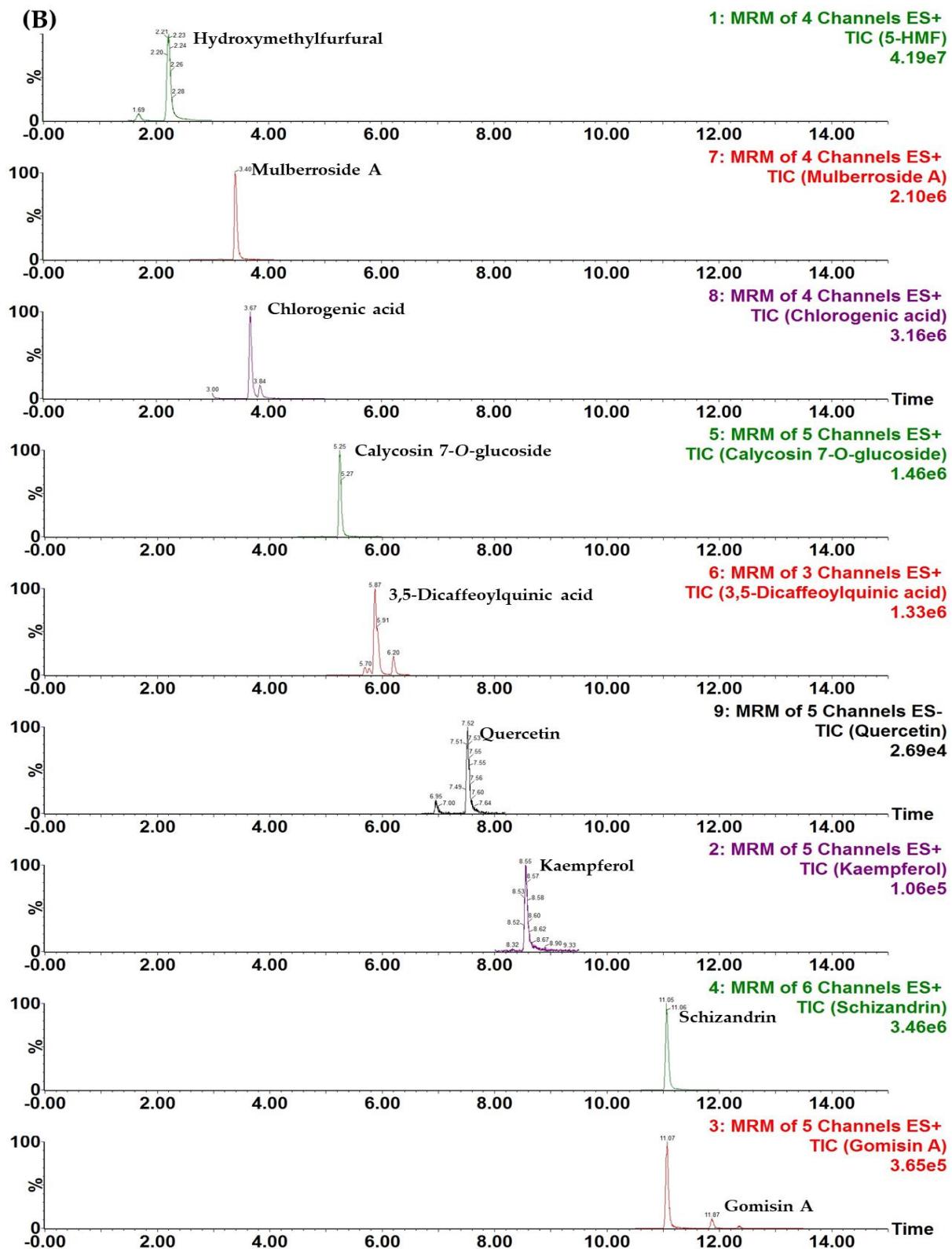
**Figure S4.** Comparison of HPLC-PDA chromatograms according to the type of acid for the nine selected target compounds. Standard mixture (A) and BPT sample (B) using 0.1% (v/v) trifluoroacetic acid, standard mixture (C) and BPT sample (D) using 0.1% (v/v) phosphoric acid, standard mixture (E) and BPT sample (F) using 1.0% (v/v) acetic acid, and standard mixture (G) and BPT sample (H) using 0.1% (v/v) formic acid. Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calycosin-7-O-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9).



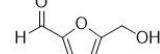
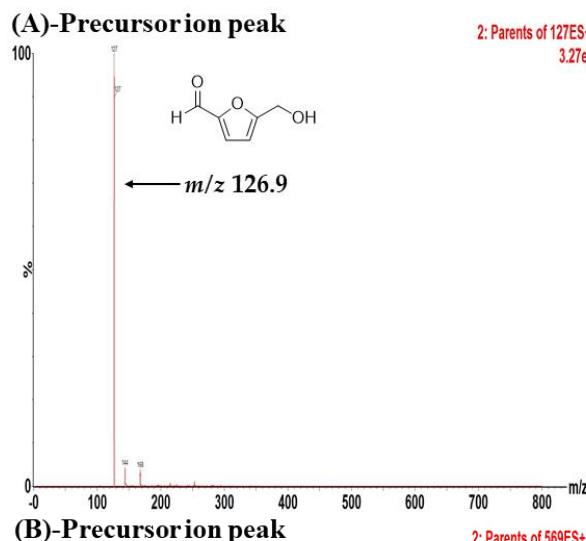


**Figure S5.** Comparison of HPLC-PDA chromatograms according to column temperatures of the nine selected target compounds. Standard mixture (A) and BPT sample (B) at 30 °C, standard mixture (C) and BPT sample (D) at 35 °C, and standard mixture (E) and BPT sample (F) at 40 °C. Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calycosin-7-O-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9).





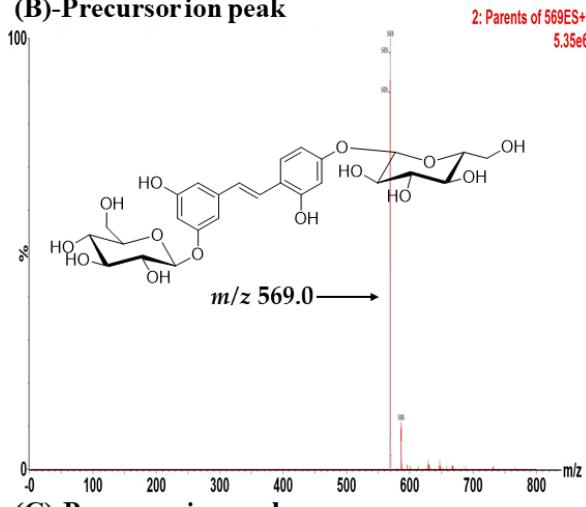
**Figure S6.** Extracted ion chromatograms of standard compounds (A) and BPT sample (B) by UPLC-MS/MS MRM method. Hydroxymethylfurfural (1), mulberroside A (2), chlorogenic acid (3), calycosin-7-O-glucoside (4), 3,5-dicaffeoylquinic acid (5), quercetin (6), kaempferol (7), schizandrin (8), and gomisin A (9).



2: Parents of 127ES+

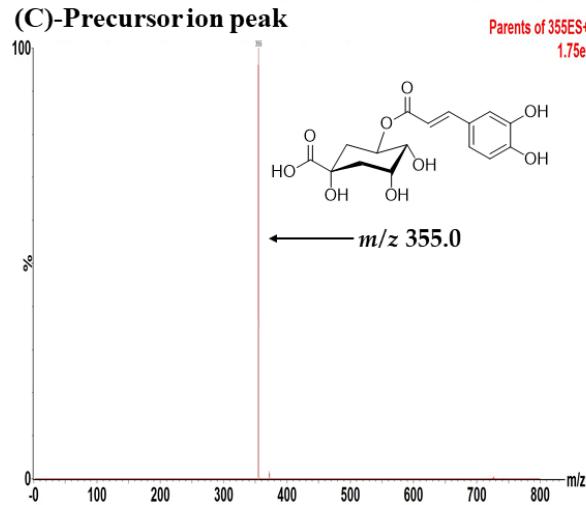
3.27e7

← m/z 126.9



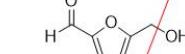
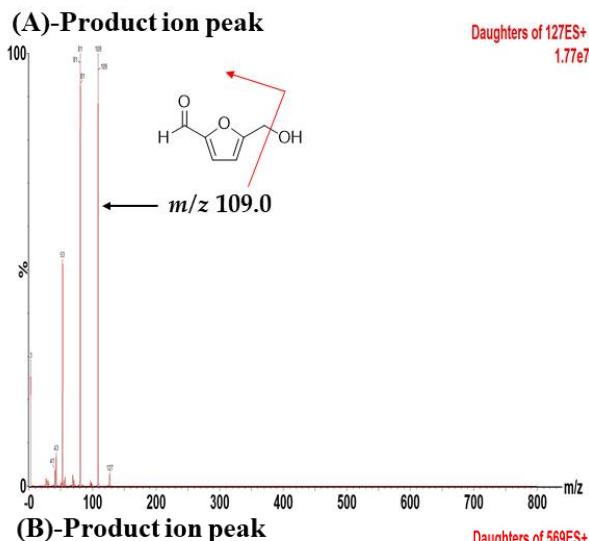
2: Parents of 569ES+

## 2: Parents of 569ES+



1.75e7

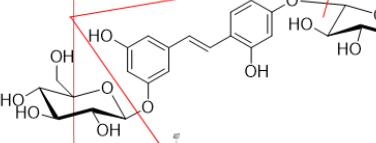
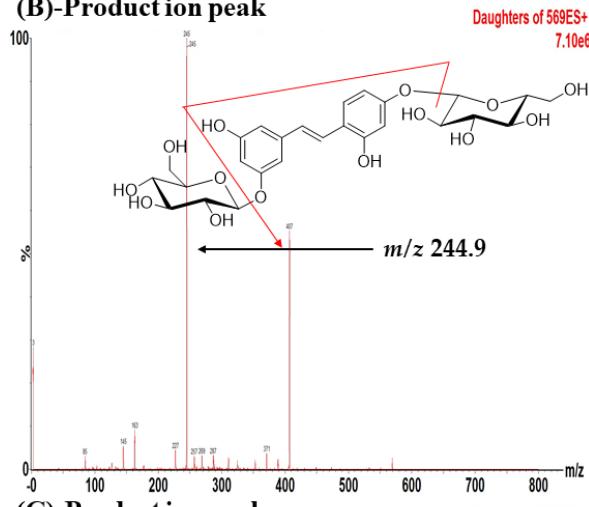
← *m/z* 355.0



← m/z 109.0

Daughters of 127ES+

1.77e7



**(C)-Product ion peak**

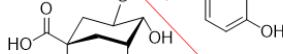
Daughters of 355ES+  
1.44e7

$m/z$  162.9

Chemical structure of a flavonol glycoside:

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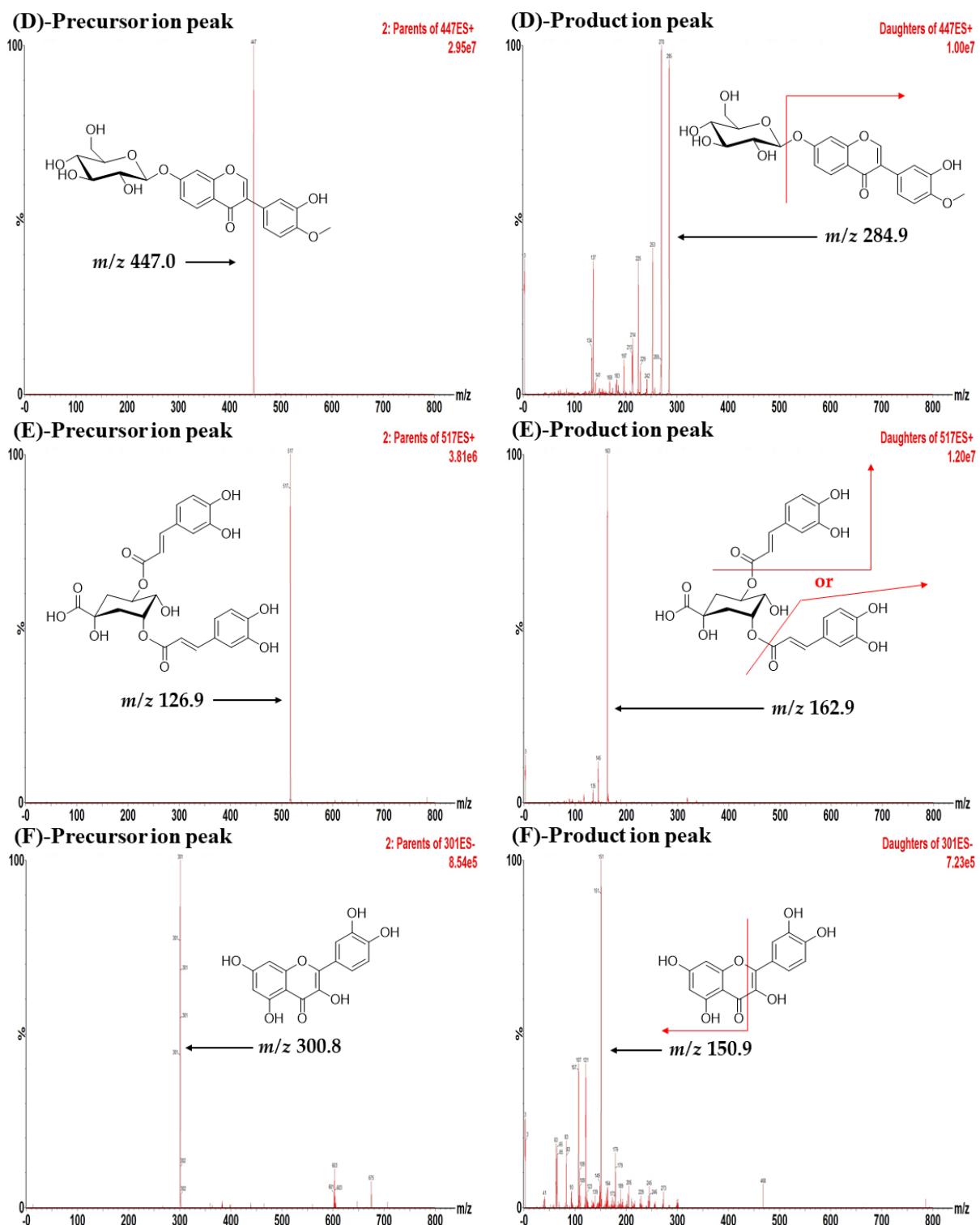
    HO
    |
    O=C
    |
    C[C@H]1[C@@H](O)[C@H](O)[C@H](O)C=C2[C@H]3[C@H]2[C@H]1C(=O)O[C@H]3C=C4[C@H]5[C@H]4[C@H]([C@H]5O)c6cc(O)cc(O)c6
  
```

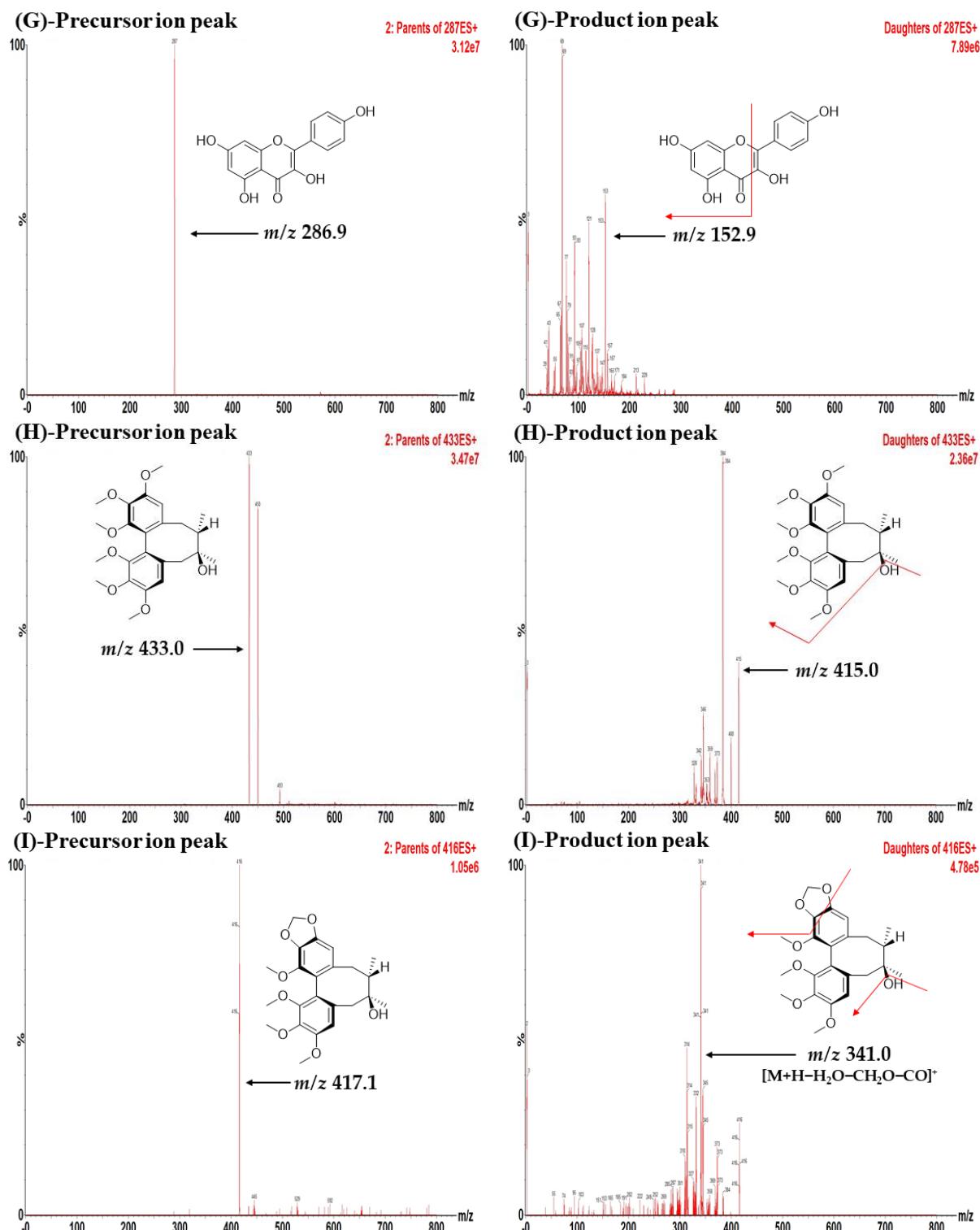


←  $m/z$  162.9

Daughters of 355ES+

1.44e7





**Figure S7.** Precursor ion (Q1) and product ion (Q3) peaks for each target compound. Hydroxymethylfurfural (A), mulberroside A (B), chlorogenic acid (C), calycosin-7-O-glucoside (D), 3,5-dicaffeoylquinic acid (E), quercetin (F), kaempferol (G), schizandrin (H), and gomisin A (I).