

Phytochemical Composition of the Decoctions of Greek Edible Greens (Chórta) and Evaluation of Antioxidant and Cytotoxic Properties

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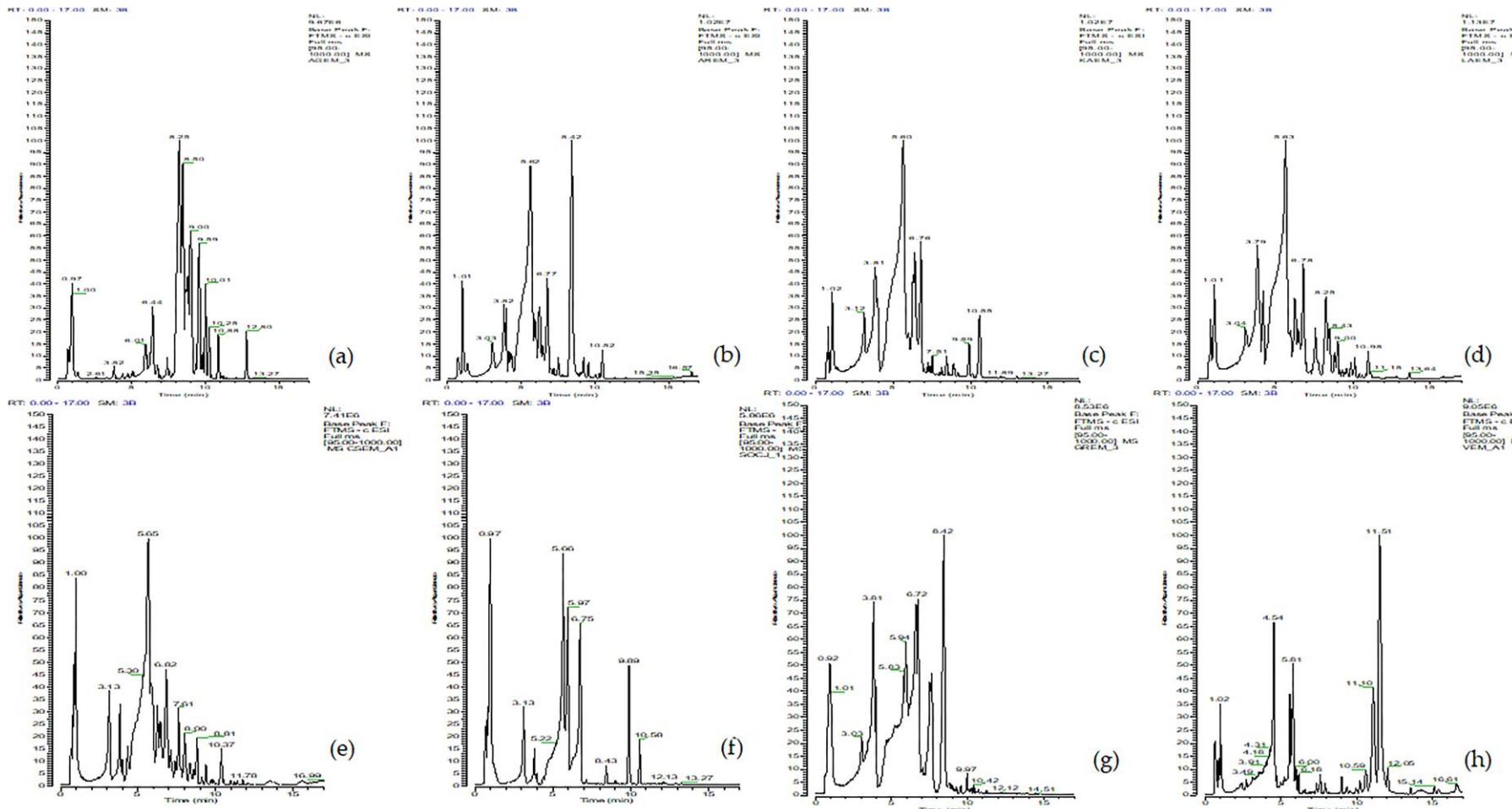


Figure S1. UPLC-ESI(-)-HRMS full scan chromatograms of Greek edible greens' decoctions: (a) *Centaurea raphanina*, (b) *Cichorium endivia*, (c) *Cichorium intybus*, (d) *Crepis sancta*, (e) *Cichorium spinosum*, (f) *Sonchus asper*, (g) *Carthamus lanatus*, (h) *Amaranthus blitum*.

Table S1. Retention time (Rt), HRMS data, and proposed identification of detected features in *Cichorium endivia* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ¹ | Chemical Class |
|----------------------|-------------------------------------------|-----------------------------------------------|--------------------------------------------------|--------|---------|----------------------------------|------------------------|
| 0.76 | 146.0463 | - | C ₅ H ₈ O ₄ N | 2.5 | 3.143 | glutamic acid | organic acids |
| 0.91 | 133.0146 | - | C ₄ H ₅ O ₅ | 2.5 | 0.179 | malic acid | organic acids |
| 0.98 | 191.0198 | - | C ₆ H ₇ O ₇ | 3.5 | 0.179 | citric acid | organic acids |
| 1.06 | 117.0199 | - | C ₄ H ₅ O ₄ | 2.5 | 4.598 | succinic acid | organic acids |
| 3.03 | 353.0873 | 191 (100), 179 (35), 173 (26), 135 (5) | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.488 | 3-caffeoylelquinic acid | hydroxycinnamates |
| 3.13 | 311.0404 | 149 (100), 179 (58) | C ₁₃ H ₁₁ O ₉ | 8.5 | -1.335 | caftaric acid | hydroxycinnamates |
| 3.83 | 353.0878 | 191 (100), 179 (10), 173 (10), 135 (1) | C ₁₆ H ₁₇ O ₉ | 8.5 | -0.808 | 5-caffeoylelquinic acid | hydroxycinnamates |
| 3.99 | 353.0874 | - | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.063 | caffeoylelquinic acid isomer | hydroxycinnamates |
| 4.28 | 609.1445 | 285 (100) | C ₂₇ H ₂₉ O ₁₆ | 13.5 | -2.590 | luteolin diglycoside | flavonol glycosides |
| 4.34 | 177.0195 | 133 (100), 149 (8) | C ₉ H ₅ O ₄ | 7.5 | 1.232 | esculetin | coumarins |
| 5.62 | 473.0729 | 311 (100), 293 (57) | C ₂₂ H ₁₇ O ₁₂ | 14.5 | -0.273 | cichoric acid | hydroxycinnamates |
| 5.88 | 447.0932 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -0.256 | luteolin glucoside | flavonol glycosides |
| 5.91 | 461.0722 | 285 (100) | C ₂₁ H ₁₇ O ₁₂ | 13.5 | -0.670 | luteolin glucuronide | flavonol glucuronides |
| 6.17 | 433.0771 | 301 (100) | C ₂₀ H ₁₇ O ₁₁ | 12.5 | -1.119 | quercetin pentoside | flavone glycosides |
| 6.27 | 515.1191 | 353 (100), 335 (8), 173 (6), 179 (4), 191 (3) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.697 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.43 | 341.0696 | - | C ₁₅ H ₁₇ O ₇ S | 7.5 | -1.369 | deacetylmatricarin-8-O-sulfate | sesquiterpene lactones |
| 6.47 | 457.0774 | 295 (100), 293 (44), 277 (34) | C ₂₂ H ₁₇ O ₁₁ | 14.5 | -0.535 | p-coumaroylcaffeoyltartaric acid | hydroxycinnamates |
| 6.78 | 515.1191 | 353 (100), 299 (10), 335 (4) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.697 | 3,5-dicaffeoylquinic acid | hydroxycinnamates |
| 6.88 | 487.0873 | 325 (100), 293 (54), 307 (35) | C ₂₃ H ₁₉ O ₁₂ | 14.5 | -1.887 | feruloylcaffeoyltartaric acid | hydroxycinnamates |
| 7.02 | 447.0926 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -1.621 | kaempferol glucoside | flavonol glycosides |
| 7.23 | 261.1129 | 217 (100) | C ₁₅ H ₁₇ O ₄ | 7.5 | -1.196 | helenalin | sesquiterpene lactones |
| 8.44 | 285.0406 | - | C ₁₅ H ₉ O ₆ | 11.5 | 0.452 | luteolin | flavonols |
| 9.25 | 421.0923 | 311 (100) | C ₂₃ H ₁₇ O ₈ | 15.5 | -1.522 | unknown | - |
| 9.57 | 269.0452 | - | C ₁₅ H ₉ O ₅ | 11.5 | -1.289 | apigenin | flavones |

¹ Tentative Identification

Table S2. Retention time (Rt), HRMS data, and proposed identification of detected features in *Cichorium intybus* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ² | Chemical Class |
|----------------------|-------------------------------------------|-----------------------------------------------|--------------------------------------------------|--------|---------|------------------------------------------|------------------------|
| 0.74 | 146.0462 | - | C ₅ H ₈ O ₄ N | 2.5 | 1.910 | glutamic acid | organic acids |
| 0.75 | 225.0615 | - | C ₇ H ₁₃ O ₈ | 1.5 | -0.447 | heptonic acid | organic acids |
| 0.78 | 195.0511 | - | C ₆ H ₁₁ O ₇ | 1.5 | 0.482 | gluconic acid | organic acids |
| 0.80 | 191.0562 | 111 (100) | C ₇ H ₁₁ O ₆ | 2.5 | 0.464 | quinic acid | organic acids |
| 0.82 | 165.0407 | - | C ₅ H ₉ O ₆ | 1.5 | 1.689 | pentonic acid | organic acids |
| 0.84 | 149.0094 | - | C ₄ H ₅ O ₆ | 2.5 | 1.603 | tartaric acid | organic acids |
| 0.91 | 133.0146 | - | C ₄ H ₅ O ₅ | 2.5 | 2.357 | malic acid | organic acids |
| 1.03 | 117.0199 | - | C ₄ H ₅ O ₄ | 2.5 | 4.598 | succinic acid | organic acids |
| 3.02 | 353.0869 | 191 (100), 179 (32), 173 (11), 135 (5) | C ₁₆ H ₁₇ O ₉ | 8.5 | -2.536 | 3-caffeylquinic acid | hydroxycinnamates |
| 3.12 | 311.0403 | 149 (100), 179 (59) | C ₁₃ H ₁₁ O ₉ | 8.5 | -1.946 | caftaric acid | hydroxycinnamates |
| 3.38 | 339.0712 | 177 (100) | C ₁₅ H ₁₅ O ₉ | 8.5 | -2.729 | cichoriin | coumarins |
| 3.81 | 353.0873 | 191 (100), 173 (13), 179 (11), 135 (1) | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.403 | 5-caffeylquinic acid | hydroxycinnamates |
| 4.28 | 595.1287 | 301 (100) | C ₂₆ H ₂₇ O ₁₆ | 13.5 | -3.021 | quercetin pentoside hexoside | flavone glycosides |
| 4.32 | 609.1445 | 285 (100), 447 (9) | C ₂₇ H ₂₉ O ₁₆ | 13.5 | -2.689 | luteolin diglycoside | flavonol glycosides |
| 5.64 | 473.0714 | 311 (100), 293 (68) | C ₂₂ H ₁₇ O ₁₂ | 14.5 | -2.535 | cichoric acid | hydroxycinnamates |
| 5.89 | 447.0927 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -1.419 | luteolin glucoside | flavonol glycosides |
| 5.91 | 461.0717 | 285 (100) | C ₂₁ H ₁₇ O ₁₂ | 13.5 | -1.863 | luteolin glucuronide | flavonol glucuronides |
| 6.25 | 515.1190 | 353 (100), 335 (8), 173 (6), 179 (4), 191 (2) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -1.047 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.41 | 341.0696 | 97 (100) | C ₁₅ H ₁₇ O ₇ S | 7.5 | -1.193 | deacetylmatricarin-8-O-sulfate | sesquiterpene lactones |
| 6.53 | 457.0769 | 295 (100), 293 (44), 277 (39) | C ₂₂ H ₁₇ O ₁₁ | 14.5 | -1.673 | <i>p</i> -coumaroylcaffeoyltartaric acid | hydroxycinnamates |
| 6.76 | 445.0772 | 269 (100) | C ₂₁ H ₁₇ O ₁₁ | 13.5 | -0.954 | apigenin glucuronide | flavone glucuronides |
| 6.78 | 515.1191 | 353 (100), 299 (10), 203 (8), 335 (3) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.814 | 3,5-dicaffeoylquinic acid | hydroxycinnamates |
| 7.22 | 261.1129 | 217 (100) | C ₁₅ H ₁₇ O ₄ | 7.5 | -1.081 | helenalin | sesquiterpene lactones |
| 7.31 | 441.0818 | | C ₂₂ H ₁₇ O ₁₀ | 14.5 | -2.108 | di- <i>p</i> -coumaroyltartaric acic | hydroxycinnamates |
| 8.43 | 285.0399 | - | C ₁₅ H ₉ O ₆ | 11.5 | -1.899 | luteolin | flavonols |
| 9.87 | 601.1735 | - | C ₃₃ H ₂₉ O ₁₁ | 19.5 | 3.003 | unknown | - |
| 10.55 | 327.0907 | 97 (100) | C ₁₅ H ₁₉ O ₆ S | 6.5 | -1.658 | unknown | sesquiterpene lactones |

² Tentative Identification

Table S3. Retention time (Rt), HRMS data, and proposed identification of detected features in *Crepis sancta* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ³ | Chemical Class |
|----------------------|-------------------------------------------|--------------------------------------------|-------------------------------------------------|--------|---------|------------------------------|------------------------|
| 0.76 | 165.0409 | - | C ₅ H ₉ O ₆ | 1.5 | 2.537 | pentonic acid | organic acids |
| 0.78 | 195.0511 | - | C ₆ H ₁₁ O ₇ | 1.5 | 0.328 | gluconic acid | organic acids |
| 0.82 | 149.0096 | - | C ₄ H ₅ O ₆ | 2.5 | 3.012 | tartaric acid | organic acids |
| 0.84 | 191.0563 | 173 (100) | C ₇ H ₁₁ O ₆ | 2.5 | 0.778 | quinic acid | organic acids |
| 0.91 | 133.0147 | - | C ₄ H ₅ O ₅ | 2.5 | 3.484 | malic acid | organic acids |
| 1.01 | 191.0201 | - | C ₆ H ₇ O ₇ | 3.5 | 2.011 | citric acid | organic acids |
| 3.05 | 353.0874 | 191 (100), 179 (20), 173 (11), 135 (3) | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.233 | 3-caffeoylquinic acid | hydroxycinnamates |
| 3.13 | 311.0405 | 149 (100), 179 (58) | C ₁₃ H ₁₁ O ₉ | 8.5 | -1.238 | caftaric acid | hydroxycinnamates |
| 3.37 | 339.0717 | 177 (100) | C ₁₅ H ₁₅ O ₉ | 8.5 | -1.372 | cichoriin | coumarins |
| 3.83 | 353.0877 | 191 (100), 179 (8), 173 (8) | C ₁₆ H ₁₇ O ₉ | 8.5 | -0.185 | 5-caffeoylquinic acid | hydroxycinnamates |
| 3.97 | 353.0876 | - | C ₁₆ H ₁₇ O ₉ | 8.5 | -0.610 | caffeoylquinic acid isomer | hydroxycinnamates |
| 4.29 | 595.1293 | 463 (100), 433 (78), 301 (5) | C ₂₆ H ₂₇ O ₁₆ | 13.5 | -0.710 | quercetin pentoside hexoside | flavone glycosides |
| 4.31 | 609.1448 | 285 (100), 447 (22) | C ₂₇ H ₂₉ O ₁₆ | 13.5 | 0.601 | luteolin diglycoside | flavonol glycosides |
| 5.63 | 473.0722 | 311 (100), 293 (61) | C ₂₂ H ₁₇ O ₁₂ | 14.5 | -0.801 | cichoric acid | hydroxycinnamates |
| 5.94 | 447.0931 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -0.390 | luteolin glucoside | flavonol glycosides |
| 5.98 | 461.0721 | 285 (100) | C ₂₁ H ₁₇ O ₁₂ | 13.5 | -1.017 | luteolin glucuronide | flavonol glucuronides |
| 6.20 | 433.0775 | 301 (100) | C ₂₀ H ₁₇ O ₁₁ | 12.5 | -0.426 | quercetin pentoside | flavone glycosides |
| 6.26 | 515.1193 | 353 (100), 335 (7), 299 (2) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.465 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.63 | 431.0979 | 269 (100) | C ₂₁ H ₁₉ O ₁₀ | 12.5 | -1.160 | apigenin glucoside | flavone glycosides |
| 6.78 | 515.1191 | 353 (100), 299 (9), 335 (4) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.697 | 3,5-dicaffeoylquinic acid | hydroxycinnamates |
| 7.01 | 447.0924 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | 1.631 | kaempferol glucoside | flavonol glycosides |
| 7.20 | 261.1130 | 217 (100) | C ₁₅ H ₁₇ O ₄ | 7.5 | -0.966 | helenalin | sesquiterpene lactones |
| 8.43 | 285.0403 | - | C ₁₅ H ₉ O ₆ | 11.5 | -0.636 | luteolin | flavonols |
| 8.50 | 301.0351 | - | C ₁₅ H ₉ O ₇ | 11.5 | -0.916 | quercetin | flavones |
| 10.14 | 601.1731 | - | C ₃₃ H ₂₉ O ₁₁ | 19.5 | -0.286 | unknown | - |
| 10.99 | 601.1734 | - | C ₃₃ H ₂₉ O ₁₁ | 19.5 | 0.213 | unknown | - |

³ Tentative Identification

Table S4. Retention time (Rt), HRMS data, and proposed identification of detected features in *Cichorium spinosum* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ⁴ | Chemical Class |
|----------------------|-------------------------------------------|--------------------------------------------|--------------------------------------------------|--------|---------|--------------------------------------------------|------------------------|
| 0.76 | 165.0408 | - | C ₅ H ₉ O ₆ | 1.5 | 1.871 | pentonic acid | organic acids |
| 0.77 | 195.0511 | - | C ₆ H ₁₁ O ₇ | 1.5 | 0.636 | gluconic acid | organic acids |
| 0.82 | 149.0096 | - | C ₄ H ₅ O ₆ | 2.5 | 2.744 | tartaric acid | organic acids |
| 0.84 | 191.0563 | - | C ₇ H ₁₁ O ₆ | 2.5 | 1.197 | quinic acid | organic acids |
| 0.91 | 133.0147 | - | C ₄ H ₅ O ₅ | 2.5 | 3.108 | malic acid | organic acids |
| 1.00 | 191.0200 | - | C ₆ H ₇ O ₇ | 3.5 | 1.278 | citric acid | organic acids |
| 1.22 | 225.0614 | - | C ₇ H ₁₃ O ₈ | 1.5 | -1.025 | heptonic acid | organic acids |
| 3.06 | 353.0870 | 191 (100), 179 (15), 173 (9) | C ₁₆ H ₁₇ O ₉ | 8.5 | 0.271 | 3-caffeoylelquinic acid | hydroxycinnamates |
| 3.14 | 311.0403 | 149 (100), 179 (56) | C ₁₃ H ₁₁ O ₉ | 8.5 | -1.656 | caftaric acid | hydroxycinnamates |
| 3.41 | 339.0715 | 177 (100) | C ₁₅ H ₁₅ O ₉ | 8.5 | 0.412 | cichoriin | coumarins |
| 3.82 | 353.0872 | 191 (100), 173 (9), 179 (7) | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.658 | 5-caffeoylelquinic acid | hydroxycinnamates |
| 3.94 | 295.0453 | 163 (100), 149 (27) | C ₁₃ H ₁₁ O ₈ | 8.5 | 0.506 | coutaric acid | hydroxycinnamates |
| 4.33 | 325.0559 | 193 (100), 149 (7) | C ₁₄ H ₁₃ O ₉ | 8.5 | 0.502 | fertaric acid | hydroxycinnamates |
| 5.06 | 367.1028 | 191 (100) | C ₁₇ H ₁₉ O ₉ | 8.5 | 0.391 | feruloylquinic acid | hydroxycinnamates |
| 5.65 | 473.0723 | 311 (100) | C ₂₂ H ₁₇ O ₁₂ | 14.5 | -0.590 | cichoric acid | hydroxycinnamates |
| 5.85 | 477.0670 | 301 (100) | C ₂₁ H ₁₇ O ₁₃ | 13.5 | -1.056 | quercetin glucuronide | flavone glycosides |
| 5.94 | 461.0722 | 285 (100) | C ₂₁ H ₁₇ O ₁₂ | 13.5 | -0.670 | luteolin glucuronide | flavonol glycosides |
| 6.25 | 515.1188 | 353 (100), 335 (10), 179 (4), 191 (2) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -1.280 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.43 | 341.0695 | 97 (100) | C ₁₅ H ₁₇ O ₇ S | 7.5 | -1.457 | deacetylmatricarin-8-O-sulfate | sesquiterpene lactones |
| 6.75 | 445.0771 | 269 (100) | C ₂₁ H ₁₇ O ₁₁ | 13.5 | 0.582 | apigenin glucuronide | flavone glycosides |
| 6.82 | 515.1188 | 353 (100), 299 (9) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | 0.438 | 3,5-dicaffeoylquinic acid | hydroxycinnamates |
| 7.11 | 487.0872 | 325 (100), 293 (57), 307 (34), 179 (6) | C ₂₃ H ₁₉ O ₁₂ | 14.5 | -2.010 | feruloylcaffeoyltartaric acid | hydroxycinnamates |
| 7.37 | 677.2808 | 617 (100), 659 (65), 645 (22) | C ₃₄ H ₄₅ O ₁₄ | 12.5 | -1.062 | dimeric sesquiterpene lactone (picroside type) | sesquiterpene lactones |
| 7.61 | 677.2806 | 617 (100), 645 (96), 659 (56), 520 (18) | C ₃₄ H ₄₅ O ₁₄ | 12.5 | -1.239 | dimeric sesquiterpene lactone (picroside type) | sesquiterpene lactones |
| 7.75 | 441.0819 | 277 (100), 295 (11) | C ₂₂ H ₁₇ O ₁₀ | 14.5 | -1.904 | di- <i>p</i> -coymaroyltartaric acid | hydroxycinnamates |
| 7.77 | 471.0924 | 307 (100), 277 (84) | C ₂₃ H ₁₉ O ₁₁ | 14.5 | -1.920 | coumaroylferuloyltartaric acid | hydroxycinnamates |
| 8.00 | 501.1032 | 307 (100) | C ₂₄ H ₂₁ O ₁₂ | 14.5 | -1.216 | <i>p</i> -coumaroylsinapoyl tartaric acid isomer | hydroxycinnamates |
| 8.38 | 501.1030 | 307 (100) | C ₂₄ H ₂₁ O ₁₂ | 14.5 | -1.695 | <i>p</i> -coumaroylsinapoyl tartaric acid isomer | hydroxycinnamates |

⁴ Tentative Identification

| | | | | | | | |
|-------|----------|-------------------------------|-------------------------------------------------|------|--------|----------------------------------------------------|------------------------|
| 8.81 | 805.3268 | 773 (100) | C ₄₀ H ₅₃ O ₁₇ | 14.5 | -2.537 | dimeric sesquiterpene lactone (picrioside type) | sesquiterpene lactones |
| 9.38 | 409.1285 | - | C ₂₃ H ₂₁ O ₇ | 12.5 | -1.800 | lactupicrin | sesquiterpene lactones |
| 10.37 | 643.2753 | 611 (100), 520 (15), 567 (12) | C ₃₄ H ₄₃ O ₁₂ | 13.5 | -1.135 | dimeric sesquiterpene lactone | sesquiterpene lactones |

Table S5. Retention time (Rt), HRMS data, and proposed identification of detected features in *Sonchus asper* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ⁵ | Chemical Class |
|----------------------|-------------------------------------------|--------------------------------------------|-------------------------------------------------|--------|---------|---------------------------|-----------------------|
| 0.76 | 195.0511 | - | C ₆ H ₁₁ O ₇ | 1.5 | 0.380 | gluconic acid | organic acids |
| 0.79 | 165.0408 | - | C ₅ H ₉ O ₆ | 1.5 | 1.871 | heptonic acid | organic acids |
| 0.83 | 149.0095 | - | C ₄ H ₅ O ₆ | 2.5 | 2.207 | tartaric acid | organic acids |
| 0.84 | 191.0562 | 173 (100) | C ₇ H ₁₁ O ₆ | 2.5 | 0.516 | quinic acid | organic acids |
| 0.90 | 133.0147 | - | C ₄ H ₅ O ₅ | 2.5 | 3.334 | malic acid | organic acids |
| 1.00 | 191.0200 | 111 (100) | C ₆ H ₇ O ₇ | 3.5 | 1.592 | citric acid | organic acids |
| 1.18 | 128.0357 | - | C ₅ H ₆ O ₃ N | 3.5 | 2.684 | pyroglutamic acid | organic acids |
| 1.25 | 135.0301 | 89 (100) | C ₄ H ₇ O ₅ | 1.5 | 1.654 | threonic acid | organic acids |
| 3.13 | 311.0402 | 149 (100), 179 (60) | C ₁₃ H ₁₁ O ₉ | 8.5 | -2.042 | caftaric acid | hydroxycinnamates |
| 3.82 | 353.0869 | 191 (100), 173 (12), 179 (9) | C ₁₆ H ₁₇ O ₉ | 8.5 | -2.451 | 5-caffeoylequinic acid | hydroxycinnamates |
| 5.66 | 473.0722 | 311 (100), 293 (62) | C ₂₂ H ₁₇ O ₁₂ | 14.5 | -0.738 | cichoric acid | hydroxycinnamates |
| 5.95 | 461.0720 | 285 (100) | C ₂₁ H ₁₇ O ₁₂ | 13.5 | -1.213 | luteolin glucuronide | flavonol glucuronides |
| 6.19 | 515.1181 | 353 (100), 335 (40), 179 (15) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -2.716 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.75 | 445.0771 | 269 (100) | C ₂₁ H ₁₇ O ₁₁ | 13.5 | -1.291 | apigenin glucuronide | flavone glucuronides |
| 8.43 | 285.0399 | - | C ₁₅ H ₉ O ₆ | 11.5 | -1.899 | luteolin | flavonols |
| 9.89 | 327.2170 | 229 (100), 211 (50), 291 (46) | C ₁₈ H ₃₁ O ₅ | 3.5 | -2.101 | TriHODE | fatty acids |
| 10.58 | 329.2326 | 229 (100), 211 (73) | C ₁₈ H ₃₃ O ₅ | 2.5 | -2.270 | TriHOME | fatty acids |

⁵ Tentative Identification

Table S6. Retention time (Rt), HRMS data, and proposed identification of detected features in *Carthamus lanatus* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ⁶ | Chemical Class |
|----------------------|-------------------------------------------|--------------------------------------------|----------------------------------------------------|--------|---------|-----------------------------------|---------------------|
| 0.78 | 165.0408 | - | C ₆ H ₉ O ₆ | 1.5 | 2.355 | heptonic acid | organic acids |
| 0.79 | 377.0856 | - | C ₁₂ H ₂₂ O ₁₁ Cl | 1.5 | -0.033 | disaccharide chloride | sugars |
| 0.84 | 191.0562 | 173 (100) | C ₇ H ₁₁ O ₆ | 2.5 | 0.516 | quinic acid | organic acids |
| 0.92 | 133.0147 | 115 (100) | C ₄ H ₅ O ₅ | 2.5 | 3.108 | malic acid | organic acids |
| 1.04 | 191.0200 | - | C ₆ H ₇ O ₇ | 3.5 | 1.435 | citric acid | organic acids |
| 3.05 | 353.0870 | 191 (100), 179 (15), 173 (10) | C ₁₆ H ₁₇ O ₉ | 8.5 | -2.252 | 3-caffeoylequinic acid | hydroxycinnamates |
| 3.81 | 353.0878 | 191 (100), 173 (10), 179 (9) | C ₁₆ H ₁₇ O ₉ | 8.5 | -0.440 | 5-caffeoylequinic acid | hydroxycinnamates |
| 3.98 | 353.0872 | - | C ₁₆ H ₁₇ O ₉ | 8.5 | -1.573 | caffeoylequinic acid isomer | hydroxycinnamates |
| 4.64 | 337.0925 | 191 (100), 173 (95), 163 (11) | C ₁₆ H ₁₇ O ₈ | 8.5 | -1.248 | 5- <i>p</i> -coumaroylquinic acid | hydroxycinnamates |
| 5.82 | 463.0875 | 301 (100) | C ₂₁ H ₁₉ O ₁₂ | 12.5 | -1.467 | quercetin glucoside | flavone glycosides |
| 5.94 | 447.0930 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -0.726 | luteolin 7- <i>O</i> -glucoside | flavonol glycosides |
| 6.29 | 515.1190 | 353 (100), 335 (8) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -0.930 | 3,4-dicaffeoylquinic acid | hydroxycinnamates |
| 6.59 | 505.0984 | 301 (100) | C ₂₃ H ₂₁ O ₁₃ | 13.5 | -0.800 | quercetin acetyl hexose | flavone glycosides |
| 6.72 | 489.1033 | 285 (100) | C ₂₃ H ₂₁ O ₁₂ | 13.5 | -1.184 | luteolin acetyl glucoside | flavonol glycosides |
| 6.81 | 515.1187 | 353 (100), 299 (7) | C ₂₅ H ₂₃ O ₁₂ | 14.5 | -1.649 | 3,5-dicaffeoylquinic acid | hydroxycinnamates |
| 7.03 | 447.0925 | 285 (100) | C ₂₁ H ₁₉ O ₁₁ | 12.5 | -1.688 | kaempferol glucoside | flavonol glycosides |
| 7.51 | 505.0984 | 301 (100) | C ₂₃ H ₂₁ O ₁₃ | 13.5 | -0.621 | quercetin acetyl hexose | flavone glycosides |
| 7.64 | 489.1042 | 285 (100) | C ₂₃ H ₂₁ O ₁₂ | 13.5 | -0.550 | kaempferol acetyl glucoside | flavonol glycosides |
| 8.43 | 285.0404 | - | C ₁₅ H ₉ O ₆ | 11.5 | -0.320 | luteolin | flavonols |
| 9.56 | 269.0451 | - | C ₁₅ H ₉ O ₅ | 11.5 | -1.772 | apigenin | flavones |

⁶ Tentative Identification

Table S7. Retention time (Rt), HRMS data, and proposed identification of detected features in *Amaranthus blitum* water decoctions by UHPLC-ESI(-)-HRMS.

| Retention Time (min) | Detected <i>m/z</i> ([M-H] ⁻) | HRMS/MS fragment ions (relative intensity) | Elemental Composition | RDBeq. | Δ (ppm) | Compound ⁷ | Chemical Class |
|----------------------|-------------------------------------------|--------------------------------------------|-------------------------------------------------|--------|---------|--------------------------------------------------------------------|------------------------|
| 0.76 | 132.0307 | - | C ₄ H ₆ O ₄ N | 2.5 | 3.780 | aspartic acid | organic acids |
| 0.77 | 146.0463 | - | C ₅ H ₈ O ₄ N | 2.5 | 2.732 | glutamic acid | organic acids |
| 0.79 | 165.0408 | - | C ₅ H ₉ O ₆ | 1.5 | 2.234 | pentonic acid | organic acids |
| 0.84 | 209.0304 | 191 (100) | C ₆ H ₉ O ₈ | 2.5 | 0.955 | glucaric acid | organic acids |
| 0.89 | 133.0147 | - | C ₄ H ₅ O ₅ | 2.5 | 3.259 | malic acid | organic acids |
| 0.98 | 191.0198 | 111 (100) | C ₆ H ₇ O ₇ | 3.5 | 0.336 | citric acid | organic acids |
| 1.03 | 371.0619 | 209 (100) | C ₁₅ H ₁₅ O ₁₁ | 8.5 | -0.335 | caffeoylglucaric acid | phenolic acids |
| 4.54 | 353.0511 | 173 (100), 191 (73), 111 (20) | C ₁₅ H ₁₃ O ₁₀ | 9.5 | -0.764 | coumaroylhydroxycitric acid | hydroxycinnamates |
| 5.61 | 609.1448 | 301 (100) | C ₂₇ H ₂₉ O ₁₆ | 13.5 | -2.180 | rutin | flave glycosides |
| 5.80 | 367.0666 | 173 (100), 111 (20) | C ₁₆ H ₁₅ O ₁₀ | 9.5 | -1.226 | unknown phenylpropanoid | phenylpropanoids |
| 6.00 | 367.0663 | 173 (100) | C ₁₆ H ₁₅ O ₁₀ | 9.5 | -2.152 | unknown phenylpropanoid | phenylpropanoids |
| 6.17 | 593.1497 | 285 (100) | C ₂₇ H ₂₉ O ₁₅ | 13.5 | -2.484 | luteolin diglycoside | flavonol glycosides |
| 7.36 | 463.2538 | 417 (100) | C ₂₂ H ₃₉ O ₁₀ | 3.5 | -2.354 | unknown | possibly megastigmanes |
| 7.93 | 503.2488 | 459 (100) | C ₂₄ H ₃₉ O ₁₁ | 5.5 | -1.878 | unknown | possibly megastigmanes |
| 10.59 | 909.4083 | 777 (100) | C ₄₅ H ₆₅ O ₁₉ | 13.5 | -4.720 | - | - |
| 11.06 | 955.4507 | 793 (100), 937 (38), 849 (22) | C ₄₇ H ₇₁ O ₂₀ | 12.5 | -3.912 | triterpene saponin | triterpene saponins |
| 11.55 | 925.4404 | 793 (100), 631 (17) | C ₄₆ H ₆₉ O ₁₉ | 12.5 | -3.763 | triterpene saponin (1 glucuronide + 1 glycoside + aliphatic chain) | triterpene saponins |
| 12.05 | 921.4445 | 793 (100) | C ₄₇ H ₆₉ O ₁₈ | 13.5 | -4.795 | triterpene saponin | triterpene saponins |

⁷ Tentative Identification

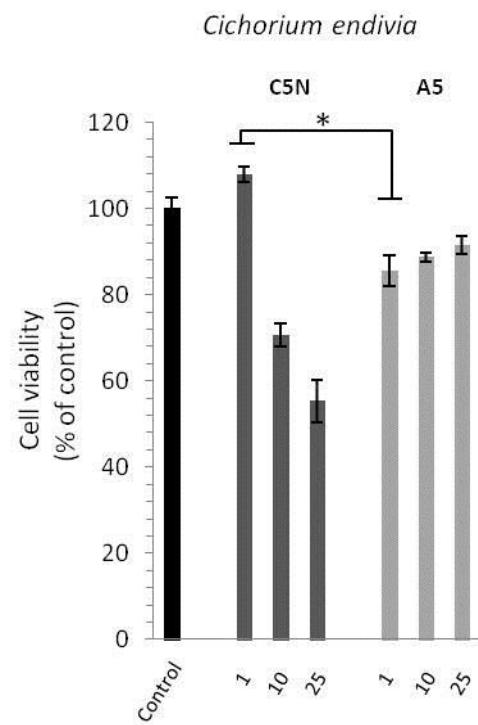


Figure S2. Relative (%) survival (MTT assay) of C5N and A5 cells incubated with the indicated concentrations ($\mu\text{g/ml}$) of the enriched decoction of *Cichorium endivia* for 72 h.

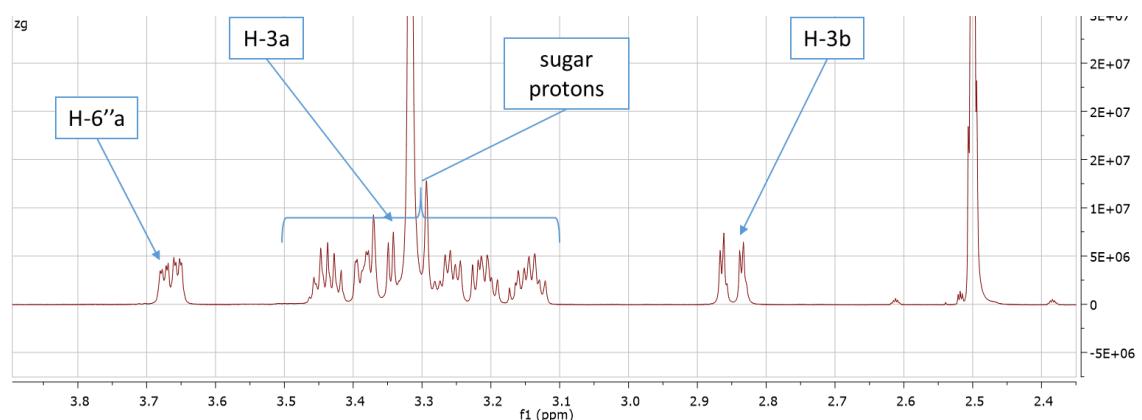
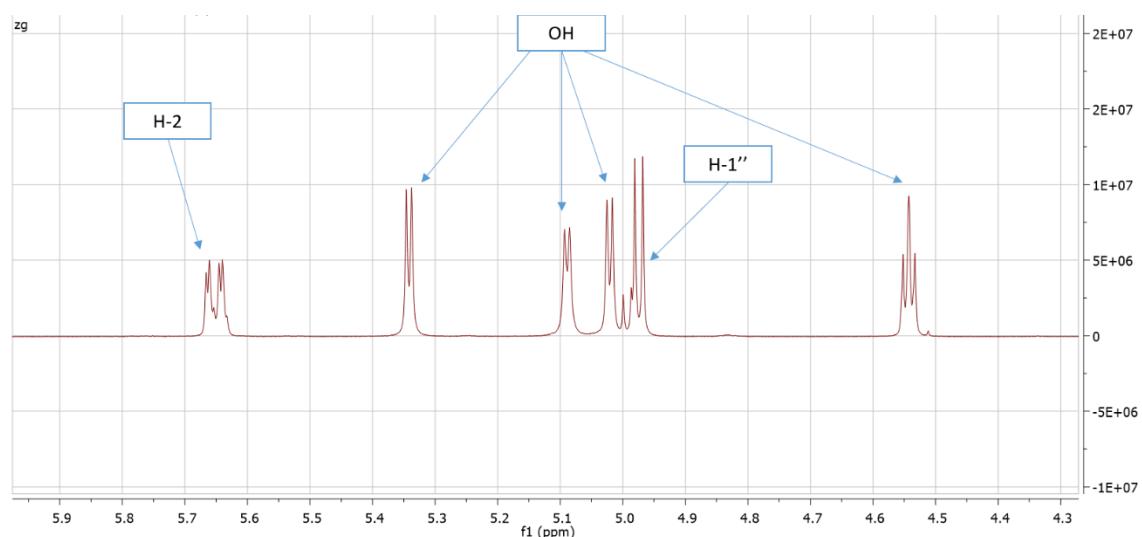
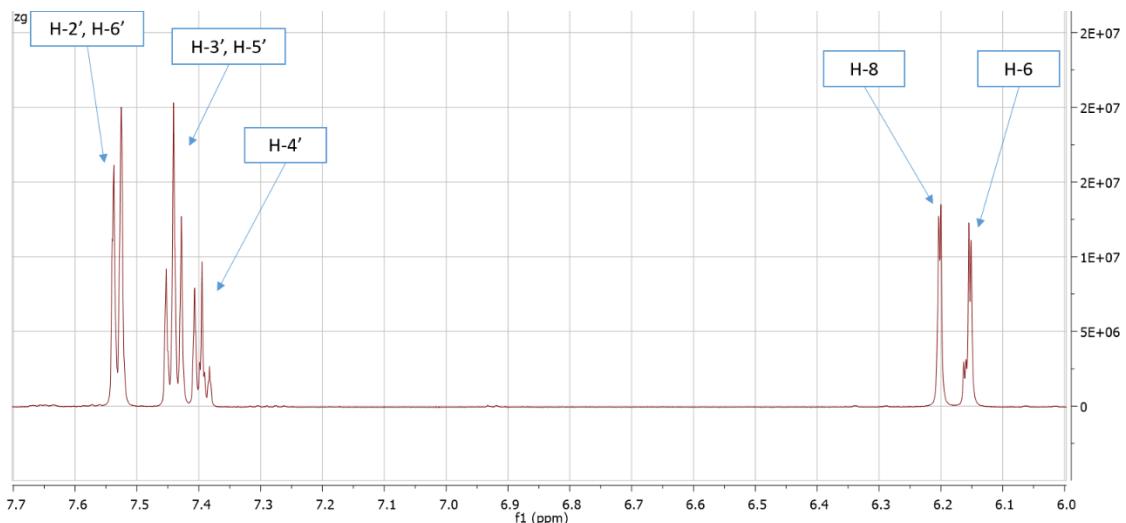


Figure S3. ¹H NMR spectrum of pinocembrin 7-O-glucoside, 600 MHz, solvent DMSO-*d*₆.

Table S8. ^1H , ^{13}C spectral data of pinocembrin 7-O-glucoside (4), 600 MHz, DMSO- d_6 .

| H | C | $^1\text{H} \delta$ (ppm) | J (Hz) | $^{13}\text{C} \delta$ (ppm) |
|------|-----|---------------------------|-------------|------------------------------|
| 2 | 2 | 5,65 | dd 11,9/2,9 | 79,0 |
| 3a | 3 | 3,35 | m | 42,5 |
| 3b | | 2,86 | dd 17,2/2,9 | |
| - | 4 | - | - | 197,2 |
| - | 5 | - | - | 163,3 |
| 6 | 6 | 6,15 | d 1,8 | 97,2 |
| - | 7 | - | - | 165,7 |
| 8 | 8 | 6,20 | d 1,8 | 96,3 |
| - | 9 | - | - | 162,9 |
| - | 10 | - | - | 103,9 |
| - | 1' | - | - | 139,0 |
| 2' | 2' | 7,53 | d 7,6 | 128,2 |
| 3' | 3' | 7,44 | t 7,6 | 128,0 |
| 4' | 4' | 7,39 | t 7,6 | 129,2 |
| 5' | 5' | 7,44 | t 7,6 | 128,0 |
| 6' | 6' | 7,53 | d 7,6 | 128,2 |
| 1'' | 1'' | 4,97 | d 7,7 | 100,1 |
| 2'' | 2'' | 3,22 | m | 73,5 |
| 3'' | 3'' | 3,38 | m | 77,7 |
| 4'' | 4'' | 3,14 | m | 69,9 |
| 5'' | 5'' | 3,26 | m | 76,8 |
| 6''a | 6'' | 3,66 | m | 60,9 |
| 6''b | | 3,44 | m | |
| 5-OH | - | 12,03 | brs | - |

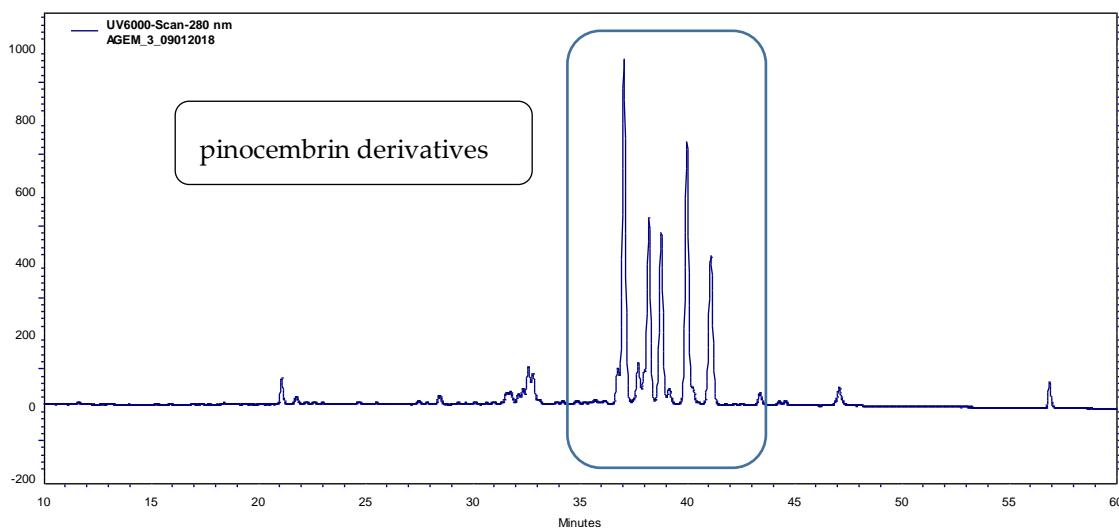


Figure S4. HPLC-PDA chromatogram of *Centaurea raphanina* extract. Detection at 280 nm.

Sample concentration: 1.5 mg/mL in MeOH/ H₂O 50:50. Thermo Finnigan® HPLC-PDA System (P4000 Pump, AS3000 Autosampler, PDA Detector UV8000, Chromquest™ 4.2 Software) and a Supelco® RP18 Discovery HS-C18 (250 mm, 4.6 mm, 5 µm). **Injection volume:** 20 µL. **Mobile phase:** f 0.1% formic acid in water (A) and MeOH (B). **Flow rate:** 1 mL/min. **Column temperature:** 25 °C. **Elution method:** 2% (B), reaching 100% (B) in 60 min and kept for 4 min before getting back to initial conditions in 2 min for a 4-minute re-equilibration.

Table S9. Relative quantification of major secondary metabolites in *Centaurea raphanina*'s decoction at 280 nm.

| Compound | Area % at 280 nm |
|-----------------------------------------|------------------|
| pinocembrin arabinosyl glucoside | 25.2 |
| pinocembrin neohesperidoside | 14.3 |
| pinocembrin acetyl arabinosyl glucoside | 12.1 |
| pinocembroside | 18.6 |
| pinocembrin | 12.4 |