



Copper Effect on Microalgae: Toxicity and Bioremediation Strategies

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Abstract: Microalgae are increasingly recognised as suitable microorganisms for heavy metal (HM) removal, since they are able to adsorb them onto their cell wall and, in some cases, compartmentalise them inside organelles. However, at relatively high HM concentrations, they could also show signs of stress, such as organelle impairments and increased activities of antioxidant enzymes. The main aim of this review is to report on the mechanisms adopted by microalgae to counteract detrimental effects of high copper (Cu) concentrations, and on the microalgal potential for Cu bioremediation of aquatic environments. Studying the delicate balance between beneficial and detrimental effects of Cu on microalgae is of particular relevance as this metal is widely present in aquatic environments facing industrial discharges. This metal often induces chloroplast functioning impairment, generation of reactive oxygen species (ROS) and growth rate reduction in a dose-dependent manner. However, microalgae also possess proteins and small molecules with protective role against Cu and, in general, metal stress, which increase their resistance towards these pollutants. Our critical literature analysis reveals that microalgae can be suitable indicators of Cu pollution in aquatic environments, and could also be considered as components of eco-sustainable devices for HM bioremediation in association with other organisms.

Keywords: microalgae; copper pollution; detrimental effects; reactive oxygen species; adsorption; heavy metal removal; bioremediation

1. Introduction

Heavy metals (HMs) are generally defined as elements with an atomic number greater than 20 and a density greater than 5 g cm⁻³ [1]. They are components of Earth's crust and are naturally found at very low concentrations (from ppb up to 10 ppm) [2]. The main source of their occurrence in the environment, though, can be traced to anthropic activities, as they are broadly used in a wide variety of industrial applications, and they are present in fertilizers, pesticides and herbicides [2]. As a result, heavy metals can be released into the environment through industrial, civil or agricultural wastewaters [3], and since they cannot be degraded, they are considered persistent pollutants [4] and hazardous to humans [5] and ecosystems.

In aquatic ecosystems HMs can accumulate in sediments that act as a reservoir; upon their subsequent release due to various remobilization processes [6–8], those can be ingested or absorbed by living organisms and can build up along the trophic chain. This phenomenon—termed *biomagnification*—can lead to accumulation of HMs up to the higher trophic levels, posing a threat for both the environment and human health [9,10]. In some cases, high HMs concentrations have been found in liver and muscle tissues of several



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). species of edible fishes [11–14]. Some known HMs accumulators are part of our diets, including the bivalve *Mytilus galloprovincialis*, a filter-feeder that has been used as a pollution indicator to assess levels of arsenic, cadmium (Cd), chromium, copper (Cu), mercury, manganese, nickel, lead (Pb) and zinc (Zn) in waters [15–18].

Some HMs, including cobalt, Cu, chromium, iron, manganese, molybdenum, nickel, selenium and zinc, are toxic to living organisms only if exceeding certain thresholds, while are considered essential at trace concentrations due to their known biological roles [19,20], while others, such as Cd, Pb and mercury, are regarded as biologically non-essential and exhibit toxic effects [21–23].

Cu, as an essential heavy metal, is involved in different biological activities thanks to its redox-active properties [24], due to its ready interconversion between two of its possible oxidation states, Cu⁺ and the more soluble Cu²⁺ ions. Being an essential co-factor for Cu-dependent enzymes, it is fundamental in biological processes such as energy metabolism (e.g., cytochrome C oxidase), antioxidative defence (e.g., Zn, Cu-superoxide dismutase) and iron metabolism (e.g., ceruloplasmin) [25].

Conversely, Cu levels above certain values can also be harmful due to its potential to catalyse the generation of toxic reactive oxygen species (ROS) [25]. Aside from acute Cu toxicity in humans [26], adverse health effects and impaired growth have been observed in both plants and animals [27] and in a wide range of living organisms.

In general, organisms showing variations in their level of abundance in a certain environment and alterations in their morphology, metabolism and/or genetic expression in consequence of the presence of certain contaminants, are often used as bioindicators for their environmental occurrence [28] and studied to assess their toxic effects. In aquatic environments, microalgae are one of the groups subjected to major HMs pollution exposure [29], and, being at the base of food webs in marine and freshwater ecosystems, represent an excellent candidate as HM indicator. Furthermore, some algal species, due to their ability to uptake HMs, are being investigated for their potential in bioremediation of HMs pollution [30–32]. Toward this aim, it is therefore imperative to investigate microalgae response to HMs stress. This review is aimed at describing the current knowledge of Cu effects on microalgae, including the main mechanisms of adsorption and compartmentalisation, its role in algal metabolism and negative effects on algal growth and physiology at high concentrations.

2. The Role of Cu as Essential Metal in Microalgal Metabolism

Cu plays a crucial role for living organisms that inhabit aquatic environments. Its history as an element essential to life traces back to the advent of oxygenic photosynthesis due to cyanobacteria metabolism, when a water-soluble ferrous iron, that until that moment had retained prominence in the catalysis of redox-involving biological processes, became oxidized to insoluble Fe(III) and lost its bioavailability, while oxidation of the insoluble, non-bioavailable Cu(I) led to soluble Cu(II) formation [33]. While Fe was then once again made accessible for organism metabolism through evolution of chelators and storage proteins such as ferritin, Cu also acquired a role in the exploitation of the oxidizing power of O₂, due to its higher redox potential. Still, Fe and Cu metabolisms are often linked and the two metals are part of analogue enzymes involved in similar reactions and in some cases metabolic adaptation allows the organisms to use one catalyst over the other depending on metal availability [33–35]. Many algae and cyanobacteria synthesize two soluble proteins involved in electron transport both in photosynthesis and respiration, Fe-containing cytochrome C6 (Cyt) or Cu-containing plastocyanin (Pc), depending on Cu availability [35]. For example, in Chlamydomonas, under Cu-deficient conditions, Cu-sparing mechanisms involve the replacement of the more abundant Pc with Cyt, saving Cu for Cyt oxidase biosynthesis [36].

In phytoplankton, Cu is required for photosynthesis, respiration and defence against ROS via superoxide dismutase, and it is often a growth-limiting factor for these organisms [37]. In addition, in microalgae Cu is involved in transmembrane uptake of Fe [38,39] and may be vital for these organisms in Fe-limiting condition [40–42]. Exposure to Cu

can also modify size, density and biochemical composition of algal cells. For example, in the green alga Scenedesmus quadricauda an increase in cell volume and in protein and carbohydrate content was observed in the presence of 1 μ M of Cu, while a further increase (2.5 μ M) of Cu concentration led to a decrease in cell abundance and chlorophylla content [43]. El Agawany et al., demonstrated a gradual increase in protein content of Dunaliella tertiolecta with low concentrations of three essential heavy metals, including Cu (ca. 79 μ M), while increasing levels of heavy metals led to an inhibitory effect on protein synthesis with different grades [44]. Kong et al., found that, in the diatom Thalassiosira oceanica, Cu-limitation led to impaired photosynthetic efficiency due to decreased levels of Pc and rates of maximum photosynthetic electron transport and, consequently, to growth limitation. They also observed that Cu-limitation led to up-regulation of enzymes involved in fatty acid metabolism, which they argue could be directed at increasing turnover of lipids in the attempt to maintain membrane integrity in response to damage from oxidative stress [45]. The presence of Cu at sub-lethal concentrations also affected the photochemical and non-photochemical quenching in the freshwater microalga Selenastrum gracile with a consequent inactivation of reaction centres and damage to the photoprotection mechanisms, eventually affecting photosynthetic activity [46].

3. Mechanisms of Adsorption/Compartmentalization

As previously stated, Cu is an essential element for microalgal growth and metabolism required at nanomolar concentrations, but it can also be toxic at higher levels; thus, these organisms need to design strategies to tightly regulate its assimilation and homeostasis in the cytoplasm [47].

In general, in living organisms metal sequestration occurs in two steps: the first is usually fast and not dependent on cell metabolism, consisting in the adsorption of metal ions onto cell walls due to interactions between positive metal cations and negatively charged cell wall molecules; the second, considered the rate-limiting step, is slower and occurs only in living cells, where metal ions are actively transported across the cell membrane and enter into the cell via ion pores, channels or transporters [48-50]. In some cases, the mechanism involved in metal uptake is based on ions binding to multivalent ion carriers or, after binding to chelating proteins (e.g., MTs), entering the cell by endocytosis [51]. With regards to microalgae, the exact mechanisms responsible for metal uptake have not always been clearly elucidated. Quigg et al. [52] measured the rates of Cu accumulation for seven microalgal species showing a differential response of diverse algal species, although no information on the possible mechanism involved in Cu uptake was given. A very rapid HM cellular uptake has been observed in a cyanobacteria of Synechoccus sp., where a fast uptake took place within the first minute of Cu exposure, followed by a slower uptake in the next 15–20 min [52,53]. Synechoccus sp. has also been reported to be able to efflux internalized Cu, probably in attempt to maintain its homeostasis and counteract its toxicity [53].

Several Cu-transporters (CTR), permeases proteins present in the plasma membrane that move the ions in the cytoplasm, were identified in the model algal genus *Chlamydomonas*. CTRs are able to move Cu ions only in the +1 oxidation state, so their ability of metal compartmentalisation of Cu^{2+} ions is dependent on the activity of a cupric reductase [54].

To limit HMs toxic effects, some microalgae can produce compounds that complex with HMs outside the cell in order to reduce their bioavailability and entry in the cell; once inside the cell, some microalgae can extrude again HMs or internalize them into vesicles and/or organelles [34,55–57]. For example, *Skeletonema costatum* has been shown to sequester Cd^{+2} or Cu^{+2} , administered in the culture media, in vacuoles to render the HMs less toxic, even though it has been observed that Cu was trapped to a lesser extent compared to Cd, resulting in greater growth inhibition and cellular damages [55]. In some cases, algae are able to remove very high Cu concentrations: the eustigamophycean *Nannochloropsis oculata*, for example, was able to completely accumulate up to 0.25 mM of Cu, but most of it was subsequently eliminated through metabolism [58].

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4. Detrimental Effects of Cu at High Concentrations

In the presence of elevated Cu concentrations, microalgae are reportedly subjected to several detrimental effects, including reductions in growth rates, photosynthesis and respiration impairments, changes in cell and organelles size and morphology. In general, metal toxicity primarily results from metal binding to sulfhydryl groups of proteins resulting in the disruption of protein structure or displacement of an essential element [46,51].

Microalgal tolerance to HMs, HM stress markers and mechanisms activated to counteract negative effects, greatly vary between different species. Cu stress was found to induce membrane damages in *Chlorella sorokiniana* and *Scenedesmus acuminatus*, especially in the former, that exhibited a higher Cu accumulation and a lower antioxidants production, e.g., peroxidase (POX), ascorbate peroxidase (APX), glutathione reductase (GR) enzymes and proline, polyphenols and ascorbate (ASC) contents [59].

In the green microalga *Chlorella pyrenoidosa* Cu exposure caused significant changes in algal biomass, chlorophyll and carotenoids content [60]. Cu tolerance was also assessed in some diatom species. *Odontella mobiliensis*, for example, exhibited a reduction in growth rates and chlorophyll concentration within 72 h in a dose-dependent manner, an increase in cell size and impairment in cell structure [61]. Inhibition of cell division due to high concentration of uptaken Cu generates accumulation of photosynthetic products inside the cells through carbon fixation by photosynthesis, eventually resulting in enlarged cells [62].

Alterations in chlorophyll and carotenoid content after Cu exposure was also reported for two other marine species: *Chaetoceros calcitrans* and *Nitzchia closterium*. *C. calcitrans* was found to be the most sensitive one, showing also an increase in activity of antioxidant enzymes such as catalase (CAT) and APX [63]. Cu can also determine cytoplasmic and chloroplast vacuolization in algal cells, as demonstrated in the diatom *S. costatum*; this metal entered the cell and was partially located in spherical bodies found within the vacuoles [55].

Levy and co-workers [64] demonstrated that Cu sensitivity was mainly linked to the ability of internalise this metal inside cells and to detoxification mechanisms adopted by microalgae. They performed a study of several algal strains from different taxonomic groups, and did not find significant correlation among Cu detrimental effects and cell size or cell wall composition. Indeed, they found that both small and large microalgal species can be highly sensitive to Cu exposure, and that naked species (in this case the chlorophyte *D. tertiolecta*) can be more tolerant than diatoms (*Minutocellus polymorphus*) which possess a siliceous cell wall [64].

In another study, performed using one species of the genus *Desmodesmus* as testorganism, variations in the Cu removal efficiency, growth, ultrastructure and cellular metabolite content associated with Cu exposure as well as different pH were assessed [65]. That species was found to be able to grow in media supplemented with Cu, with a pHdependent adsorption efficiency of the metal. Metabolic alterations associated to Cu exposure and medium acidity mostly affected sugars and amino acids content [65].

Overall, the above-mentioned studies suggest that Cu effects on microalgae can be detected in relatively short time, and pave the way for the employment of these microorganisms as sensors for Cu pollution in aquatic environments. Unfortunately, considering the huge variety of microalgae colonising freshwater and marine environments, the available literature gives information only on a limited number of species. Moreover, different experimental conditions and the diverse methods used for the detection of cell damages make difficult the detection of precise thresholds of Cu tolerance for test-organisms.

In Figure 1, we illustrated the principal effects of Cu high concentrations on microalgal cells.

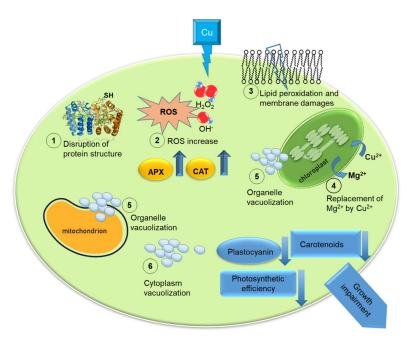


Figure 1. Illustration of the effects of high copper (Cu) concentrations on microalgal cells: disruption of protein structure (1), increase in reactive oxygen species (ROS) (2); lipid peroxidation and membrane damages (3); organelles vacuolization (4); replacement of Mg^{2+} by Cu^{2+} (5); cytoplasm vacuolization (6). Upward arrows indicate an increase in ascorbate peroxidase (APX) and catalase (CAT) in the cell; downward arrows indicate a decrease in availability of carotenoids and plastocyanin, and impairment of photosynthetic efficiency. The outcome of these effect is the impairment of growth rate.

A schematic description of the main alterations of photosynthetic efficiency, shape modifications of cells and organelles, ROS generation is showed in Figure 2.

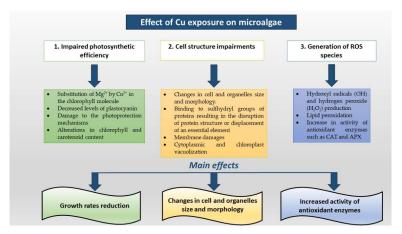


Figure 2. Detrimental effects of Cu on microalgal photosynthetic apparatus, on cell and organelle impairments and on the activity of antioxidant enzymes.

5. Generation of Reactive Oxygen Species

The inhibition of growth and photosynthetic processes in HM-stressed algae is often associated with the generation of reactive oxygen species (ROS) [66]. It is well known that ROS—such as superoxide hydroxyl radicals (OH) and hydrogen peroxide (H_2O_2)—are produced in cells when exposed to environmental stresses, e.g., exposure to high light intensities, UV radiation and heavy metals [67]. Microalgae have evolved numerous protective mechanisms that serve to scavenge ROS before they can severely damage sensitive parts of the cellular machinery. Defence against ROS includes low molecular mass compounds, such as glutathione (GSH), ascorbate, flavonoids, a-tocopherol and carotenoids, as well as enzymatic catalysts (e.g., CAT, superoxide dismutase and POX) [68,69]. It has been proposed that the chlorophyll-a reduction at higher Cu concentrations causes the inhibition of the synthesis of d-aminolevulinic acid and protochlorophyllide reductase, pigments disruption and membrane lipids peroxidation by ROS species. Cu pollution also inhibits chlorophyll integration into chloroplast photosynthetic membrane [62].

The role of reactive oxygen species (ROS) in Cu toxicity was assessed in two freshwater green algal species, *Pseudokirchneriella subcapitata* and *Chlorella vulgaris*. ROS concentration was found to be dependent upon irradiance and time, and caused impairments in photosynthetic activity and growth rates. However, effects of high Cu concentration on photosynthesis were different for the two species, leading to a slight reduction in photosynthetic activity in *P. subcapitata*, but not in *C. vulgaris*. These results indicate that these differences are likely due to diverse and species-specific ROS defence systems rather than to differences in the cellular ROS content [70]. The cellular defence mechanisms used by the marine diatom *Phaeodactylum tricornutum* to cope with Cu toxicity were investigated measuring the activity of the antioxidant enzymes such as superoxide dismutase (SOD) and CAT activity that increased in a few hours after Cu addition. Glutathione reductase (GR) activity, after an initial partial inhibition, was also enhanced, indicating the need to restore the oxidative balance of glutathione. Ascorbate peroxidase (APX) and exopolyphosphatase (PPX) activity was not significantly affected by Cu treatment, suggesting that in *P. tricornutum* CAT is the major enzyme for scavenging H₂O₂ [71].

In *Scendesmus vacuolatus*, exposure to increasing Cu concentrations induced an increase in protein and malondialdehyde (MDA) content, a measure of lipid peroxidation, and, at the highest Cu doses, a decrease in the chlorophyll-a/chlorophyll-b ratio, linked to an increase in CAT and SOD activities and GSH content. On the contrary, *Chlorella kessleri*, although able to survive only at lower Cu concentrations when compared to *S. vacuolatus*, did not show significant differences in the enzymatic and antioxidant activities when exposed to sub-lethal Cu doses, showing that also in this case the response to Cu is species specific [72].

As is well known, ROS production is also associated to other detrimental effects on microalgal cells. For example, the model species *C. vulgaris* exposed to different Cu sources—Cu oxide (CuO) nanoparticles (NPs), microparticles (MPs) and ions—underwent oxidative stress, metabolic alterations, which were similar for all Cu sources, and membrane impairments [73]. However, investigations on the specific response of microalgae to Cu in terms of ROS production and enzymatic pathways activation to cope with oxidant cellular stress is still poor. For this reason, experimental works that go in the direction of holistic approaches, such as an integration of transcriptomic, metabolomic analyses are necessary. A further step in this field could be the optimization of culture conditions (e.g., nutritional and physical parameters) to enhance the production of potent antioxidants able to scavenge ROS formation in HM-polluted environments.

6. Phytochelatins and Metallothioneins Protective Role against Heavy Metal Toxicity

Microalgae employ numerous strategies to counteract heavy metal toxicity, although the synthesis of thiol-containing peptides is considered the most specific and interesting. Indeed, cysteine-rich polypeptides play a key role in cell defence against oxidative and metal stress. The sulphide groups present in the side chain of cysteine residues possess a negative polarity resulting in electrochemical affinity towards HM cations; in addition, sulphide is a strong reductant able to react with reactive oxygen species protecting the cell against oxidative stress. Glutathione, the simplest cysteine-rich peptide, provides protection against oxidative stress [74,75] and has been occasionally reported to be released after exposure to HMs [76,77].

Phytochelatins (PCs) are polypeptides consisting of 2 to 10 GSH units and are enzymatically produced: GSH is converted to γ -glutamylcysteine which is, in turn, converted to PC [78–80]. PCs are known to bind HMs and to transport them within the cytosol towards the vacuole, [79,81,82]. In some cases, HMs can accumulate in chloroplasts and mitochondria, as observed for *Euglena gracilis* [83,84]. PCs are likely to occur in all photosynthetic organisms and genes coding for PC-biosynthetic enzymes have been detected in green algae and, at a minor extent, in diatoms, haptophytes and dinoflagellates [85,86]. Similarly to GSH, the cellular concentration of PCs has been reported to increase at increasing HM concentrations in diatoms, haptophytes and green algae [80,87,88]. High concentrations of GSH and γ -glutamylcysteine were found in the terrestrial green alga *Stichococcus minor* while growing in the presence of 10 μ M Cu, suggesting a crucial role of PC precursors in Cu detoxification [89]. Zhang et al. [90] compared the release in PCs by *Chlorella* sp. after exposure to Cu, Cd and Pb and found the highest PC content in cultures spiked with Cd.

In contrast to GSH and PCs, metallothioneins (MTs) are genetically encoded proteins consisting of 40 to 160 amino acids, with <10% aromatic residues and a 15–35% cysteine content [91]. MTs are also known to bind HMs minimising their detrimental effects to cellular metabolism and HM cations are typically coordinated by up to four cysteine units [79,92]. MTs are involved in the transport of both essential and non-essential HMs within the cytosol [93] and have been reported to chelate HMs such as Cd, zinc and Cu [79,94,95]. Length and cysteine content of MTs can be taxa specific; for example, most plant MTs are shorter (50–90 AA) and exhibit a lower cysteine content (15–25%) than MTs from other taxa, whereas a higher cysteine contents (> 25%) and a variable length has been observed for fungi (30-70 AA), Metazoa (40-80 AA) and ciliates (100-160 AA) [95]. With the exception of ciliates, for which MTs have been studied in detail [96–98], little information is available on MTs from protists. The number of both sequenced genes and scientific publications related to protistan MTs has been reported to be highly underrepresented with respect to the total MTs [85]. MTs have been characterised only in five microalgal genera (Aureococcus, Symbiodinium, Thalassiosira, Ostreococcus, Chlorella and Nannochloropsis) [85]; a recent survey of genomic and transcriptomic databases allowed the prediction of 18 novel potential MTs in microalgae, mostly affiliated to diatoms and dinoflagellates [99]. MTs are also likely to play a role as radical scavengers, protecting cells from oxidative stress [79,100].

7. Synergistic Effect of Cu and Other Pollutants

In some microalgae, Cu seems to share transport systems with other metals. Chen and co-workers, for example, described a relation between Pb and Cu internalization in *Chlamydomonas reinhardtii*, that varied depending on the concentration range of both metals, and identified two Cu transport systems, a high-affinity-low-capacity system and a low-affinity-high-capacity one, suggesting that the latter may be used also by Pb to enter the cell [101]. Competition experiments for Pb and Cu in *C. reinhardtii* confirmed that Pb shares with Cu its transport system; in fact, a reciprocal effect between Pb and Cu was observed in the form of a significant decrease in Pb internalization in microalgal cells (87%) in the presence of Cu excess (50 times Pb concentration); the opposite was also true: an excess of Pb in the media led to a decrease in Cu internalization. [102].

Experiments conducted on microalgae exposed to combined pollution of arsenic (As) and Cu seem to indicate that Cu(II) can promote the processes of absorption and speciation of arsenic. Indeed, if compared with exposure to As(V) alone, the simultaneous presence of Cu(II) and As(V) resulted in an enhanced algal ability to absorb and transform As(V). Furthermore, under As-Cu co-exposure, more monomethylarsonous acid (MMA) and dimethylarsinous acid (DMA), volatile organic arsenic compounds, were produced, suggesting an intensification in the algal detoxification mechanism that converts inorganic As to organic As [103].

Cu toxicity can be also influenced by non-HM pollutants. Zhu et. al., for example, performed growth inhibition tests to study combined toxicities of Cu nanoparticles (nano-Cu) and microplastics (MPs) on the diatom *S. costatum*, finding that co-existence with MPs reduced Cu nanoparticles toxicity. This was due to adsorption of Cu²⁺ on microplastic and aggregation between Cu nanoparticles and microplastic, as confirmed by SEM, that resulted in attenuation of Cu toxicity [104]. In a study by Wan et al., on the effect of polystyrene micro- and nanoplastics (MPs/NPs) on Cu toxicity on two freshwater microalgae, *Chlorella* sp. and *P. subcapitata*, they showed that in both microalgae, although sensitive

to Cu and tolerant to MPs/NPs, the latter increased Cu toxicity of Cu at EC_{50} in chronic exposure [105]. These studies show that microalgal response to Cu pollution is influenced by several variables, which could also be unpredictable in complex systems as natural environments. However, we believe that information regarding competition experiments among different metals are of particular relevance, since they provide precious information about eventual inhibition or reduction in Cu transport inside cells. We consider these studies as a preliminary step for further experiments to be performed in more complex systems (e.g., environments characterised by high concentrations of more than two metals and/or other pollutants).

8. Microalgal Potential for HM Removal, with a Special Focus on Cu: Possibilities and Constraints

In the last decades, microalgae have been regarded as suitable microorganisms for the sequestration of both air and aquatic pollutants. Microalgae show, indeed, good biofixation rates of carbon dioxide [106] and nitric oxides [107], suggesting strategies to improve both algal growth and sequestration of flue gas components in industrial areas. Microalgae are, indeed, suitable candidates for bioremediation because of their high surface-to-volume ratio due to their small size and a subsequent high sorption and bioaccumulation capacities.

Regarding the exploitation of microalgae to remove aquatic contaminants, these microorganisms have shown good skills towards antibiotic [108] and perfluorinated compounds [109], and in wastewater treatments for their ability to use inorganic and organic compounds as nourishment [110–112]. However, the most relevant feature is, in our opinion, the capacity of removing persistent pollutants such as heavy metals. In this review article, we focused our attention on the potential of microalgae for Cu removal for two main reasons: (1) this metal is released from several anthropogenic sources, such as fertilisers, pesticides, antifouling paints and some industrial discharges [113] and is thus widespread in aquatic environments, and (2) the potential of microalgae for Cu removal is well known, since this metal is essential for their growth, metabolism and enzyme activities at low concentrations [45] and can be inhibited only in the presence of high Cu levels [114].

Some phycoremediation systems which foresee the employment of microalgae are already in use: they are based on the exploitation of specific microorganisms or a consortium of different organisms and/or microorganisms for pollutant removal, and foresee the employment of natural or synthetic matrixes. The immobilisation of aquatic organisms, indeed, allows to create a more efficient biosorption system that avoids harvesting costs. For example, the AlgaSORB sorption process was developed using dead algal cells of the freshwater species C. vulgaris immobilized in a silica gel polymer and it is capable of efficiently removing metallic ions from aqueous solutions [94,115]. Another biosorbent, the BIO-FIX system, is based on a combination of different algae and other organisms, such as yeasts, bacteria and seaweeds immobilized in a high-density polysulfone matrix [94,116]. A final example includes a series of biosorbents produced by Canadian company B. V. SORBEX; they are based on different types of biomaterials, including microalgae (C. vulgaris) and five macroalgal species and are effective over a wide range of pH values and are suitable for the removal of a plethora of metal ions [94,117]. The exploitation of dead organisms has a weak point, i.e., the inability of non-viable cells to internalise HMs after their adsorption onto the cell wall that limits the risk of the release of pollutants in the aquatic environment. On the other hand, the main advantage of employing non-living biomasses is the possibility to re-use several times these biosorbents after removing the metals through some desorption cycles with washing agents.

Recently, researchers have moved from the concept of axenic cultures to the study of the entire microbial community for biotechnological applications. Microorganisms, including bacteria, microalgae, fungi, archaea and viruses co-exist in a living complex environment establishing dynamic interactions to cooperate and survive. In particular, it has been demonstrated that microalgae and bacteria can benefit for each other through a mutualism relation especially based on the exchange of nutrients and other signals. As a matter of fact, microalgae can supply oxygen through photosynthesis to the bacteria which, in exchange, promote microalgal growth producing CO_2 and other metabolites by decomposing organic matter [118,119]. This dual system has been successfully applied for the removal of nutrients present in wastewaters, achieving for example more than 80% reduction in total dissolved nitrogen and phosphorus (TDP) when cultivating together *C. vulgaris* and *Bacillus licheniformis* [120]. In other cases, the combination of the green alga Auxenochlorella protothecoides, with Escherichia coli under mixotrophic conditions not only led to nutrients removal, but it was also associated with a significantly algal biomass growth and increased lipids content for biofuel production [121]. These results are also in agreement with recent studies where the combination of *Tetradesmus obliquus* and the bacterium Variovorax paradoxus in wastewaters resulted in higher microalgal growth, efficient nutrient removal, reduced COD and increased lipids and pigments [122]. Moreover, nutrients reduction the use of mixed cultures increased the cost-efficiency of biogas production in an outdoors algal pond demonstrating both the relevant environmental and economic impact of the co-cultivation approach [123]. These results, combined with the continuous advancements about the molecular and biochemical mechanisms which regulate the microbial interactions, will encourage the application of microalgae and bacteria consortia in other fields, including the bioremediation of heavy metals. Some studies already support this trend. Loutseti and co-workers generated a biofilter composed by a mixture of dried micro-algal and bacterial biomass for removing more than 95% of heavy metals, specifically Cu and Cd, from electroplating wastes. Interestingly, the authors produced the necessary biomass using as main nutrient source the municipal wastewaters, making the bioremediation process more sustainable [124]. The importance of microalgae associated bacteria in bioremediation processes has been demonstrated by co-cultivating C. vulgaris and *Enterobacter* sp. for the decolorization and removal of heavy metals from textile wastewater. In that study the presence of the bacteria stimulated the microalga growth with a consequent reduction of above 70% of Cu, chromium, Cd and Pb [125]. Although the development of a proper model to exploit the full potential of microalgae-bacteria consortium is still far to be established [126], the use of Microalga Growth-Promoting Bacteria (MGPB), as defined in different publications, seems to be a promising strategy to increase algal biomass and reduce heavy metals, or other pollutants, concentration [127]. In support, Yu et al., reported a more efficient Cd accumulation when a higher bacteria concentration was added to the mixed system composed by Chlorella salina and Bacillus subtilis [128]. An efficient treatment of Cu mine wastewater was obtained using immobilized sulphate-reducing bacteria beads with microalgae biomass as the sole nutrient sources [129]. Sustainability and cost-efficiency are the drivers which are leading to the application of complex systems instead of single cultures, and microalgae-bacteria consortium represent a promising solution for several biotechnological applications.

The above mentioned examples clearly demonstrate that co-cultivation of microalgae with other aquatic microorganisms (especially bacteria) could be considered as a suitable strategy for a sustainable removal of HMs, including Cu, from freshwater and saline environments. Of course, the use of allochthonous living species limits the use of microalgae to ex situ techniques of HM removal to avoid alterations in biodiversity. For a direct HM removal, it would be desirable to employ autochthonous algae which are able to sustain a positive growth also in the presence relatively high HM amounts, able to adsorb or compartmentalize them, eventually exploiting the synergistic effect of different kinds of microorganisms.

9. Conclusions

Several studies concerning Cu effects on microalgae have been here reviewed. While at trace concentrations this HM is essential for all organisms, anthropogenic activities constitute an ever-increasing source for its release and build-up into the environment, where, if above certain thresholds, can become toxic for ecosystems. Microalgae are one of the first groups to be visibly affected by HM pollution, with detectable signs of Cu stress ranging from cells size and shape alterations to photosynthesis deregulation and oxidative stress generation, and could be therefore used as bio-indicators to monitor early signs of this HM stress effect on ecosystems. In addition, some microalgal species can tolerate Cu up to environmentally relevant concentrations and, in some cases, even higher. Moreover, even though the literature on the subject is still limited, it seems that they are able to remove Cu from the environment due to their ability to adsorb and/or actively transport the toxicant inside the cell, and are thus ideal candidates for bioremediation approaches. In light of this, further studies specifically aimed at elucidating Cu removal rates in several microalgal species are needed to exploit their potential for this kind of applications.

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