







Correction

# Correction: Huijs et al. (2024). Spirituality as a Predictor of Well-Being, Mental Distress or Both: A Four-Week Follow-Up Study in a Sample of Dutch and Belgian Adults. *Religions* 15: 179

Thijs Huijs <sup>1,\*</sup> , Arjan W. Braam <sup>1,2</sup> , Renske Kruizinga <sup>1</sup> , Nele Jacobs <sup>3,4</sup> , Jennifer Reijnders <sup>3</sup>  and Marianne Simons <sup>3</sup> 

- <sup>1</sup> Department of Humanist Chaplaincy Studies for a Plural Society, University of Humanistic Studies, 3512 HD Utrecht, The Netherlands
- <sup>2</sup> Department of Emergency Psychiatry and Department of Residency Training, Altrecht Mental Health Care, 3512 PK Utrecht, The Netherlands
- <sup>3</sup> Department of Lifespan Psychology, Open University, 6419 AT Heerlen, The Netherlands
- <sup>4</sup> Department of Psychiatry and Psychology, School for Mental Health and Neuroscience, Maastricht University Medical Centre, 6229 HX Maastricht, The Netherlands
- \* Correspondence: mhuijs@kpnmail.nl

In the original publication (Huijs et al. 2024), there was a mistake in Table 3. The minus sign is missing in some figures. Corrected Table 3 appears below.

**Table 3.** The table shows the results of the stepwise hierarchical regression analysis for Hypothesis 1.

	Step 1	Step 2	Step 3	Step 4
	$\beta$	$\beta$	$\beta$	$\beta$
	$R^2 = 0.22^{**}$	$R^2 = 0.36^{**}$ $\Delta R^2 = 0.14$	$R^2 = 0.67^{**}$ $\Delta R^2 = 0.31$	$R^2 = 0.68^{**}$ $\Delta R^2 = 0.01$
Gender <sup>1</sup>	0.01	−0.01	0.02	0.02
Age	−0.05	−0.10 *	−0.03	−0.04
Relation <sup>2</sup>	0.01	0.02	0.00	0.00
Paid job <sup>3</sup>	0.10 *	0.07	0.03	0.03
Education <sup>4</sup>	−0.04	0.00	0.01	0.02
Home living child <sup>5</sup>	−0.03	−0.05	−0.01	−0.02
Spirituality T1	0.48 **	0.39 **	0.04	0.04
Mental distress T1		−0.38 **		−0.12 **
Well-being T1			0.80 **	0.74 **

<sup>1</sup> 1 = woman; <sup>2</sup> 1 = none; <sup>3</sup> Regardless of hours; <sup>4</sup> scientific = higher vocational education, bachelor's degree, master's degree, or postdoctoral degree; <sup>5</sup> kids, yes = at least one minor living at home (i.e., child). \*  $p < 0.05$ ; \*\*  $p < 0.01$ ;  $R^2$  = R square;  $\beta$  = standardized regression coefficient.

In the original publication (Huijs et al. 2024), there was a mistake in Table 5. The minus sign is missing in some figures. Corrected Table 5 appears below.



**Citation:** Huijs, Thijs, Arjan W. Braam, Renske Kruizinga, Nele Jacobs, Jennifer Reijnders, and Marianne Simons. 2024. Correction: Huijs et al. (2024). Spirituality as a Predictor of Well-Being, Mental Distress or Both: A Four-Week Follow-Up Study in a Sample of Dutch and Belgian Adults. *Religions* 15: 179. *Religions* 15: 602. <https://doi.org/10.3390/rel15050602>

Received: 20 March 2024

Accepted: 3 April 2024

Published: 13 May 2024



**Copyright:** © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

**Table 5.** The table shows the results of the stepwise hierarchical regression analysis for Hypothesis 2.

	Step 1	Step 2	Step 3	Step 4
	$\beta$	$\beta$	$\beta$	$\beta$
	$R^2 = 0.09^{**}$	$R^2 = 0.23^{**}$ $\Delta R^2 = 0.14$	$R^2 = 0.70^{**}$ $\Delta R^2 = 0.47$	$R^2 = 0.70^{**}$ $\Delta R^2 = 0.00$
Gender <sup>1</sup>	−0.10 *	−0.11 **	−0.02 **	−0.02
Age	−0.18 **	−0.18 **	−0.08 *	−0.08 **
Relation <sup>2</sup>	0.04	0.06	0.01	0.01
Paid job <sup>3</sup>	−0.09	−0.05	−0.01	−0.00
Education <sup>4</sup>	0.02	0.01	0.01	0.01
Home living child <sup>5</sup>	−0.08	−0.10 *	−0.05	−0.06 *
Spirituality T1	−0.20 **	0.03	−0.01	0.03
Well-being T1		−0.44 **		−0.09 **
Mental distress T1			0.81 **	0.78 **

<sup>1</sup> 1 = woman; <sup>2</sup> 1 = none; <sup>3</sup> Regardless of hours; <sup>4</sup> Education, scientific = higher vocational education, bachelor’s degree, master’s degree, or postdoctoral degree; <sup>5</sup> kids, yes = at least one minor living at home (i.e., child). \*  $p < 0.05$ ; \*\*  $p < 0.01$ .  $\beta$  standardized regression coefficient.

The authors state that the scientific conclusions are unaffected. This correction was approved by the Academic Editor. The original publication has also been updated.

Reference

Huijs, Thijs, Arjan W. Braam, Renske Kruizinga, Nele Jacobs, Jennifer Reijnders, and Marianne Simons. 2024. Spirituality as a Predictor of Well-Being, Mental Distress or Both: A Four-Week Follow-Up Study in a Sample of Dutch and Belgian Adults. *Religions* 15: 179. [\[CrossRef\]](#)

**Disclaimer/Publisher’s Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.