



Health Promoting Benefits of Natural Products and Functional Foods

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Message from the Guest Editors

Dear Colleagues,

Throughout history, the association between plant-based remedies, food constituents, and good health has been recognized. Modern research has focused on the therapeutic, preventive, and health optimizing potential of nutrients, leading to the emergence of research areas, such as nutrigenomics and proteomics. This has also resulted in new consumer product categories, such as functional foods, nutraceuticals, and medical foods.

As people seek safe and effective alternatives, the potential of natural products and functional foods in promoting health and wellness gains momentum. The scientific community is intrigued by the pleiotropic potential of natural products, particularly phytochemicals.

This Special Issue delves into their health-promoting benefits, emphasizing their role in supporting overall well-being and preventive healthcare. We encourage the submission of manuscripts encompassing molecular investigations, preclinical studies, and clinical trials to uncover underlying molecular pathways, biological interactions, and physiological effects relevant to chronic disease prevention and health promotion. Comprehensive literature reviews are also welcome.





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